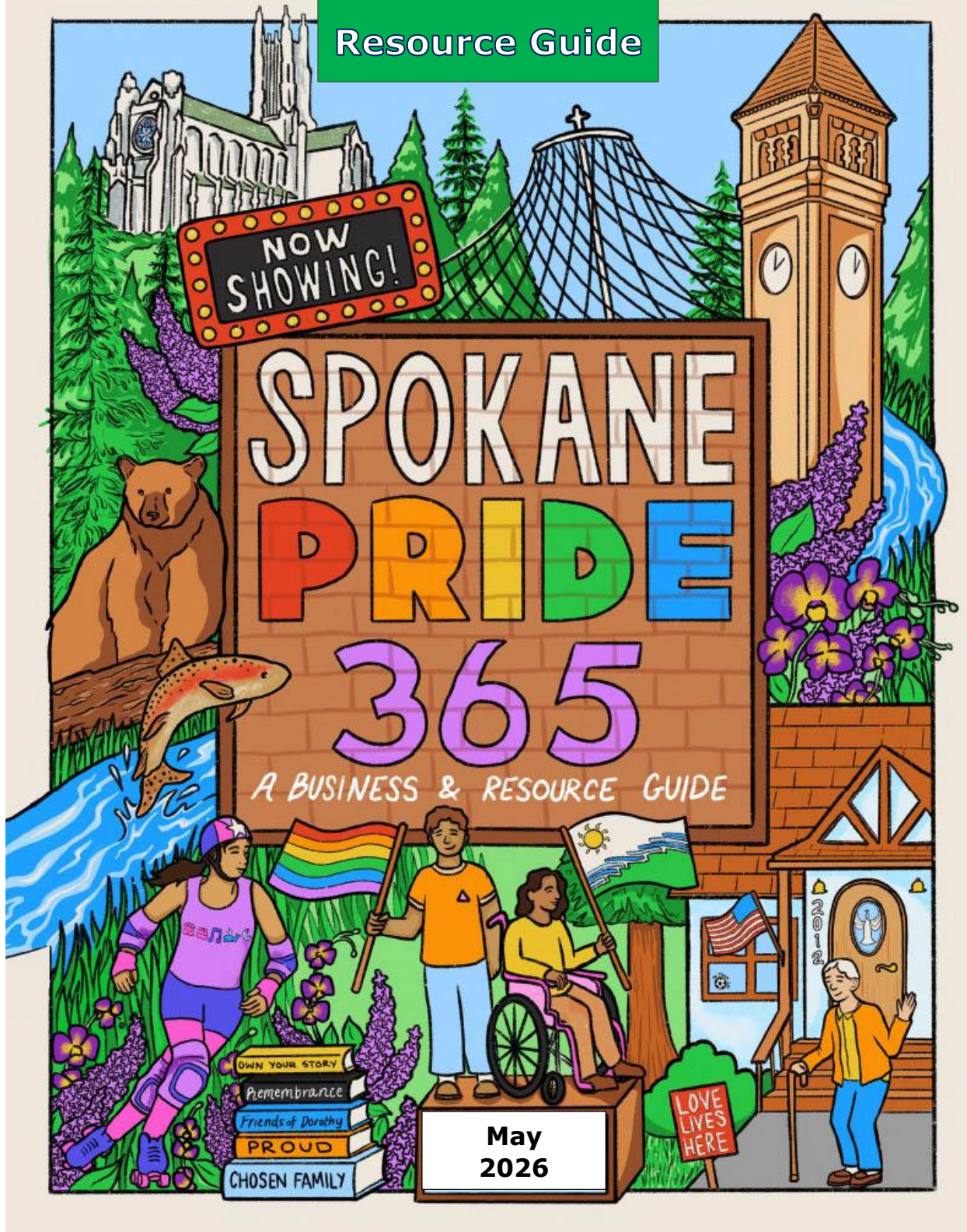


Resource Guide



Resource Guide



Lifelines



Trans Lifeline

☎ 877.565.8860

🌐 www.translifeline.org

FB [/TransLifeline](https://www.facebook.com/TransLifeline)

IG [/translifeline](https://www.instagram.com/translifeline)

🏳️‍🌈 Trans Lifeline provides trans peer support for our community that's been divested from police since day one. We're run by and for trans people.

LGBT National Help Center

☎ 888.843.4564

☎ 888.688.5428 Coming Out Support Hotline

🌐 <https://lgbthotline.org>

FB [/LGBTNationalHelpCenter](https://www.facebook.com/LGBTNationalHelpCenter)

IG [/lgbt_national_hotline](https://www.instagram.com/lgbt_national_hotline)

🏳️‍🌈 Our Services are Always Free & Confidential. Peer support staffed by trained LGBTQIA+ identified community members, never bots or AI. A safe space, Respect to those who seek our help, Acceptance and affirmation, Supportive listening, not advice, Answers to factual questions, Resources locally, nationally, and internationally. We do this every day we are open through our hotlines, online chat programs, email services, and publicly accessible online databases of resources.

Suicide and Crisis Lifeline

☎ 988

🌐 <https://988lifeline.org> call, text, chat, deaf/HoH.

PLEASE NOTE: For LGBTQ-specific crisis support, calling 988 and pressing 3 is no longer an option as of 17 Jul 2025 (Please use other resources on this list; thanks!)

🌐 <https://988lifeline.org/help-yourself/lgbtqi>

Like other oppressed communities, LGBTQI+ communities are disproportionately at risk for suicide and other mental health struggles due to historic and ongoing structural violence.

This section has info and resources for those looking for help and support for yourself or loved ones who identify within the vast, diverse, and thriving LGBTQI+ communities.

Crisis Text Line

Text HOME or HOLA to 741741

🌐 www.crisistextline.org

FB [/crisistextline](https://www.facebook.com/crisistextline)

IG [/crisistextline](https://www.instagram.com/crisistextline)

Free confidential 24/7 support at your fingertips.

Youth Lifelines, Resources

LGBT National Youth Talkline

☎ 800.246.7743

🌐 <https://lgbthotline.org/youth-talkline>

Trevor Project, The

☎ 866.488.7386

🌐 www.thetrevorproject.org

Text START to 678678

FB [/TheTrevorProject](https://www.facebook.com/TheTrevorProject)

IG [/trevorproject](https://www.instagram.com/trevorproject)

If you are thinking about harming yourself — get immediate crisis support. Connect to a crisis counselor 24/7, 365 days a year, from anywhere in the U.S via text, chat, or phone. The Trevor Project is 100% confidential and 100% free.

It Gets Better

🌐 <https://itgetsbetter.org>

FB [/itgetsbetterproject](https://www.facebook.com/itgetsbetterproject)

IG [/itgetsbetter](https://www.instagram.com/itgetsbetter)

The world's largest storytelling organization for LGBTQ+ youth. Where LGBTQ+ youth define their own journey.

Elder Lifelines, Resources

Advocacy & Services for LGBTQ+ Elders

🌐 www.sageusa.org

FB [/SAGEUSA](https://www.facebook.com/SAGEUSA)

Spokane Pride 365 Area Code 509 May 2026

IG [/sageusa](#)

We're a national advocacy and services organization that's been looking out for LGBTQ+ elders since 1978. We build welcoming communities and keep our issues in the national conversation to ensure a fulfilling future for all LGBTQ+ people.

American Association of Retired Persons (AARP) National Honor Our LGBT (Lesbian Gay Bisexual and Transgender) Elders Day, May 16, is an opportunity to recognize and pay tribute to earlier generations whose activism and bravery have created a path for younger community members to envision a future free from discrimination and stigmatization.



<https://states.aarp.org/maryland/national-honor-our-lgbt-elders-day-celebrates-intergenerational-ties>

Alzheimer's Association

LGBTQ+ Community Resources for Dementia.



www.alz.org/help-support/resources/alzheimers-and-dementia-resources-for-lgbtq-commun.

American Heart Association (AHA)

Protecting LGBTQ people from the health risks of social isolation:



www.heart.org/en/news/2022/10/21/protecting-lgbtq-people-from-the-health-risks-of-social-isolation

Mistreatment of Lesbian, Gay, Bisexual, and Transgender (LGBT) Elders



www.centeronelderabuse.org/docs/researchbrief_lgbt_elders_508web.pdf

Lifelines, Addiction

Pride Institute

☎ 833.368.4700



<https://pride-institute.com>

FB [/prideinstitute](#)

IG [/pride_institute](#)

24/7. Addiction treatment tailored specifically to the LGBTQ+ community. Pride Institute has been a leader in helping LGBTQ+ folx recover from substance use disorder, sexual health issues and mental health conditions. Our staff is trained to be knowledgeable about the unique challenges you face as a member of the LGBTQ+ community. We'll provide you with a safe space while you find the tools you need to overcome addiction no matter how you identify within the LGBTQ+ community. Although the main campus is in Minnesota, its affiliation with the national network means it operates within a broader national scope.

Substance Abuse Hotline

(from Substance Abuse and Mental Health Services Administration - SAMHSA)

☎ 800.662.4357

FB [/samhsa](#)

IG [/samhsagov](#)

Provides 24-hour free and confidential treatment referral and information about mental and/or substance use disorders, prevention, and recovery in English and Spanish. SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities.

Lifelines, Background (Race, Ethnicity, Culture, Language, etc.)

BlackLine

☎ 800.604.5841

☎ www.callblackline.com

IG [/callblackline](#)

Provides a space for peer support, counseling, reporting of mistreatment, witnessing and affirming the lived experiences for folx who are most impacted by systematic oppression with an LGBTQ+ Black Femme Lens. Call BlackLine® prioritizes BIPOC (Black, Indigenous, and People of Color). By us for us. BlackLine is non-judgmental, affirming and supportive, listener-witnessing and information gathering about your experience.

Spokane Pride 365 Area Code 509 May 2026

Nacional de Prevención del Suicidio En Español

☎ 888.628.9454

Desi LGBTQ+ Helpline for South Asians

☎ 908.367.3374

🏠 <https://www.deqh.org>

100% confidential support for South Asian
LGBTQ+ individuals in the United States.
Call us at to talk.

Indigenous

☼ Indigenous, Native-Owned, Two-Spirit

Please see Business Guide for the following:

Native-Owned Businesses
Kalispel Tribe of Indians
Spokane Tribe Casino

Hill-Meyer, Tobi (Spokane Author)

🏳️☼👤 An **Indigenous** Chicana trans woman, Hill-Meyer is editor of the Lambda Literary Finalist Anthology "Nerve Endings: The New Trans Erotic," author of children's books "A Princess of Great Daring" and "Super Power Baby Shower," and director of the award-winning documentary series "Doing it Online".

Native Project, The

1803 W Maxwell Ave

☎ 483.7535

🌐 <https://nativeproject.org>

☼ "Also known as The NATIVE Project, is a medical clinic and related services provider in Spokane, Washington, that is specifically **LGBTQ+ friendly and offers a transgender safe space with gender-neutral restrooms.**"

"Provides medical, dental, behavioral health, pharmacy, patient care coordination, wellness, and prevention services for both **Natives and Non-Natives in the Spokane community.**"

"They accept all insurances and you can generally get an appointment at the Native Project much sooner than at most other medical clinics in the area. They recently switched to using MyChart for electronic medical records and with MyChart it's even easier to schedule an appointment once you are a patient."

Two Spirit Culture Group

Tuesdays. 5:30pm

✉ wdennison27@gmail.com

✉ conraddurglo@gmail.com

✉ rachel.ferguson@spokanetribe.com

☼ Please email for address in Spokane. We are about community and connectedness. Everyone is invited. We generally keep it 18+ we sometimes discuss triggering or mature topics. We provide a confidential safe space for the two spirit community. Also publicly sourced on: Community flyer

The Mental Health and Well-Being of Indigenous LGBTQ Young People

🌐 [www.thetrevorproject.org/research-briefs/the-mental-health-and-well-being-of-indigenous-lgbtq-young-people/#:~:text=LGBTQ%20Identities&text=These%20rates%20are%20similar%20to,LGBTQ%20young%20people%20\(29%25\)](http://www.thetrevorproject.org/research-briefs/the-mental-health-and-well-being-of-indigenous-lgbtq-young-people/#:~:text=LGBTQ%20Identities&text=These%20rates%20are%20similar%20to,LGBTQ%20young%20people%20(29%25))

N.

Our Immigrant Neighbors



International Rescue Committee (IRC) Spokane

☎ 258.5774

🌐 www.rescue.org/united-states/spokane-wa

Actively supports local LGBTQ+ immigrants and refugees, providing safe spaces, legal aid for asylum, housing assistance, economic empowerment, case management, health and wellness programming, and specialized services for those fleeing persecution due to sexual orientation or gender identity, recognizing they often face unique challenges like family violence and discrimination in displacement. They connect clients with tailored resources, mentors, and referrals to partner organizations to build new lives, emphasizing stories beyond trauma and ensuring culturally sensitive support. How to Get Involved or Find Help: For Support: Contact IRC Spokane if you are an LGBTQ+ immigrant or refugee needing assistance.

Refugee and Immigrant Connections Spokane (RICS)

☎ 209.2384

🌐 www.ricspokane.org

✉ rics@ricspokane.org

We believe everyone belongs. We walk alongside our refugee and immigrant neighbors, of all backgrounds and identities, creating a welcoming and affirming space for LGBTQ+ individuals as they connect with community and work toward self-sufficiency. We offer one-on-one support, guided tours of the city, connections to local resources and activities for all ages that nurture friendships, confidence, and emotional well-being. Our services include: Support navigating U.S. systems, finding stable housing, and applying for new jobs, Access to household goods, clothing, hygiene supplies, and fresh produce, Holistic mental health support that is culturally-informed, After-school and summer activities for children from 0-18 years old, Fun activities, outings, and enriching educational workshops for Refugee Elders.



WAISN Deportation Defense Hotline

☎ 1.844.724.3737 Mon – Fri, 6 AM – 6 PM

The only statewide hotline dedicated to serving all Washingtonians regardless of immigration status. We have been building connections and trust with community members across the state, and we are the one-stop shop for connecting Washington immigrants to more than 1,400 resources, extending from food banks to homeless shelters and legal referrals. All Hotline

operators are bilingual in Spanish and English. Interpretation services are available in nearly 300 languages.

Immigration Equality

☎ 917.654.9696 call if you are in detention

🌐 www.immigrationequality.org

FB [/ImmigrationEquality](https://www.facebook.com/ImmigrationEquality)

IG [/immigrationequality](https://www.instagram.com/immigrationequality)

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Legal services to LGBTQ+ immigrants. Immigration Equality is the national leader in the field we pioneered: LGBTQ and HIV immigration rights. We work on both the personal and systemic levels to protect and uplift LGBTQ and HIV-positive immigrants and families.

Manzanita House Spokane

201 W Main Ave

☎ 309.8404

🌐 www.manzanitahousespokane.org

FB [/mhspokane](https://www.facebook.com/mhspokane)

IG [/mhspokane](https://www.instagram.com/mhspokane)

We provide legal services equitably, and we welcome immigrants who are Black, Indigenous, and People of Color; LGBTQIA+; and from various cultural, geographic, and religious backgrounds and experiences. Manzanita House was birthed out of a need to fill the gaps in services for immigrants and refugees in Eastern Washington. Our primary focus has always been to embrace, equip, and empower those we serve to feel welcome, stable, and connected to their community. Every immigrant deserves the opportunity to thrive and uniquely contribute to Eastern Washington's burgeoning vibrance and diversity.

Feast World Kitchen

1321 W 3rd Ave

☎ 608.1313

🌐 www.feastworldkitchen.org

Nonprofit restaurant where former refugees share food and culture from their countries in a casual setting. Serves vegan dishes. Feast World Kitchen is a nonprofit restaurant, catering company, and food wholesaler in downtown Spokane, Washington. Our mission is to elevate and empower immigrants and former refugees as leaders, using international cuisine as a platform for economic resilience, holistic growth, and culture-sharing. As they share flavors from their original home cultures, the Chef Entrepreneurs in our programs learn career skills, earn the income from their food sales, and build community connections. Every day we are open features a different International Chef

Partner! We post the restaurant menu each Monday evening for the upcoming Wed-Sun rotation.

Also publicly sourced on: RDT

Spokane Community Against Racism (SCAR)

🌐 www.scarspokane.org

FB [/SCARSpokane](https://www.facebook.com/SCARSpokane)

SCAR stands with our community. We want to affirm that SCAR stands in solidarity with our immigrant and LGBTQIA2S+ community members. You are valuable, you are wanted here, and words cannot erase you. We will be sharing resources for immigrant communities and working to provide support to local organizations.

Resident Action Project (RAP)

A program of the Washington Low Income Housing Alliance (WLIHA) and the Washington Housing Alliance Action Fund. We know that too many of the people with this lived-experience are Black, Indigenous, and persons of color (BIPOC), people who identify as LGBTQIA2S+, people with disabilities, immigrants & refugee, older adults, veterans, and single parent families, just to name a few. See main listing for more info.

APIC Spokane

25 W Main Ave #404

🌐 <https://aclspokane.org>

Dedicated to advocating for racial, social, and economic justice for Asians & Asian Americans in solidarity with Native Hawaiian, Pacific Islander, Black, Brown, Indigenous, LGBTQ+, and other systemically oppressed communities. APIC's ADVOCACY: Justice in education, the environment, for immigrants, and all living beings.

Lutheran Community Services Northwest (LCSNW)

210 W Sprague Ave

☎ 747.8224

🌐 <https://lcsnw.org/office/spokane>

🌐 <https://lcsnw.org/2024/06/pride-is-more-than-a-month>

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LCSNW provides to LGBTQ clients every day, all year long. Our services are trauma-informed, culturally appropriate and don't exclude on the basis of a person's sexual orientation, gender identity, or expression. Posted 27 Jan 2025: Last week brought devastating news to the LGBT+ and immigrant communities. If you are looking for a way to support the refugee and immigrant community, consider fostering a refugee youth. In some cases, the youth we serve have experienced persecution because they are also a part of the queer community, so your own experiences can provide a supportive home for a youth to thrive. If you are interested in learning more, please join us for an information session. View and sign up for a time here:



<https://forms.office.com/r/xQpQWhfBUX>

Recommended on FB, Spokane Pride

BIPOC

B Black, African American, Black-Owned, People of Color (POC), Black, Indigenous, and People of Color (BIPOC)

Please see Business Guide for the following:

BIPOC & LGBTQ+ Owned Plant Shop Directory
Black-Owned Businesses, BIPOC Focus, etc.

BlackLine

☎ 800.604.5841

Provides a space for peer support, counseling, reporting of mistreatment, witnessing and affirming the lived experiences for folks who are most impacted by systematic oppression with an LGBTQ+ Black Femme Lens. Call BlackLine® prioritizes BIPOC (Black, Indigenous, and People of Color). By us for us. BlackLine is non-judgmental, affirming and supportive, listener-witnessing and information gathering about your experience.

Carl Maxey Center, The

3114 E 5th Ave

☎ 795.1886

FB [/carlmaxeycenter](#)

IG [/carlmaxeycenter](#)

🌐 www.carlmaxeycenter.org

B. A non-profit organization that is committed to changing lives and improving the well-being of Spokane's African American community by expanding the educational, economic and cultural opportunities that are currently available. The Carl Maxey Center was formed to address the racial disparities that currently exist and have persisted in Spokane and will do so by focusing on Equity; Racial & Social Justice; Business & Workforce Development; Education & Advocacy and Cultural Enrichment. The long-term goal of the Carl Maxey Center is to uplift, empower and transform

Spokane's African American community from the inside out."

Multi-Ethnic Business Association

327 E Pacific Ave

☎ 503.1024

🌐 <https://ahana-meba.org/mebd>

Mission: To educate, advocate, assist and develop businesses and non-profit growth. AHANA accomplishes this mission as a catalyst to provide opportunities for multi-ethnic and multicultural communities. Vision: AHANA's vision is a future where the economic base of the multi-ethnic and multi-cultural communities thrives in the INW

Also publicly sourced on: had Pride ad stating "We Help **BIPOC** and **LGBTQ+** Businesses Start-up and Succeed" for Inlander 6 Jun 2024 edition

NAACP Spokane

☎ 209.2425

🌐 <https://naacpspokane.com>

FB [/spokane.naacp](#)

B. The NAACP shall openly and forcefully support the LGBTQ+ community, participate in Pride events, fight discrimination against the LGBTQ+ community and take affirmative steps to welcome members of the LGBTQ+ community as full and active members of its units.

Hispanic

H Hispanic-Owned, Spanish Language Resources, Latino, Latinx, Latin, Latine

Please see Business Guide for the following:

Hispanic-Owned Businesses, etc.

Nacional de Prevención del Suicidio

☎ 888.628.9454

ALIANZA

1214 E Sprague Ave

☎ 557.0566

🌐 www.hbpaofspokane.org/l-u-n-a-a

IG

[/explore/search/keyword/?q=%23hbpaokane](#)

H. Initiative to create a safe space for LGBTQ + Hispanic community. Latinos Unidos en Acción (LUNA) provides education incentives for youth of Hispanic heritage. Celebrate scholastic achievement of Hispanic youth to encourage student to establish lifelong educational goals. ALIANZA is L.U.N.A's initiative to reach out to LGBTQ+ to provide a safe space, peer support and strengthen family bonds. Latinos Unidos en Acción ALIANZA (L.U.N.A.A) is a comprehensive youth/ young adults engagement program that provides guidance, representation, academic scholarships and mentorship to equip students to achieve their full potential academically, in professional careers and in their personal life. Can assist students with mentorship, applications for WAFSA/FAFSA, workshops and Loteria game nights, and "Healing Together" Support for Latinx/ First generation students. Alianza offers workshops for understanding gender and sexuality in English and Spanish for parents and family whose loved ones identify as LGBTQ+, book clubs with a focus on LATINX & LGBTQ+ stories and characters,

and peer support for LGBTQ+ youth and adults.

Latinos En Spokane, Latinos in Spokane

1502 N Monroe St

☎ 558.9359

FB [/latinosenspokane](#)

IG [/lespokane](#)

H. We are an organization that supports citizen participation, integration, community development, and empowerment of the Latino population in Spokane. Had huge wall mural of **Trans and Pride flags** on wings of butterfly saying "El Amor no tiene fronteras", and "Love Knows No Borders"

Mujeres in Action (MiA)

318 E Rowan Ave Ste 208

☎ 869.0876

H. The first organization in the Spokane region dedicated to serving survivors of domestic and sexual violence in Latine communities.

LGBTQ resources in guide (pages 9, 24, 54-57):



www.miaspokane.org/en/_files/ugd/632254_f27002fb7a154469ad3955fe26eb44b8.pdf?index=true

Nuestras Raices Esperanza

1214 E Sprague Ave

☎ 557.0566

🌐 www.hbpaofspokane.org/health-hs

H. Compartiendo Esperanza mental health workshops: providing a safe space for individuals to get the conversation started through dialogue, storytelling and guided discussion within the following topics: LGBTQ Gender and Sexuality, Sense of Belonging: Youth, Coping with Depression. Mental Health and Peer Support offered. Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Women

● Woman-Owned, Women, Girls, etc.

Please see Business Guide for the following:

Gals Need Pals

She is Vested

Woman-Owned Businesses, etc.

Girl Scouts of Eastern Washington and Northern Idaho

1404 N Ash St

☎ 747.8091

🌐 www.gsewni.org



www.girlscouts.org/content/dam/gsusarms-and-documents/activity-zone/all-ages-

[levels/multicultural/LGBTQIActivities.pdf](http://www.girlscouts.org/content/dam/gsusarms-and-documents/activity-zone/all-ages-levels/multicultural/LGBTQIActivities.pdf)

Girl Scouts of the USA embraces LGBTQ+ youth and families, promoting inclusivity and celebrating diversity through activities like the LGBTQ+ Pride Month Celebration Fun Patch and by creating welcoming spaces for all members.

Here's a more detailed look at Girl Scouts' stance on LGBTQ+ issues:

Inclusivity and Support:

Welcoming Environment:

Girl Scouts strives to be a welcoming and inclusive environment for all members, regardless of their sexual orientation, gender identity, or any other characteristic.

LGBTQ+ Pride Month Fun Patch:

Girl Scouts offers an LGBTQ+ Pride Month Celebration Fun Patch, encouraging girls to learn about and celebrate LGBTQ+ history, cultures, and identities.

Intentional Representation:

Girl Scouts aims to be intentional about representation and creating welcoming spaces for LGBTQ+ youth and families.

Role Model for Kindness and Inclusion:

Girl Scouts seeks to be a role model for kindness, inclusion, and understanding

within the organization and the broader community.

Case-by-Case Basis:

Placement of transgender youth is handled on a case-by-case basis, prioritizing the welfare and best interests of the child and the members of the troop/group.

No Separate Sleeping Arrangements Needed:

Unless a Girl Scout states otherwise, no separate sleeping arrangements are necessary, and there is no need to "out" or discuss a Girl Scout's gender identity with other youth or adults.

Specific Activities and Initiatives:

aMUSE, aMAZE, and GIRLtopia Journeys: Girl Scouts programming often focuses on gender, including breaking gender stereotypes around STEM and the outdoors, and journeys like aMUSE, aMAZE, and GIRLtopia.

"LGBTQ+ Pride Month Celebration Fun Patch Activities":

Girls can earn the LGBTQ+ Pride Month Celebration Fun Patch by participating in activities that honor LGBTQ+ history, celebrate diversity, and acknowledge contributions of the LGBTQ+ community.

LGBTQ+ Youth Visibility in Fiction:

Girl Scouts supports LGBTQ+ youth visibility in fiction, ensuring that queer people in stories don't just look or act one specific way, reflecting the diversity and depth of the LGBTQ+ community.

Pride Crew:

Some Girl Scout councils have formed Pride Crews, which are groups of girls from different troops who come together to support LGBTQ+ youth and create a safe and inclusive space.

Help 4 Women

🌐 <https://help4women.org>

FB /Help4Women

IG /help4women

LI /company/transitions-spokane

YT /TransitionsSpokane

Spokane Pride 365 Area Code 509 May 2026

🏠 <https://help4women.org/dei-statement>

W "700 women, non-binary & trans individuals are experiencing homeless in Spokane every day. Periods happen regardless".

PNW Lesbians

FB </groups/2627396324240191>

Welcome to the original and safe LGBTQ2SIA+ space in the PNW since 2016! Come play some games, make new friends, and maybe meet that special someone! We are a private online group of folks from all over the West Coast of The USA and Canada! We host in person meet ups, BBQs, parties, private camping trips, and also march in Pride Parades too! We welcome members of the Transgender Community! We also invite all Bisexual, Pansexual, and Asexual members alike!

Spokane National Organization for Women (NOW)

FB </SpokaneNOW>

NOW chapters focus on six priority issues including reproductive rights, ending sex discrimination / constitutional equality, promoting diversity and ending racism, economic justice, stopping violence against women, and **LGBTQIA** rights. Our chapter welcomes new members to help fight for women's rights on the local and national level.

Woman's Club of Spokane, The

1428 West 9th Ave

☎ 838.5667

🏠 www.thewomansclubofspokane.org

🕒 Google AI: The Woman's Club of Spokane is identified as an LGBTQ+ friendly venue, offering a welcoming space for events and gatherings, and it is a non-profit organization with a variety of amenities.

Disability Resources

Disability Services

Disability Action Center (DAC) NEW

☎ 606.4639

www.dacnw.org

BS [/profile/dacnw.bsky.social](https://profile/dacnw.bsky.social)

FB [/DACNew](https://www.facebook.com/DACNew)

IG [/dacnewashington](https://www.instagram.com/dacnewashington)

TT [@dacnewashington](https://twitter.com/dacnewashington)

YT [/channel/UChIIS9hTPzFy8tG9QaZETog](https://www.youtube.com/channel/UChIIS9hTPzFy8tG9QaZETog)

▲ Providing Independent Living services to people with all kinds of disabilities. Independent Living means that we demand the same choices and control in our everyday lives that our non-disabled brothers and sisters, neighbors and folks take for granted. We want to grow up in our families, go to the neighborhood school, use the same bus as our neighbors, work in jobs that are in line with our education and interests, and start families of our own.

Also publicly sourced on: direct comms

Disabled American Veterans (DAV)

212 S David St

☎ 535.9100

♻ Disabled American Veterans (DAV) supports all veterans, including **LGBTQ+ veterans**, and advocates for their rights and needs, including access to benefits and services, and promotes a welcoming environment. Here's a more detailed explanation: DAV's Commitment: DAV is dedicated to helping veterans of all backgrounds, including those who identify as lesbian, gay, bisexual, transgender, or queer (**LGBTQ+**). Advocacy and Support: DAV works to ensure that LGBTQ+ veterans receive the care and benefits they have earned, including access to VA healthcare, disability compensation, and other services. Welcoming Environment: DAV strives to create a welcoming environment for **LGBTQ+ veterans**, recognizing that they may have faced

discrimination or isolation, and that they may be reluctant to seek help.

Also publicly sourced on: Google AI search

Disability Rights Washington

🌐 <https://disabilityrightswa.org>

Resident Action Project (RAP)

A program of the Washington Low Income Housing Alliance (WLIHA) and the Washington Housing Alliance Action Fund. Our work is supported by the Center for Community Change. RAP is a statewide network in Washington led by people who live in low-income housing, have experienced housing injustice, instability, and/or homelessness. As well as nonprofit and direct service staff. Together, we are building power to change local and state policy through storytelling, organizing, and civic engagement. We know that too many of the people with this lived-experience are Black, Indigenous, and persons of color (BIPOC), people who identify as **LGBTQIA2S+**, **people with disabilities**, immigrants & refugee, older adults, veterans, and single parent families, just to name a few. We also know that housing is also part of a larger system of oppression we are trying to dismantle in our organizing work. If You Believe: Like air to breathe and food to eat, safe shelter is a basic human need. That everyone should be able to live in a neighborhood with good schools, grocery stores, parks, and libraries. That every person deserves the right to a safe, secure, and affordable place to live no matter what they look like, where they came from, or how much money they have. Then we need dedicated people like you to help fight for housing justice.



Military



📍 Veteran Resources, Veteran-Owned

Please see Business Guide for the following:

Veteran-Owned Businesses, etc.

Queer Veterans of the Inland Northwest (QVINW)

FB [/groups/1116353576708504](https://www.facebook.com/groups/1116353576708504)

🏳️‍🌈 📍. LGBTQ+ veterans local to Spokane and surrounding areas.

VA, LGBTQ

☎ 434.7230

Alaina Taylor, LGBT **Veteran** Care Coordinator at Mann-Grandstaff VA Medical Center. MBA. Assists LGBT **veterans** to navigate systems, identify resources, and coordinate care within VA. Also publicly sourced on: RAC.

🏠 www.va.gov/spokane-health-care/health-services/lgbtq-veteran-care

🏠 <https://soundallianceofolderlgbtq.org/wp-content/uploads/2020/01/Veterans-LGBT-Health-Care.pdf>

Disabled American Veterans (DAV)

212 S David St

☎ 535.9100

📍 Disabled American Veterans (DAV) supports all veterans, including **LGBTQ+ veterans**, and advocates for their rights and needs, including access to benefits and services, and promotes a welcoming environment. Here's a more detailed explanation: DAV's Commitment: DAV is dedicated to helping veterans of all backgrounds, including those who identify as lesbian, gay, bisexual, transgender, or queer (**LGBTQ+**). Advocacy and Support: DAV works to ensure that LGBTQ+ veterans receive the care and benefits they have earned, including access to VA

healthcare, disability compensation, and other services. Welcoming Environment: DAV strives to create a welcoming environment for **LGBTQ+ veterans**, recognizing that they may have faced discrimination or isolation, and that they may be reluctant to seek help. Also publicly sourced on: Google AI search

Resident Action Project (RAP)

A program of the Washington Low Income Housing Alliance (WLIHA) and the Washington Housing Alliance Action Fund. We know that too many of the people with this lived-experience are Black, Indigenous, and persons of color (BIPOC), people who identify as **LGBTQIA2S+**, people with disabilities, immigrants & refugee, older adults, **veterans**, and single parent families, just to name a few. See main listing for more info.

Veterans for Peace - Spokane Chapter #35

25 W Main Ave (Saranac Bldg)

☎ 209.2385

🏠 <https://spokaneveteransforpeace.org>
📍 Meetings every 2nd Wednesday, 6:45 PM. Veterans for Peace is an international organization made up of military veterans, military family members, and allies. We accept veteran members from all branches of service, as well as Associate Members who may be friends and family members of veterans, or simply those who are in staunch support of our mission. We are dedicated to building a culture of peace, exposing the true costs of war, and healing the wounds of war. Our networks are made up of over 120 chapters across the United States and abroad. Our local chapter includes members from throughout the Inland Northwest and our activities and meetings are centered in Spokane, WA.

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Modern Military Association of America (MMAA)

🌐 <https://modernmilitary.org>

A united voice for LGBTQ+ military and veteran communities. Modern Military works to uphold and expand the civil rights progress made on behalf of LGBTQ+ service members, veterans, and their families through education, advocacy, support networks, and discrimination tracking.

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Choirs, Theaters, Theatre, Dance, Museums, Gallery, Galleries, Movies, TV shows, Actors, Film Festivals, Entertainment, Entertainers, etc.

Please see Business Guide for the following:

**Broadway Spokane
Theater on the Verge
Garland Theater, The
Hamilton Studio Listening Room, The
Hitchhiker's Theatre
Joy In Motion Dance Academy
Zarit Glassworks
116 & West
Queer Centric, QueerCentric
Magic Lantern Theater
Vertical Elements Entertainment
Bent Out of Shape Entertainment
Company
Ruby Frog Entertainment
Christina's Creations
Vastra The Clown**

Blue Door Theatre, Blue Door Theater

319 S Cedar St

☎ 747.7045

IG [/bluedoortheatre](#)

🏠 www.bluedoortheatre.org

🇺🇸 The Blue Door Theatre is a Queer owned and operated theatre that has been performing improv comedy in Spokane for the last 30 years! Every Friday and Saturday at 7:30 the cast creates a brand new, never-before-seen show on the spot based on your suggestions. The Blue Door also provides improv classes, if you're interested in trying out comedy, or even if you're just interested in honing your social skills.

Also publicly sourced on: direct comms and visit

Ecstatic Dance Spokane

1403 N Washington St

☎ 990.6434

FB [/EcstaticDanceSpokane](#)

🏠 <https://ecstaticdancespokane.org>

▲ Hosting Ecstatic Dance and Conscious Movement events, and supporting the Dance Community in Spokane.

Fox Theater

1001 W Sprague Ave

☎ 624.1200

Admin Office: 818 W Riverside Ave (Mezzanine)

☎ 326.3136

Mailing Address: PO Box 365 Spokane WA 99210

🏠 <https://foxtheaterspokane.org>

FB [/TheFoxTheaterSpokane](#)

YT [/@SpokaneSymphony](#)



www.gayrealestate.com/news/usa/washington/spokane

The Fox Theater is an iconic theater in Spokane that opened in 1931 to much fanfare. Designed by famed architect Robert Reamer, also famous for his design of Yellowstone National Park's Old Faithful Inn, the beautiful Art Deco building still hosts a variety of shows, performances and other events throughout the year.



<https://foxtheaterspokane.org/event/indigo-girls>

*Hosted the Indigo Girls, a folk-rock duo known for their activism, including **LGBTQ rights** advocacy, who performed there on 29 Sep 2024. Activism: The Indigo Girls are known for their activism, including their work on issues like immigration reform, LGBTQ rights, Native American rights, education, death penalty reform, and environmental justice.

*"Hosted the film Canyon Chorus, a compelling story for the LGTBQ+ community and everyone."

Spokane Symphony

1001 W Sprague Ave

☎ 624.1200

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Admin Office: 818 W Riverside Ave
(Mezzanine)
☎ 326.3136
Mailing Address: PO Box 365 Spokane, WA
99210

🏠 <https://foxtheaterspokane.org>
FB [/SpokaneSymphony](#)
IG [/spokanesymphony](#)
LI [/company/spokane-symphony](#)
YT [/user/SpokaneSymphony](#)

Cinema, Screenings, Film Showings, etc.

-Spokane Pride has hosted cinema screenings for Spokane Pride History and Remembrance Project (hosted at nYne). Movie showed was Two Eyes, a film that celebrates identity, love and resilience.

Northwest Museum of Arts and Culture (MAC)

2316 W First Avenue

☎ 456.3931

🏠 www.northwestmuseum.org
FB [/NorthwestMuseumofArtandCulture](#)
IG [/NorthwestMuseum](#)
LI [/company/northwest-museum-of-arts-and-culture](#)

YT [/channel/UCU8dDYTqkfEFhSuSZH88ewQ](#)

🏠 www.gayrealestate.com/news/usa/washington/spokane

The Northwest Museum of Arts and Culture is the largest cultural institution of its kind located in the Inland Northwest. The museum features five underground galleries and rotating exhibits, and focuses on regional history, visual arts, and American Indian culture. With more than one million artifacts in its collection, the MAC has more than one million artifacts in its collection and is a perfect way to spend an inspiring and educational afternoon.

Spectrum Singers

1818 W Francis Ave, Box 243

1502 N Monroe

☎ 615.686.7183

🏠 <https://spokanespectrumsingers.com>
FB [/spokanespectrumsingers](#)

IG [/spokanespectrumsingers](#)

All-inclusive and intergenerational community choir, LGBTQ+ and allied singers.

Also publicly sourced on: direct comms, RAC, EWU Pride Center

🏠 <https://lgbtq.wa.gov/resources/county/Spokane>

Foray for the Arts

FB [/profile.php?id=61555982110977](#)

IG [/foray4thearts](#)

🏠 www.foray4thearts.org

▲ Celebrating Creativity, Building Community. Foray creates events with multiple disciplines hosted at local businesses to support community. Our Mission: At Foray for the Arts, our mission is to foster an inclusive and accessible arts community that uplifts voices often overlooked in mainstream spaces. We aim to:

🌐 Amplify Artists – Providing a platform for creatives to share their work through online showcases, social media features, and community collaborations.

📖 Support Storytelling – Highlighting diverse narratives through artist interviews, articles, and literary spotlights.

🗨️ Cultivate Connection – Hosting events, workshops, and discussions that bring artists and art lovers together.

🌍 Make Art Accessible – Breaking barriers in the creative world by promoting art as an essential part of culture, community, and personal growth. Also publicly sourced on: direct comms

Spokane Arts, SPKN Arts

801 W Riverside Ave Ste 100

☎ 321.9614

PO Box 978 Spokane WA 99210 (Mailing Address)

🏠 <https://spokanearts.org>

🏠 <https://spokanearts.org/queer-art-walk>

FB [/SpokaneArts](#)

IG [/spokanearts](#)

Spokane Arts is proud to present Queer Art Walk!

Queer Art Walk

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www.krem.com/article/entertainment/check-out-queer-art-walk-downtown-spokane-this-friday-first-friday

Founded in 2019 by a group of local artists, with the mission to uplift LGBTQ+ voices and celebrate a historically marginalized group through art. The citywide event in Spokane was the first of its kind in Washington State. The idea was conceived by former Spokane arts commissioner Andrew Whitver, and supported by a group of volunteers including Tiffany Patterson, Eva Silverstone, Roin Morigeau, June Sanders, and Remelisa Cullitan. When Whitver and his husband moved away in early 2022, he asked Spokane Arts to take the reins on coordinating the event, along with the original committee members, to ensure the longevity of the annual celebration. The Spokane Queer Art Walk stands as a vibrant celebration of artistic expression, diversity, and the LGBTQIA2S+ community in the heart of Spokane, Washington. Founded with the intention to promote visibility, understanding, and appreciation for queer art and artists, it showcases an eclectic array of artworks that delve into themes of identity, equality, love, and resilience. The walk stretches through various venues throughout Spokane. Galleries, cafes, community centers, and public spaces become platforms for self-expression and cultural exploration, fostering dialogue and understanding. Beyond the visual arts, the Queer Art Walk often includes panel discussions, workshops, and interactive sessions. As the Spokane Queer Art Walk continues to evolve, it exemplifies the power of art as a catalyst for change. It inspires conversations, challenges preconceptions, and fosters unity through creativity. This annual event serves as a testament to the strength of the LGBTQIA2S+ community in Spokane and beyond, proving that through art, understanding, and empathy, we can pave the way for a more inclusive and compassionate society. Also publicly sourced on:



<https://lgbtq.wa.gov/resources/county/Spokane>

The Spokane Pride mural

Located at the intersection of North Howard Street and Spokane Falls Boulevard in downtown Spokane, Washington. The mural is a progress Pride flag painted on the crosswalk at the south entrance to Riverfront Park. The mural is part of the Asphalt Art program, which funds intersection makeovers in Spokane's neighborhoods. The mural was designed by Tiffany Patterson, a queer Spokane artist. The mural has been vandalized multiple times, including being set on fire. The mural has been repainted after vandalism incidents.



www.inlander.com/news/its-not-just-the-pride-flag-near-riverfront-spokane-is-using-traffic-ticket-money-to-paint-unique-street-murals-across-the-city-28189157#:~:text=In%202022%2C%20the%20Spokane%20City,be%20painted%20through%20the%20program.

Stage Left Theater

108 West 3rd Ave

☎ 838.9727



<https://stagelefttheater.org>

FB [/StageLeftTheater](https://www.facebook.com/StageLeftTheater)



www.yelp.com/biz/stage-left-theater-spokane

🏳️‍🌈 Non-Profit. The Inland Northwest's Premier Progressive Non-Profit Theater. Stage Left Theater is founded on the belief that live theater provides a mechanism for interpersonal interaction not provided by television and movies, that it should be a force for political, intellectual and social stimulation, and should be relevant to the daily lives of the audience and the players. We seek to broaden the involvement of the general population by engaging issues of topical value and stimulating the analysis and discussion of the structure and goals of society. Our mission is to tell stories, build community, and pursue equity through the production of new and existing theatrical works. We produce six productions each season, and additional festivals throughout the year. Named one

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of the TOP TEN LIVE THEATER VENUES IN WASHINGTON STATE by American Towns Media!

Also publicly sourced on: [Live Local INW](#)

Art, Arts, Artwork, Crafts, Candles

Please see Business Guide for the following:

33 Artists Market

Fabled Flame, The Forge Wrks

Mama Wolf Media LLC

Maeve Griffith Art

Inland NW Queer Art Space

FB [/groups/298911143775897](#)

A place for the inland NW LGBTQI2+A community to share our art, creative ideas, announce art related events and shows, as well as participate in weekly art challenges for our own personal enjoyment and growth as an artist.

Also publicly sourced on:

Queer Craft Club

IG [/queercraftclub_spo](#)

“Join us for queer craft and social time!”

Books Bans, Authors, Writers, Writing, Publishing, Read, Reads, Reading Rainbow, etc.



Books



Books, Book Clubs, Bookstores, Libraries, Bindery, etc.

Please see Business Guide for the following:

40 Days and 40 Writes

Auntie's

Book Traders

Giant Nerd Books

Page 42 Bookstore

Cease and Desist Book Club

Emma Claire Bindery

Jupiter's Eye Book Café

Wishing Tree Books

Helpful Tip! Publish your Queer Book!

How well do LGBTQ books sell?

"Demand for queer books in general has been skyrocketing. According to the market research firm NPD Group, sales of LGBTQ+ fiction titles doubled from 2020 to 2021. So far in 2022, sales have continued to increase by 39%. Queer young adult and romance novels, in particular, have fared the best."

📖 www.them.us/story/sapphic-literature-lgbtq-publishing

Soaring Sales of LGBTQ Fiction Defy Book Bans and Showcase Diversity in Storytelling

📖 www.circana.com/intelligence/press-releases/2023/soaring-sales-of-lgbtq-fiction-defy-book-bans-and-showcase-diversity-in-storytelling

****Spokane is home to several LGBTQ+ authors who contribute to the local literary scene and advocate for queer representation***

Blüm, Adir

A Jewish freelance writer, Blüm is actively involved in Spokane's queer community through mutual aid work and activism.

Dodd, Amber

An award-winning nonfiction writer and essayist, Dodd is also a founding editor of the "Spokane Black Stories" series and curated a Spectrum Yearbook in "Slice of Spectrum Life". She also owns her own creative brand, blaQplight, a media company that captures authentic Black and queer experiences.

Hallenberg, Pia

421 W Riverside Ave #1081 (The Paulsen Center)

☎ 280.0075

FB [/contentbypia](https://www.facebook.com/contentbypia)

LI [/in/contentbypia](https://www.linkedin.com/company/contentbypia)

▲🕒 Immigrant-Owned. Let me take my 26-year journalism and editing career and put it to work on your technical content, your white papers, and your website. I can complete the eBook you never wrote. Those articles you never submitted. Let me finish the blog posts your team is begging for, but you never have time to write. I'm a ghostwriter who specializes in journalism marketing. That means I create content that's compelling, accurate, well-researched, and full of valuable information, and I use you and the experts you employ as my sources. Whatever I write will sound just like it came from your keyboard. I do all my own writing in my downtown Spokane office. You work with me, not with anyone else. Also publicly sourced on: [Live Local INW](https://www.live-local-inw.com)

Lime, Kiara Juliette

📖 www.juliettelime.com

<https://spokanearts.org/artists/kiara-lime>

"My professional experience includes doing illustration work for Spokane Sequential May 2024 issue (a local comic zine), promotional poster and sticker illustration for Asians for Collective Liberation of Spokane, and illustration for an educational card game spearheaded by

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students and staff of Columbia University. While I have yet to have any projects done for LGBTQ+ organizations in town, I have participated twice in Spokane Arts' Queer Art Walk shows in 2023 and 2024 and am dedicated to showing how queer artists can make a name for themselves here. I would love future opportunities for me to work with queer owned businesses as an artist who specializes in book/album cover art, promotional art in the form of stickers or art prints, and more.

Also publicly sourced on: Trans Spokane, <https://spokanearts.org/artists/kiara-lime>

Powell, Jennine

Co-author of "Help for High-Conflict Couples: Using Emotionally Focused Therapy and the Science of Attachment to Build Lasting Connection"

www.barnesandnoble.com/w/help-for-high-conflict-couples-jennine-estes-powell-lmft/1143024416?ean=9781648481932

See main listing (Spokane Counseling Hub) for more info.

Also publicly sourced on: direct comms

Stephanie Oakes (Writer)

LGBTQ. Spokane author of *The Meadows*, which imagines a dystopian future in which queerness is outlawed. "A youth librarian turned author, Oakes is known for her dystopian novel *"The Meadows,"* which explores the experience of being queer in a society where it is outlawed. Her other works include *"The Arsonist"* and *"The Sacred Lies of Minnow Bly,"* which was adapted into a TV series. "

www.inlander.com/culture/spokane-author-stephanie-oakes-spellbinding-third-novel-the-meadows-imagines-a-dystopian-future-in-which-queerness-is-outlawed-26598221

Sullivan, Rachel (Writer)

<https://trendingnorthwest.com/author/rachel-sullivan>

LGBTQ. Rachel Sullivan is a self-professed dog-hugger and tree-lover who's

passionate about history, nature, and human rights. She works for the Spokane Public Library, writes empowering novels, and resides in Spokane with her daughter and their pets. A self-professed dog-hugger and tree-lover, Sullivan works for the Spokane Public Library, writes empowering novels, and resides in Spokane with her daughter and their pets.

Hill-Meyer, Tobi

🏳️‍🌈🌟👤 An Indigenous Chicana trans woman, Hill-Meyer is editor of the Lambda Literary Finalist Anthology *"Nerve Endings: The New Trans Erotic,"* author of children's books *"A Princess of Great Daring"* and *"Super Power Baby Shower,"* and director of the award-winning documentary series *"Doing it Online"*.

Banned Books

Read Banned Books (T-Shirt), LeVar Burton's

<https://store.moveon.org/products/levar-burton-banned-books-t-shirt>

Limited-edition, vintage-inspired "LeVar Burton Says Read Banned Books" T-shirt is part of Artists Against Book Bans, an initiative that has engaged nearly 200 well-known artists who have joined with MoveOn to help fight back and stop extremists from erasing people of color and the LGBTQ+ community through book bans. The money raised will support MoveOn's work to stop book bans and build a world where everyone can see themselves in the pages of a book.

Banned Books Week

5-11 Oct 2025

<https://bannedbooksweek.org>

Banned Books Week was launched in 1982 in response to a sudden surge in the number of challenges to books in libraries, bookstores, and schools. The annual event highlights the value of free and open access to information and brings together the entire book community — librarians, educators, authors, publishers, booksellers, and readers of all types — in shared support of the freedom to seek and to express ideas.

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5 Ways to Fight Book Bans

🌟 <https://pen.org/book-bans/5-ways-fight-book-bans>

Censorship has swept the United States in the past several years, with more than 10,000 book bans since PEN America began tracking them in 2021 in our Banned in the USA reports. Dozens of states have passed or debated laws that restrict the freedom to read, leaving teachers and librarians feeling pressure to limit children's access to information.

Seattle Public Library (Books Unbanned Project)

🌟 www.spl.org/programs-and-services/teens/books-unbanned

Teens and young adults ages 13 to 26 living anywhere in the U.S. can access our entire collection of e-books and audiobooks. You can access the collection on your computer or Kindle, or use the Libby app to get books on your phone or tablet. We believe in your right to read what you want, discover yourself and form your own opinions. Fill out a simple form to get a Books Unbanned card.

Digital Public Library of America (DPLA)

🌟 <https://dp.la>

DPLA provides free digital access to **banned books**.

DPLA has launched The Banned Book Club to ensure that all readers have access to the books they want to read. The Banned Book Club makes e-book versions of banned books available to readers nationwide via the free Palace e-reader app.

The Freedom to Read Foundation (FTRF)

🌟 www.ftrf.org

A non-profit legal and educational organization. FTRF protects and defends the First Amendment to the Constitution and supports the right of libraries to collect - and individuals to access - information.

PEN America

🌟 <https://pen.org>

Founded in 1922, and headquartered in New York City, is a 501(c)(3) nonprofit organization whose goal is to raise awareness for the protection of free expression in the United States and worldwide through the advancement of literature and human rights. PEN America has offices in New York City, Los Angeles, Washington, D.C., and since late 2023 also in Florida.

Queer Book Club

🌟 <https://discord.com/invite/tP9EadDkzq>

Spokane Queer Bookclub

1325 W 1st Ave (Rocket Bakery)
meets every other Sunday.

🌟 <https://trendingnorthwest.com/issues/stopping-into-the-queer-communities-of-spokane>

🌟 https://linktr.ee/spokane.queer.book.club?fbclid=IwY2xjawJH4KFleHRuA2FibQIxMAA_BHaowL4jsmd5i5eUA99Frauz9Y-h8MOpam4zG04Sz70x5FKzXMLLOOLPRKsw_aem_E-VoepprDBhfH_tarJZQBq

Queer & Weird Book Club

Meets twice a month at Auntie's Bookstore, on the fourth Saturday and second Wednesday of the month unless there's a scheduling conflict.
Also publicly sourced on: direct comms

Queer Silent Book Club

IG /queersilentbookclubspokane

🌟 <https://silentbook.club/blogs/events/spokane-washington-usa?srsltid=AfmBOop0K7BIfJOLcdiAbFGp7GXwFD481OGAMbdzmqJ5mhxrBkDqPRyj>

Silent Book Club

IG /silentbookclub.spokane

Meets the first Tuesday of every month.

🌟 https://silentbook.club/blogs/events/spokane-wa?srsltid=AfmBOoo_ktAD9FkI5sLUEP079WCxI3lzX-Wsj_8ab17Id52s02ZW4zAL

Science & Nature Book Club

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402 W Main Ave (Auntie's Bookstore)
📍 <https://auntiesbooks.com/list/science-and-nature-book-club-teri>
✉ teri@auntiesbooks.com

Leader: Teri (she/her)
We read nonfiction books about science, nature, and many times both science AND nature combined. While it's great to have the book read before the meeting, it's not a requirement and you are still welcome to join! Just be prepared for spoilers. Please see Auntie's Bookstore events calendar, the book club page, or social media for more info.
Also publicly sourced on: direct comms

Libraries

📍 www.spokanelibrary.org
Central, 906 W Main Ave
Hillyard, 4110 N Cook
The Hive®, 2904 E Sprague Ave
Indian Trail, 4909 W Barnes Rd
Liberty Park, 402 S Pittsburg
Shadle Park, 2111 W Wellesley Ave
South Hill, 3324 S Perry St

Library Kiosks

Five Mile, 1762 W Five Mile Rd
Latah, 4235 Cheney-Spokane Rd
Logan, 2828 N Nevada St
West Central, 1603 N Belt St

Spokane County Library District

📍 www.sclcd.org
ENGAGE – Spokane County Library District

Airway Heights

1213 S Lundstrom St Airway Heights WA
☎ 893.8250

Argonne

4322 N Argonne Rd Spokane WA
☎ 893.8260

Cheney

610 First St Cheney WA
☎ 893.8280

Deer Park

208 S Forest Ave Deer Park WA
☎ 893.8300

Fairfield

305 E Main St Fairfield WA
☎ 893.8320

Medical Lake

321 E Herb St Medical Lake WA

☎ 893.8330

Moran Prairie

6004 S Regal St Spokane WA

☎ 893.8340

North Spokane

44 E Hawthorne Rd Spokane WA

☎ 893.8350

Otis Orchards

22324 E Wellesley Ave Otis Orchards WA

☎ 893.8390

Spokane Valley

12004 E Main Ave Spokane Valley WA

☎ 893.8400

Also publicly sourced on: direct comms

Friends of the Spokane Public Library

www.spokanelibrary.org/friends

Friends of the Spokane Public Library is an all-volunteer group dedicated to providing more than \$40,000 in funding to the Library annually including: Supporting Summer Reading for kids and teens with programs and book giveaways, Supporting Spokane Is Reading, a program that brings a different author to town each year, Special equipment purchases (recent examples include AWE Early Learning Computer Stations for young children and Sensory Support kits).

Poetry, Stories

Poetry, Poetry Slams, Poet Workshops, Storytelling

Garland Drinkery

828 W Garland Ave

☎ 290.5245

FB [/drinkerynation](#)

🇺🇸 Has **Poetry, Fiction, Comedy, Music, Storytelling** events.

See main listing for more info.

Grain Shed, The

1026 E Newark Ave #2346

☎ 241.3853

FB [/thegrainshed.coop](#)

IG [/thegrainshed](#)

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🌟 www.thegrainshed.coop

Has **Poetry** events (16 Jan 2025).

See main listing for more info.



Community



Community Centers and Organizations

350 Spokane

25 W Main Ave Ste 310

FB [/350Spokane](#)

IG [/350spokane](#)

🌐 www.350spokane.org

A grassroots nonprofit building a movement for climate justice in the greater Spokane area, promoting a just transition to 100% fossil-free energy and a net-zero carbon economy that works for everyone, including LGBTQ+ people and other historically marginalized communities. Together, we advocate for a more sustainable future and hold local leaders accountable to their climate resilience commitments.

Also publicly sourced on: direct comms

500 Drag Queen Strong

FB [/500DragQueenStrong](#)

500 Drag Queen Strong is a group started in response to a hate group in Spokane Washington who are attempting to prevent Drag Queen Story Hour at the South Hill Library in Spokane Washington.

American Civil Liberties Union (ACLU)

🌐 www.aclu-wa.org

🌐 www.aclu-wa.org/pages/greatest-hits-celebrating-milestones-aclu-and-civil-liberties-washington

The ACLU will always be on the side of fairness, equality, freedom, and justice – for all. The ACLU is the nation's premier civil rights and civil liberties organization. Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

APIC Spokane (Asians for Collective Liberation in Spokane)

25 W. Main Ave. #404

🌐 <https://aclispokane.org>

Dedicated to advocating for racial, social, and economic justice for Asians & Asian

Americans in solidarity with Native Hawaiian, Pacific Islander, Black, Brown, Indigenous, **LGBTQ+**, and other systemically oppressed communities.

Compassionate Addiction Treatment (CAT) Spokane

168 S Division St

☎ 919.3362

🌐 <https://catspokane.org>

We understand that people experiencing homelessness want help with a variety of needs but often lack opportunities to access help relevant to their challenging circumstances. CAT SPOKANE is committed to removing barriers to care and providing wholistic, supportive opportunities to work towards personal goals for housing, employment, health, transportation, exiting the criminal justice system, recovery from substance use disorders, and more.

Community Partner of Next Chapter.

Waters Meet (formally Empire Health Foundation, EHF)

1020 W Riverside Ave

☎ 315.1323

FB [/people/Empire-Health-Foundation/100092325381059](#)

IG [/EmpireHealthFoundation](#)

🌐 www.empirehealthfoundation.org

🌐 www.empirehealthfoundation.org/assets/PDFs/Equity-Healing-Framework.pdf

“We’re proud to share that Empire Health Foundation is now Waters Meet Foundation, and our 501(c)(4), formerly known as Empire Health Community Advocacy Fund, is now Waters Meet Action Fund. This change is more than a new name — it’s a reflection of who we are, what we believe, and the path we’re forging alongside community. Just as rivers form when waters come together, Waters Meet represents the power of connection: people, ideas, and

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movements converging with shared purpose to create transformational change. Our new identity carries forward our commitment to health equity and social justice in the Inland Northwest — while more clearly aligning with our values, our partners, and the work ahead. Together, Waters Meet Foundation and Waters Meet Action Fund represent two parts of a unified vision rooted in community, grounded in relationship, and bold in its pursuit of a more just future.” Former online notes: We must address discrimination and disparities involving **sexuality and gender identity** in order to support healthy, thriving individuals, families, and communities. Health is a fundamental human right. We are on a collaborative journey to dismantle persistent health inequities in the Inland NW by supporting community power building and grassroots advocacy. Accelerating Racial, Social and Economic Justice. Our funding prioritizes the leaders and community organizations working to address health inequities and accelerate racial, social and economic justice in the Inland Northwest. We have been on a journey to deepen our relationships across communities and intentionally shift our grant making to address health inequities and racial injustice in the Inland Northwest. In 2023, EHF disbursed: \$8.8 Million in grants, 74 grantees, 83% EHF grants invested in BIPOC organizations & communities.

Free Mom Hugs Washington

FB [/freeMomHugsWashington](#)
Free Mom Hugs is a group of parents, friends, and allies who support the LGBTQ+ community. This is our Washington chapter.
Also publicly sourced on: Spokane Pride

Scouting America, Inland Northwest Council

411 W Boy Scout Way
☎ 325.4562
🏠 www.scouting.org
🏠 www.scouting.org/about/diversity
BSA Vision, Inclusion, Equity, and Values (VIEW): LGBTQ+ Employees and Allies:

The mission of VIEW is to promote an inclusive community for Scouting America’s LGBTQ+ employees and their allies. The group will strive to support diversity across the organization.

🏠 www.scouting.org/about/diversity/attachment/view-sq-2

Greater Spokane Progress

☎ 624.5657
🏠 <https://spokaneprogess.org>
FB [/GreaterSpokaneProgress](#)
Greater Spokane Progress is a collaborative network united to build political strength and equity in our community. GSP drives progressive change by connecting, coordinating, and supporting diverse organizations.
Also publicly sourced on: direct comms

Greater Spokane Action

25 W Main Ave Ste 222
☎ 624.5657
🏠 <https://spokaneaction.org>
FB [/GreaterSpokaneAction](#)
Greater Spokane Action (GSA) is the political arm of Greater Spokane Progress (GSP), reshaping politics by educating, advocating, and mobilizing to establish and strengthen equitable and progressive policies in our community.

Greater Seattle Business Association (GSBA)

400 E Pine St Ste 322 Seattle WA
☎ 206.363.9188
FB [/theGSBA.org](#)
🏠 <https://thegsba.org/scholarship-fund-2>
LGBTQ+, gender-expansive, and allied students in Washington State. GSBA Scholarship & Education Fund. With 78% of our scholars graduating (well above the national average of 62%), we’re here to help you succeed. The GSBA, Washington's LGBTQ+ chamber of commerce, actively supports gender-expansive individuals through its Scholarship & Education Fund, providing scholarships and resources for LGBTQ+ and allied students, including those who identify as gender-expansive.

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Habitat for Humanity

1805 E Trent Ave

☎ 535.9517

🌐 <https://habitat-spokane.org>

Health and Justice Recovery Alliance

PO Box 9895 Spokane WA 99209

☎ 294.3892

🌐 www.healthjusticerecoveryalliance.org

Our mission is to prevent, disrupt and support restoration for individuals experiencing destabilization/crisis by examining the complicity of systems of oppression and exclusion that exist at all touchpoints across multiple systems. The Health and Justice Recovery Alliance provides a Peer service delivery model that centers the experience of the participant and community in crisis by supporting navigation from crisis to well-being.

Community Partner of Next Chapter.

Homeless Connect

"It's an annual event that brings together resources for the homeless including haircuts, clothing, vet care. There is lots of outreach to try and get services to people."

Imperial Sovereign Court of Spokane (ISCS)

🌐 www.imperialsovereigncourtofspokane.com

FB [/imperialsovereigncourtofspokane](https://www.facebook.com/imperialsovereigncourtofspokane)

IG [/iscs69](https://www.instagram.com/iscs69)

Fundraising activities to support gay and AIDS causes. Hosts Debutante Balls. Also publicly sourced on: LGBT Near Me, Spokane Pride

Inatai Foundation

🌐 <https://inatai.org>

Inatai Foundation is a 501(c)(4) serving and accountable to leaders and organizations with bold visions who are building power in racially diverse communities across Washington state. Our vision begins with them: their ideas, solutions, and dreams for transformational change.



<https://inatai.org/news/grantee/parents-families-and-friends-of-lesbians-and-gays-inc>

🌐 <https://inatai.org/news/affirming-communities>

🌐 <https://inatai.org/identity>

Also publicly sourced on: Sponsor of www.reimaginespokane.us, Sponsor of 2025 Tri-Cities Pride

Innovia Foundation

818 W Riverside Ave # 650 (Lincoln Bldg)

☎ 624.2606

FB [/innoviafoundation](https://www.facebook.com/innoviafoundation)

IG [/innoviafoundation](https://www.instagram.com/innoviafoundation)

🌐 <https://innovia.org>

Also publicly sourced on: NIPA (Pride Endowment)

Jewel's Helping Hands

3923 N Cedar St

☎ 723.6201

🌐 www.jewelshelpinghands.org

Sheltered housing in Spokane, Washington.

Community Partner of Next Chapter.

NW Rainbow Leadership Network

LI [/groups/14366774](https://www.facebook.com/groups/14366774)

Lead the rainbow revolution and shape the future of workplace inclusivity! Join the NW Rainbow Leadership Network, where employee resource groups (ERGs) or affinity groups, business resource groups (BRGs) leads from across the region come together to network, learn, and grow with fellow promoters of diversity and equality who live and love in the Pacific Northwest. This group is for ERG/BRG lead only.

Peace and Justice Action League (PJALS)

☎ 838.7870

🌐 <https://pjals.org>

FB [/peacejusticeaction](https://www.facebook.com/peacejusticeaction)

IG [/peacejusticeaction](https://www.instagram.com/peacejusticeaction)

Everyday people have the power to accomplish extraordinary things together. Our mission is to engage everyday people to build a just and nonviolent world through community organizing and leadership development. Our vision for

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PJALS: Everyday people are together advancing peace, racial equity, economic justice, and human rights through campaigns grounded in the intersections of these values. Our Peace and Justice Action League community is intergenerational, cross-class, multiracial, urban and rural, and disproportionately **LGBTQ**. Other notes: Marched in Pride parade. Trans author was keynote speaker at PJALS's 2025 conference.

Also publicly sourced on: RAC, direct comms

Peace and Justice Activist Musical Rascals of Spokane (PJAMRS)

FB [/groups/PJAMRS](#)

A community marching band, the P-Jammers, or PJAMRS (Peace and Justice Activist Musical Rascals of Spokane) are part of the international HONK! movement. (See [honkfest.org](#) and [honkfestwest.com](#) for more info.) As such, membership is open to musicians of all levels and people who want to find a positive way to plug in with an emphasis on fun and doing the right thing. We play at public celebrations, marches and rallies, or just for the heck of it.

Note: "The P'Jammer was a popular alarm clock radio designed for listening to the radio quietly, especially in bed, with the inclusion of earbuds."

Also publicly sourced on: Met in person at rallies,

<https://4comculture.com/archives/10050>

Peer Spokane

425 W 1st Ave

☎ 867.3778

🌐 www.peerspokane.org/services

Provides peer coaching, support groups, employment support, supportive housing services, and resource connections to the Spokane and surrounding areas community.

Also publicly sourced on:

<https://lgbtq.wa.gov/resources/county/Spokane>

PFLAG

🌐 <https://pflag.org>
FB [/PFLAGSpokane.WA](#)

▲ A national support, education and advocacy organization for all gender and sexually diverse people, their families, friends, and allies. PFLAG Spokane is the city's local chapter of the national PFLAG organization, which is the largest grassroots organization of its kind in the country. PFLAG is well-known for its mission of supporting LGBTQ people, friends, family, and allies across the country in a wide variety of ways. With 500 chapters and more than 200,000 members in the United States, PFLAG plays a critical and important role in providing advocacy, support, and resources to the LGBTQ community. Also publicly sourced on: direct comms

Pride At Work

300 Tenth, #B103, Seattle 98122

☎ 206.261.8110

🌐 www.prideatwork.org

FB [/PrideatWork.National](#)

IG [/prideatwork](#)

Pride Foundation

PO Box 2194 Spokane WA 99210
2014 E Madison St Ste 300 Seattle
Washington 98122

☎ 327.8377

☎ 800.735.7287

🌐 www.pridefoundation.org

FB [/PrideFoundation](#)

IG [/PrideFdn](#)

<https://pridefoundation.org/region/washington>

Pride Foundation was founded in late 1985 by four committed individuals, who believed that the lesbian, gay, bisexual and transgender (LGBT) community needed its own philanthropic organization. In 1987 the Pride Foundation awarded its first grants to organizations totaling \$7,654. Now the foundation grants hundreds of thousands of dollars every year. In 1993 the Pride Foundation started a scholarship program, giving \$3,680 that first year. Since then, the program has become one of the nation's largest LGBT scholarship funds. Since its founding, the

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Pride Foundation has put more than \$8 million to work building equality for the LGBT community.

Also publicly sourced on: EWU Pride Center

Regional PRIDE Partners

Pride in Perry (hosted by Odyssey Youth Movement)

Bonnars Ferry Pride

Sandpoint Pride

Silver Valley Pride

Palouse Pride (hosted by Inland Oasis)

Inland Oasis

Chelan Pride

Peace Angels

FB [/peaceangels2014](#)

We are a group of people full of Peace and Love for everyone. Every year for Pride in June we reach out to everyone looking for Angels; we strive to grow our group stronger and larger than ever and can always use your help to do this.

Also publicly sourced on: direct comms

Rainbow Alphabet Collective (RAC)



www.rainbowalphabetcollective.org/Spokane-lgbt

FB [/rainbowalphabetcollective](#)

IG [/rainbowalphabetcollective](#)

We are a collective of people gathering much needed medical and mental health resources for the LGBTQIA community all around The United States. Our home base is located in Spokane, WA.

Resident Action Project (RAP)

A program of the Washington Low Income Housing Alliance (WLIHA) and the Washington Housing Alliance Action Fund. Our work is supported by the Center for Community Change. RAP is a statewide network in Washington led by people who live in low-income housing, have experienced housing injustice, instability, and/or homelessness. As well as nonprofit and direct service staff. Together, we are building power to change local and state policy through storytelling, organizing, and civic engagement. We know that too many of the people with this lived-

experience are Black, Indigenous, and persons of color (BIPOC), people who identify as **LGBTQIA2S+**, people with disabilities, immigrants & refugee, older adults, veterans, and single parent families, just to name a few. We also know that housing is also part of a larger system of oppression we are trying to dismantle in our organizing work. If You Believe: Like air to breathe and food to eat, safe shelter is a basic human need. That everyone should be able to live in a neighborhood with good schools, grocery stores, parks, and libraries. That every person deserves the right to a safe, secure, and affordable place to live no matter what they look like, where they came from, or how much money they have. Then we need dedicated people like you to help fight for housing justice.

SAN Pride Center - Spokane AIDS Network (SAN) & Spokane Pride

715 E Sprague Ave

☎ 844.1758

Also publicly sourced on: direct comms, <https://lgbtq.wa.gov/resources/county/Spokane>

Small Business Resiliency Network (SBRN)

Washington State Department of Commerce

🏠 www.commerce.wa.gov/sbrn

Also publicly sourced on: had Pride ad stating "We Help BIPOC and LGBTQ+ Businesses Start-up and Succeed" for Inlander 6 Jun 2024 edition

Smith-Barbieri Progressive Fund, The

☎ 219.6100

🏠 www.smith-barbieri.com

▲ The Smith-Barbieri Progressive Fund is a 501(c)3 charitable foundation that believes in the Inland Northwest's quality of life. We work to reduce poverty, broaden low cost, affordable housing, foster a powerful constituency, and spotlight our region. Partner with Spokane Pride.

Also publicly sourced on: direct comms

Spo-Kaine Agenda, The

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FB [/groups/1629232754036250](https://www.facebook.com/groups/1629232754036250)

This is the official forum for the LGBTQ+ Community Calendar for Spokane and North Idaho.

Spokane Independent Metro Business Alliance (SIMBA)

☎ 208.450.3381
POB 40344, 99202

🌐 www.spokaneindependent.org

FB [/spokaneindependent](https://www.facebook.com/spokaneindependent)

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Spectrum Center

25 W Main Ave Ste 210
PO Box 3222 Spokane WA 99220 (Mailing address)

🌐 www.spectrumcenterspokane.org

FB [/spectrumcenterspokane](https://www.facebook.com/spectrumcenterspokane)

IG [/spectrumcenterspokane](https://www.instagram.com/spectrumcenterspokane)

GAPP - a program to help w/ gender affirming services and items. The long-term vision is for Spectrum to be the primary change agent for the LGBTQIA2S+ community by advocating for social progress in Eastern Washington. We support a thriving and diverse population through education, social events, services, social activism, visibility, and by uplifting and collaborating with other organizations.

Also publicly sourced on: ad for Inlander 6 Jun 2024 edition, EWU Pride Center, <https://lgbtq.wa.gov/resources/county/Spokane>

Spokane AIDS Network (SAN)

715 E Sprague Ave #115

☎ 844.1758

🌐 www.sannw.org/support

FB [/SpokaneAIDS](https://www.facebook.com/SpokaneAIDS)

Mission Statement: To empower people at risk of, or affected by, HIV/AIDS through. SAN provides support & services to those affected by HIV and the greater LGBTQIA+ community.

We offer HIV Peer Navigation & support, Food Pantry, HIV/HCV/Syphilis testing, safe space events, SAN/Pride Community Center, Avista utility assistance (when available) and holiday boxes.

Also publicly sourced on: direct comms

Spokane Beard and Mustache Club

5328 N Washington St

🌐 <https://spokanebeardmustache.org>

FB [/groups/166078686878077](https://www.facebook.com/groups/166078686878077)

Spokane Beard & Mustache is a 501c3 Non-Profit located in Spokane, WA. We strive to make our community and the world of facial hair a better place!

Spokane Merfolk Pod

FB [/groups/545402877549961](https://www.facebook.com/groups/545402877549961)

This is a community group to connect all mers and aspiring mers in the Inland Northwest, which includes eastern Washington and northern Idaho! You are also welcome if you are planning a visit to the area and are looking for mers to swim with.

Recommended on FB

Trident Spokane

☎ 319.1856

🌐 <https://tridentspokane.com>

✉ info@tridentspokane.com

Welcome to Trident, a non-profit fueled by the dedication of local members united in the pursuit of charitable initiatives. We strive to expand community events, enhance operations, and offer unwavering support to the working class, both in our community and beyond. Together, we believe in making a meaningful impact through collaboration and compassion. Join us in building a stronger, more connected society. "Join us for a fun and educational meeting celebrating the history of **LGBTQ+** culture! We will also be talking about plans for pride and needs for volunteers for upcoming events." Also publicly sourced on: direct comms

Spokane Falls Sisters, Abbey of The Children of the Sun

🌐 www.spokanepride.org/sisters

🌐 www.inlander.com/culture/the-spokane-falls-sisters-are-the-citys-newest-queer-nuns-bringing-a-chapter-of-the-sisters-of-perpetual-indulgence-to-eastern-washington-by-28075624

Also publicly sourced on: Spokane Pride

Spokane Helpers Network

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☎ 979.0933

FB

[/groups/992064050823978/user/100081161961338](https://www.facebook.com/groups/992064050823978/user/100081161961338)

🏠 www.spokanehelpersnetwork.org

We envision a better everyday life for low-income households in the Spokane area. Helping neighbors cope with temporary financial setbacks by guiding them to free resources and delivering necessities.

Recommended on FB

Spokane Human Rights Commission

1330 N Washington St #2460 (Rock Pointe Corporate Ctr)

☎ 568.3196



<https://my.spokanecity.org/bcc/commissions/spokane-human-rights-commission>

Notes: meets the first Thursday of each month at 5:30 p.m. Mission Statement/Purpose: The Human Rights Commission advises and makes recommendations to the City Council regarding issues related to human rights and unjust discrimination and the implementation of programs consistent with the needs of all residents of the City of Spokane.

Also publicly sourced on:

<https://lgbtq.wa.gov/resources/county/Spokane>

Human Rights Spokane

🏠 www.reporthatebias.org

🏠 www.humanrightsspokane.org/hate-report

Also publicly sourced on: Pride ad for Inlander 6 Jun 2024

Spokane Pride

715 E Sprague #115

☎ 822.7190

🏠 www.spokanepride.org

Sponsors Pride events. Creates visible, supportive community for LGBT persons. Also publicly sourced on: direct comms, www.gayrealestate.com/news/usa/washington/spokane/spokane-washington-gay-city-guide.html, <https://lgbtq.wa.gov/resources/county/Spokane>

Spokane Safe Place

🏠 <https://my.spokanecity.org/safeplace>

It's an agreement between businesses, the police department and the community to report crimes (especially hate crimes) and provide a place for victims to safely wait for police. Business owners request a decal to display near their front door to highlight their commitment to and participation in the initiative. Participating businesses agree to report crimes and are required to train employees, volunteers, and staff on the reporting of crime, especially hate crimes. Businesses agree to allow a victim/complainant to wait inside their location for police arrival.

Hospice Of Spokane

121 S Arthur St

PO Box 2215 Spokane WA 99210

☎ 456.0438

☎ 888.459.0438

🏠 www.hospiceofspokane.org

FB /hospiceofspokane

Hospice, grief support groups

Also publicly sourced on: LGBT Near Me

Spokane Regional Health District

HIV/STD Prevention

1101 W College Ave

☎ 324.1494

☎ 800.272.2437

🏠 www.srhd.org/programs-and-services/hiv-std-services

Provides prevention, case management, PrEP, needle exchange, and testing. As a part of its overall public health mission, the health district provides leadership in helping manage the HIV epidemic by working with community and state partners in prevention, case management, surveillance and evaluation activities.

Also publicly sourced on: LGBT Near Me

YWCA, Community

☎ 326.1190 Front Desk

FB [/ywcaspokane](https://www.facebook.com/ywcaspokane)

IG [/ywcaspokane](https://www.instagram.com/ywcaspokane)

LI [/company/ywca-of-spokane](https://www.linkedin.com/company/ywca-of-spokane)

🏠 <https://ywcaspokane.org>

☎ 326.2255, 24hr helpline

Text 220.3725 24hr

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✉ help@ywcaspokane.org 24hr

YWCA Spokane is a social services agency that primarily serves survivors of intimate partner domestic violence. Our mission is “eliminating racism empowering women” and we offer services including support advocacy, housing support and shelter, legal support, mental health therapy, women’s empowerment programs, and free pre-school. YWCA Spokane proudly serves all. The environment is trauma-informed and inclusive of all LGBTQ+ identities.

🏠 <https://ywcaspokane.org/tag/lgbtq>

🏠 <https://ywcaspokane.org/support-lgbt-youth>

Also publicly sourced on: direct comms, 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024), Sponsor of 2025 Tri-Cities Pride

Washington State LGBTQ Commission, *SIGN-UP! For newsletter IMPORTANT*



<https://lgbtq.wa.gov/resources/county/Spokane>

Community Health Plan of Washington (CHPW)

🏠 www.chpw.org

Offers resources for **LGBTQ+** individuals, including community programs, case management, and connections to local resources for food, shelter, and job training.

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Coordinated Care

☎ 1.877.644.4613

🏠 www.coordinatedcarehealth.com


A managed care organization that provides healthcare services to more than 200,000 members across Washington state. Coordinated Care has a commitment to improving the health of the community one individual at a time through affordable and reliable health care plans. We’re here to treat the whole person by breaking down barriers to accessing care, walking members through their benefits and connecting them to what they need.

Trans


 Trans focus

Pink Haven Coalition

 www.pinkhaven.org

 We are a collective of organizations and individuals who are committed to trans liberation and joy and to growing community defense, mutual-aid, and alternative systems of care for gender diverse people. At a time when many places in the United States are seeking to eradicate trans and non-binary people from public life, we are committed to mobilizing justice-lovers who will declare "Not on my watch!" We have the will, the compassion, the experience, the pluck, and the resources to keep our trans communities and gender expansive beloveds safe. Centering the security of the trans organizers leading this work, we are gathering supporters from a wide array of communities and organizations.


Trans Lifeline

 877.565.8860

 www.translifeline.org


FB [/TransLifeline](https://www.facebook.com/TransLifeline)

IG [/translifeline](https://www.instagram.com/translifeline)

 Trans Lifeline provides trans peer support for our community that's been divested from police since day one. We're run by and for trans people.

Trans Spokane


906 W Main Ave

 www.transspokane.org

 www.transspokane.org/resources

FB [/groups/transspokane](https://www.facebook.com/groups/transspokane)

IG [/trans_spokane](https://www.instagram.com/trans_spokane)


 Trans Spokane is a trans-led social and support community providing connections for 18+ trans/gender expansive people of Eastern WA and North ID. We have weekly meetings, an online Discord community, and outreach events. Our in-person

meetings happen on the first Saturday and third Thursday at the Central Spokane Library. Check our social media for the most up-to-date info!"


Also publicly sourced on: direct comms

Spokane Trans and Trans Allies


FB [/groups/1337057999720729](https://www.facebook.com/groups/1337057999720729)


 This is a group that allows Trans people and Trans allies. We welcome anyone who is either learning about the trans community or is Trans.

Trans Discord


 Server for Spokane, has an in-person meeting every other week. If you can't make it to those, there's always spontaneous hangouts happening.

Transhealth Program

 www.hca.wa.gov/free-or-low-cost-health-care/i-need-medical-dental-or-vision-care/transhealth-program#:~:text=How%20to%20provide%20the%20required,can%20email%20the%20Transhealth%20Program

 The Washington State Health Care Authority (HCA)'s Transhealth Program provides support for individuals seeking gender-affirming treatments, including assistance with documentation requirements and referrals to providers.

Gender Identity and Health Coverage

 www.hca.wa.gov/about-hca/other-administrative-activities/gender-identity-information#:~:text=Why%20add%20gender%20identity?,to%20our%20members'%20health%20coverage

The Washington State Health Care Authority (HCA) aligns with the Department of Health (DOH) and the Department of Licensing (DOL) by allowing individuals to **change their sex designation on birth certificates and driver's licenses to reflect their**

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gender identity. The HCA also extends the same options to its members' health coverage.

Stand For Trans

🌟 <https://strandsfortrans.org>

🏳️ A list of friendly stylists.

Trans Clothing Swap

@ Black Bee Tattoos & Piercings

610 W 2nd Ave

FB [/blackbeetattoos](#)

IG [/blackbeetattoos](#)

A piece-by-piece donation rack located here in our studio. It is for people beginning their transitioning journey (whether medically or socially) to come in and bring their old clothes to piece-by-piece swap with items we have. We are always looking for donations from the community, and so far, have quite the collection to choose from! Open during business hours.

See main listing for more info.

Also publicly sourced on: direct comms

Washington State Trans* Network

FB [/groups/watransnetwork](#)

🏳️ This group is created for connecting, networking, socializing, and educating trans* individuals in the state of Washington. All welcome, regardless of their "label", transition status or intention. Also publicly sourced on: RAC

without pay, elderly, undocumented, **queer**, Black, Indigenous, and/or people of color — including those displaced from Spokane to the nearby areas.

Also publicly sourced on:

<https://lgbtq.wa.gov/resources/county/Spokane>

Mutual Aid Survival Squad

IG [/mutualaidssurvivalsquad](#)

Mutual Aid Survival Squad is a non-hierarchical horizontally-organized group of community members seeking to improve material conditions for people in Spokane.

Pink Haven Coalition

🌟 www.pinkhaven.org

🏳️ We are a collective of organizations and individuals who are committed to trans liberation and joy and to growing community defense, **mutual-aid**, and alternative systems of care for gender diverse people.

See main listing for more info.

Mutual Aid

Mutual Aid Spokane County

IG [/mutualaiddisasterrelief](#)

🌟 <https://mutualaiddisasterrelief.org/conspirators/mutual-aid-spokane-county>

Mutual Aid Disaster Relief is a grassroots disaster relief network based on the principles of solidarity, mutual aid, and autonomous direct action. We are an all-volunteer grassroots group operating in Spokane County. We are prioritizing folks who are sick, disabled, quarantined

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Education



Support Resources (Definitions, Learn the Terms, etc.), Learning Centers, Colleges, Universities, Schools, etc.

Community Colleges of Spokane

Had full-page Pride edition (with Pride flag) ad for Inlander 6 Jun 2024

Community Connections Learning Center

1222 N Post St

☎ 919.7354

🌐 www.ccllearningcenter.org

🇺🇸🌱 Sustainable. Mariah knows - it's like a community village business.

Also publicly sourced on: [Live Local INW](#)

Communities In Schools of Spokane County

☎ 413.1436

FB [/CISSPOKANE](#)

<https://spokane.ciswa.org>

Communities In Schools of Spokane County (CISSC) is a nonprofit organization that works inside of schools to connect students with the resources that they need most to surround students with a community of support, empowering them to stay in school and achieve in life. We believe that ALL students, regardless of race, gender, sexual orientation, zip code, or socioeconomic background should have what they need to realize their potential in school and beyond.

Also publicly sourced on: direct comms

Eastern Washington University

🌐 www.ewu.edu/pridecenter

The Eagle Pride Center (PUB 336) is open Monday-Friday from 9am-9pm! Also publicly sourced on: had full-page "You Are Welcome Here" Pride ad for Inlander 6 Jun 2024 edition, 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Flora and Fauna Learning Center

9102 E Columbia Dr

☎ 866.6380

FB [/florafaunalc](#)

🌐 www.florafaunalc.org

IG [/florafaunalc](#)

LI [/company/flora-and-fauna-learning-center-spc](#)

✉ Enrollment@florafaunalc.org

🇺🇸 Enrolling Children 30 months -10 years! Here at Flora and Fauna Learning Center SPC, we strive to provide a variety of age-appropriate experiences and activities inside and outside of the classroom that center around universal concepts with a heavy emphasis on our play and interactions within the natural world, defined loosely as all things existing in nature that are not made or caused by humans. Developmentally appropriate activities and experiences will vary class to class as we encourage our staff and volunteers to teach who they are, a pedagogy that encourages individuals to bring their unique experiences to the table.

Also publicly sourced on: direct comms

Queer Digital History Project, The

"an independent community digital history project documenting pre-2010 LGBTQ digital spaces online. The project offers a catalog of and digital exhibits on early LGBTQ online communities, archival documents from early communities, and resources for learning more about LGBTQ internet history. We're also currently collecting oral histories from folks who were active in LGBTQ spaces on the early Internet, so feel free to reach out!"

Also publicly sourced on: direct comms

Spark Central

1214 W Summit Pkwy

☎ 279.0299

🌐 <https://spark-central.org>

Learning Center. "Spark Central is a 501(c)3 nonprofit that ignites the

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creativity, innovation, and imagination necessary for people to forge the path to their best future. We break down barriers to creativity like cost, confidence, and access by offering transformative programs, access to innovative technology, and a welcoming creative community for people of all economic backgrounds. Everyone deserves the opportunity to forge the future they imagine. As a charitable organization, we rely on the generosity of people like you to keep our membership and programs available at no cost so income is never a barrier to opportunity."

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Spokane Falls Community College (SFCC). The Alliance

3410 W. Fort George Wright Dr

☎ 533.3586

🏠 www.sfcc.spokane.edu/For-Our-Students/Student-Engagement/Student-Engagement-test/Alliance-Club

Student group. The Alliance works to provide a safe space for LGBTQ2S+ people in order to bring about a greater understanding and awareness of diverse sexual orientations and gender identities/expressions. We provide educational, cultural, and social programs and activities. SFCC Alliance Club promotes LGBTQ2S+ friendly events that contribute to understanding, acceptance, and discussion of human sexuality and gender identity/expression. Did you know that the Alliance is proud to host the Pride Collection, a compilation of LGBTQ2S+-related material in the SFCC library? Peruse the library for movies, books, magazines, and reference material. Also publicly sourced on: LGBT Near Me,

Spokane Community College

Had full-page Pride edition (with Pride flag) ad for Inlander 6 Jun 2024

Spokane Falls Community College (SFCC)

Bldg 17 (Student Union Bldg), Room 125

☎ 533.4331

The MOSAIC Office consist of the MOSAIC Center (the center for culture, inclusion, and community) and the LGBT+ Student Center. The LGBT+ Student Center strives to provide an affirming space for people of all sexual and gender identities. LGBT+ Student Center promotes retention of diverse student populations and develops initiatives and programming that affirm and support the diversity of SFCC.

🏠 <https://sfcc.spokane.edu/For-Our-Students/Student-Resources/Mosaic/LGBT>

Also publicly sourced on: Had full-page Pride edition (with Pride flag) ad for Inlander 6 Jun 2024

<https://lgbtq.wa.gov/resources/county/Spokane>

LGBTQ Homeschool Association

<https://lgbtqhomeschool.org>

Gonzaga University

Name and Gender Change ID Clinic

FB [/zaglawcivilrights](#)

IG [/zaglawcivilrights](#)

"Gonzaga University School of Law's Center for Civil and Human Rights hosts a monthly Name and Gender Change ID Clinic to assist non-binary and transgender individuals with updating their identification, including state IDs, passports, birth certificates, and Social Security information. When needed, a notary will also be present to assist with document notarization."

🌟 www.gonzaga.edu/school-of-law/clinic-centers/center-for-civil-human-rights/name-and-gender-change-id-clinic

Center for Civil and Human Rights, The

☎ 313.3728

"The Center for Civil and Human Rights provides students, scholars, and community leaders with opportunities to explore and address issues relating to civil and human rights through research, education, and community engagement."

🌟 www.gonzaga.edu/school-of-law/clinic-centers/center-for-civil-human-rights

Lincoln LGBTQ+ Rights Clinic

"The Lincoln LGBTQ+ Rights Clinic works to protect and advance the equal rights and dignity of individuals who identify as LGBTQ+. Through education, programming, advocacy, research, and legal representation, the Clinic focuses on promoting reforms that support those who are marginalized and underserved because of their gender identity or expression. The Clinic collaborates with Gonzaga's Lincoln LGBTQ+ Resource Center to provide education and outreach."

🌟 www.gonzaga.edu/school-of-law/clinic-centers/law-clinic/lgbtq-rights-clinic

Donate to the Lincoln LGBTQ+ Rights Clinic:

<https://securelb.imodules.com/s/829/giving/form.aspx?sid=829&qid=2&pgid=5294&cid=9836&dids=1223>

Lincoln LGBTQ+ Resource Center

502 E Boone Ave Ste 210 (Located in Hemmingson Ctr)

☎ 313.4140

The center is a hub of resources for those seeking information about gender, gender identity, gender expression, sexual orientation, and a spectrum of other intersecting topics. Our goal is to be a safe, inclusive, and affirming space for all. We also welcome any student with a desire to self-educate on queer culture and identity.

Also publicly sourced on: direct comms

Gonzaga University, Queer Student Union

502 E Boone Ave

IG [/qsugonzaga](#)

Social group for LGBT students. Gonzaga's Queer Student Union is committed to immersion in LGBTQ+ culture, raising awareness about issues as well as fostering acceptance in the Gonzaga and Spokane communities, and creating a welcoming space for LGBTQ+ students and our allies. Our mission is to educate about queer culture, build an empathetic community that both understands and respects us, and build a foundation of friendship and solidarity in order to create lasting social change and justice.

Also publicly sourced on: direct comms

Youth & Elder

Home Care, etc.

Please see Business Guide for the following:

**All Ways Caring Home Care
LGBTQ+ Seniors of the Inland
Northwest
Sacred Circle**

Odyssey Youth Movement

1121 S Perry St

☎ 325.3637

🏠 www.odysseyyouth.org

FB [/odysseyyouth](https://www.facebook.com/odysseyyouth)

Drop-in hours, education/skill building and support for 13-24. Odyssey Youth Movement promotes equity for LGBTQ+ youth and young adults in the Inland Northwest through peer-led programs and community education. Odyssey offers a drop-in program in the South Perry district of Spokane on Mondays, Wednesdays, and Fridays from 3-8PM for LGBTQ+ youth ages 13-18 and on Thursdays from 5-9PM for LGBTQ+ young adults ages 18-24. At drop-in, attendees can access a variety of free items through Odyssey's basic needs program, including a gender-affirming clothing closet, a shower & hygiene supplies, a hot meal & snacks, and referrals from Odyssey staff to other community resources such as mental health support or medical care.

Also publicly sourced on: RAC, LGBT Near Me,

www.visitspokane.com/blog/experience-pride-in-spokane, 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024),

EWU Pride Center

www.gayrealestate.com/news/usa/washington/spokane/spokane-washington-gay-city-guide.html,

<https://lgbtq.wa.gov/resources/county/Spokane>

Rudd, Becky. PhD

407 E 2nd Ave Ste 250 (Center for Solace)

☎ 315.9776

🏠 <https://centerforsolace.com/groups>

FB [/centerforsolace](https://www.facebook.com/centerforsolace)

MA, MBA, LMFT, LMHC, NCC, RPT-S. Mental Health LGBT **Youth Group**. Center for Solace is committed to being at the forefront of knowledge, education and leadership in the field of mental and behavioral health to ensure we provide the most efficient and effective behavioral health care to individuals, couples and families.

Also publicly sourced on: RAC.

Northwest LGBT Senior Care Providers Network

🏠 <https://nwlgbtseniorcare.org>

LGBTQ+ Seniors of the Inland Northwest



www.lgbtqseniorsoftheinlandnorthwest.com

🏳️‍🌈 LGBTQ+ Seniors of the Inland Northwest is a member driven, supportive and affirming network for older LGBTQ+ people and their families. Although the group is geared toward seniors, there isn't a set age to join. If you would like more information, or would like to join the LGBTQ+ Seniors of the Inland Northwest, please contact us through our website. Also publicly sourced on: direct comms

Social

Social Groups, Social Outings, etc.

Harvey's Place

FB [/groups/181853775573833](https://www.facebook.com/groups/181853775573833)

A local LGBTQ+ support and networking group focused on the Spokane and Inland Northwest community. It's not for dating or personal bios — more for event updates, community support, and connecting with queer folks and strong allies.

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Also publicly sourced on: direct comms

Inland Northwest Bears

FB [/groups/INWBears](#)

The Inland Northwest Bears is a group centered around but not exclusive to the bear community. We are a men's group built around community and social interactions. We enjoy activities with other members of the GLBTQ community. Our core membership is the bear community; however, we do not limit our membership to that. If you want to have a good group of guys to hang with, we are the group you are looking for. Please see the above link for more info!

Also publicly sourced on: direct comms

Inland Northwest LGBTQ+ Discord

"Recently created with the intent of connecting people with similar interests and experiences. It's quite new and getting off the ground, but we're happy to have people who will soon be moving here!"

🔗 <https://discord.gg/C75UR7nQvM>

Also publicly sourced on: direct comms

LGBTQ+ In The PNW

FB [/groups/LGBTQInThePNW](#)

Lesbian, Gay, Bi, Trans, Queer / Questioning, Plus in the Pacific NorthWest That includes Washington, Alaska, Hawaii, Idaho, Oregon, British Columbia. This is a casual group for community building, events, friendship, news, memes, and peer support.

PNW LGBTQ2S+ & Allies

FB [/groups/313500532391828](#)

This is a place for all LGBTQ2S+ and allies to feel safe and welcome. This is a place to share fun events, stories, make friends and all-around support each other in a judgement free zone.

Pride!

FB [/groups/621803056576938](#)

This group is to give info about pride events and network volunteers to help.

Lilac City Queers

www.facebook.com/groups/1319265974859827

This is a safe place for all LGBTQ folks and allies in and surrounding the Spokane area. Socialize, network, make friends. This is a community group, so make it yours! Share local events! Please be respectful of others and all identities. Participate, invite your friends, grow your community 🏳️‍🌈

Proud Times Bulletin Board

FB [/groups/362975670530656](#)

A place for the Inland Northwest Out & Proud Community members to share upcoming events, requests for employment, housing, transportation and other real-world needs

Washington And Idaho LGBTQ+

FB [/groups/199064310430007](#)

Family

Family Planning, Birth Resources, Doula, Parenting, Adoption, Fostering, Children, Baby, Babies, Pediatrician, Pediatrics, Midwife, Surrogacy, Genealogy, etc.

*Please see Photography section for family portraits

*Please see Counseling section for family counseling

Please see Business Guide for the following:

**Genealogist/ Genealogical Research
Rossi Elliott-Airy. Midwife
Spokane Birth Resources
Birth and Beyond, Birth & Beyond,
Doula Services
Clover Blossom Doula
Kindly Doula
Storey Told Photography**

Family Guide, The

1406 W 3rd Ave Ste B

☎ 928.9664

🌐 www.thefamilyguide.org/-and-https%3A/www.spokaneunitedwestand.org

▲🕒 Non-Profit, Immigrant-Owned, BIPOC-Owned. Please see main listing for more info.

Also publicly sourced on: [Live Local INW](#)

Family Promise of Spokane

☎ 747.5487

www.familypromiseofspokane.org

▲ Equipping families & communities to end the cycle of homelessness. Because every child deserves a home, regardless of their family structure or makeup.

Also publicly sourced on: direct comms

Northeast Youth and Family Services (NEYFS)

19 E Queen Ave

☎ 475.6793

🌐 <https://neyfs.org>

FB [/NEYFSSpokane](#)

IG [/Neyfsspokane](#)

LI [/company/northeast-youth-and-family-services](#)

🌈🕒 Non-Profit, BIPOC-Owned. No barrier **family** resource center for Diapers, Hygiene, clothing and food. open M-Th for walk-ins from 10am-2pm.

Also publicly sourced on: [Live Local INW](#)

Lutheran Community Services Northwest (LCSNW)

210 W Sprague Ave

☎ 747.8224

🌐 <https://lcsnw.org/office/spokane>

🌐 <https://lcsnw.org/2024/06/pride-is-more-than-a-month>

LCSNW provides to LGBTQ clients

every day, all year long. Our services are trauma-informed, culturally appropriate and don't exclude on the basis of a person's sexual orientation, gender identity, or expression. Posted 27 Jan 2025: Last week brought devastating news to the **LGBT+** and immigrant communities. If you are looking for a way to support the refugee and immigrant community, consider **fostering** a refugee youth. In some cases, the youth we serve have experienced persecution because they are also a part of the queer community, so your own experiences can provide a supportive home for a youth to thrive. If you are interested in learning more, please join us for an information session. View and sign up for a time here:

🌐 <https://forms.office.com/r/xQpQWhfBUX>

Recommended on FB, Spokane Pride

Queer Parenting Community of Spokane

FB [/groups/931066922065866](#)

This is intended to be a safe space for all LGBTQIA+ folks who are parenting and caregiving for children. This group is for chatting, sharing resources, sharing events, and creating community centering

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the experience of raising children. Organization of meet ups and community events is welcome here. Discussing challenges and successes of parenting and caregiving for children is welcome here. Also publicly sourced on:

Working Families Tax Credit – DOR

1330 N Washington St #5600

☎ 360.763.7300

<https://workingfamiliescredit.wa.gov>

The Working Families Tax Credit is a tax refund that helps Washington working individuals, couples, and families get money back. The refund returns a portion of sales tax paid each year and is modeled after the federal Earned Income Tax Credit program. The purpose of the Working Families Tax Credit is to stimulate the local economy, promote racial equity, and support the financial stability and well-being of low-to-moderate income Washington residents and families. In tax year 2024, eligible households can receive up to \$1,290 back- applicants may check if they are eligible or apply through our website.

Also publicly sourced on: direct comms

YWCA, Family

🏠 <https://ywcaspokane.org/eceap>

☎ 326.1190 Front Desk

Early Childhood Education & Assistance Program (ECEAP) YWCA's Free Preschool Program provides education, resources, health and nutrition services, family support, advocacy training, and parent education in Downtown Spokane, Medical Lake, and Airway Heights for youth 3 and 4 years old and their families. All five classrooms follow a school day model with learning 8am - 3pm Monday - Thursday.

🏠 <https://ywcaspokane.org/tag/lgbtq>

🏠 <https://ywcaspokane.org/support-lgbt-youth>

Also publicly sourced on: direct comms, 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Pakpreo, Ponrat. Pediatrics

☎ 944.8860



www.providence.org/doctors/profile/197070-ponrat-pakpreo

Providence Medical Park - Adolescent Medicine, MD, MPH. Affiliated with Providence Sacred Heart Medical Center and Children's Hospital.

Also publicly sourced on: RAC.

deViveiros, Elizabeth. Pediatrics

701 W 7th Ave Ste 130

☎ 995.2924

MA, LMHC, NCC. Areas of practice: Counseling, Psychology, Pediatrics. Telecare: Yes.

Also publicly sourced on: RAC.

Postpartum Support International

🏠 www.postpartum.net

This online resource has a directory of specialists that focus on postpartum mental health, as well as a grief counseling, listed by region. Virtual support groups for **LGBTQ+**, some specific cultural communities, and dads available.

Also publicly sourced on:

www.cloverblossomdoula.com

Women, Infants, and Children (WIC) program

☎ 800.841.1410

In Washington State, the WIC is committed to providing nutrition support and services to all families, including **LGBTQ+ individuals, and does not discriminate based on sexual orientation or gender identity.**

WIC Eligibility: WIC is a nutrition program for people who are pregnant, recently delivered a baby, breast and chest feeding, and infants and children under 5 years old. Dads, grandparents, and other caregivers of children under 5 years old may also sign up their children for WIC. WIC ensures that all eligible individuals, including those who identify as **LGBTQ+**, can access the program's services and benefits, which include nutrition education, food vouchers, and referrals to other resources.

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Blood Donations

Platelets, Whole Blood, Plasma, etc.

American Red Cross, Greater Inland Northwest

315 W. Nora Ave

☎ 326.3330

Vitalant Blood Donation

11921 N Division St Suites 200 & 300

//

210 W Cataldo Ave

🌐 www.vitalant.org/eligibilityupdate

🌐 www.vitalant.org/about-us/dei

Dental

Dentist, Dentistry, Teeth, Tooth, Oral Health, etc.

Please see Business Guide for the following:

Bright Now! Dental

Delta Dental

South Hill Comprehensive Dentistry, Ulysses "Lee" Vargas, DDS

Apple Health

The name for Medicaid in Washington. Apple Health is free or low-cost health and **dental** coverage for those who qualify. You can apply for Apple Health at any time and it is available year-round.

🌐 www.wahealthplanfinder.org/us/en/my-account/my-coverage/learnapplehealth.html.

Arcora Foundation

🌐 <https://arcorafoundation.org>



<https://arcorafoundation.org/commitment-to-dei>

Bending the Arc of **Oral Health** Toward Equity.

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Native Project, The

1803 W Maxwell Ave

☎ 483.7535

☀ "Provides **dental** services for both Natives and Non-Natives in the Spokane community."

See main listing for more info.

Medical

Clinic, Health, Medicine, etc.

Healthcare and Mental Health Resources

Items to consider discussing with your provider:

Pronouns.

Gender Identity.

Chosen Name.

Racial, Ethnic Identity.

HIV specific treatment.

Info on PrEP.

Work experience/ lived experience with LGBTQ+ community.

Gender neutral bathrooms.

Description of bathrooms.

Is office ADA certified.

LGBTQ+ affirming training.

Transgender affirming training.

Racial justice or anti-racist training.

Please see Business Guide for the following:

Make Sense of ADHD

Kinwell Primary Care

Weinstein, Jessica. Ophthalmologist (eye care)

LGBTQ2+ Prescription Savings

Program offered by Outcare Health

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Obesity care Molina Healthcare

Apple Health

🌐 www.wahealthplanfinder.org/us/en/my-account/my-coverage/learnapplehealth.html.

The name for Medicaid in Washington. Apple Health is free or low-cost health and dental coverage for those who qualify. You can apply for Apple Health at any time and it is available year-round.

Washington Health Plan Finder

🌐 www.wahealthplanfinder.org

The place to shop for a health plan in Washington.

LGBTQ+ friendly healthcare near you

🌐 <https://lgbtqhealthcaredirectory.org>

Native Project, The

1803 W Maxwell Ave

☎ 483.7535



See main listing for more info.

Better Health Together (BHT)

157 S Howard St Suite 300 (Holley Mason Bldg)

🌐 www.betterhealthtogether.org

Also publicly sourced on: 2025 Sponsor of Pride, 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024), direct comms

Community Health Association of Spokane (CHAS)

☎ 444.8200, 24/7 Nurse Advice Hotline

🌐 <https://chas.org>

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Kaiser Permanente

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

MultiCare

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)



Mental Health



Mental Health, LGBTQ+ Focus Note:

Are all the therapists listed themselves members of the LGBTQ+ community? While therapists may choose to disclose their sexual orientation or gender identity, this directory features not only those who have shared this info but also those who assert specialized training or experience in providing support to queer individuals, couples or families.

☆ www.psychologytoday.com/us/therapists/wa/spokane/cliffcannon?category=bisexual&page=2

☆ www.psychologytoday.com/us/therapists/wa/medical-lake?category=gay&spec=186&spec=185

Please see Business Guide for the following:

“Therapists That Wine” Meetup
Spokane Counseling Hub
Basalt Counseling Services
Body & Bind Counseling
Miley, Erika Dr. at Center for Mental and Sexual Health
Intimate Insights Counseling
Perfectly Queer Counseling
Queer Doc
Rachel Frickleton Counseling
Spiral Sound Healing
True Colors, Counseling, PLLC
Vibrant Growth PLLC
Waypoints Counseling Services
Asbell, Laura. PhD. Asbell Health Strategies
Alderman, Daniel. Discovery Path Counseling
Intrinsic Growth Counseling
Fitz Emerald Fitzpatrick, Queer of Cups Counseling
Foundations Family Support
Jagiello, Judy, PsyD. Psychologist

Jupiter Counseling, PLLC (DBA: Stardust Counseling)
Markham, Marybeth
Shannon, Mitchell
Thompson, Meredith. LICSW
National Queer & Trans Therapists of Color Network

Discovery Counseling Group
1008 N Washington St
☎ 413.1193
☆ <https://discovery-counseling.org>
FB [/DCGwa](https://www.facebook.com/DCGwa)
IG [/discoverycounselinggroup](https://www.instagram.com/discoverycounselinggroup)

▲ ● BIPOC-Owned. We contract with Developmental Disability Administration (DDA), Department of Children Youth and Family Services (DCYFS), Aging and Long-Term Care of Eastern Washington. Staffed by State licensed clinicians and caring administrative staff with years of service. Also publicly sourced on: [Live Local INW](https://www.live-local.inw.gov/)

Mental Health Professionals, Therapy

Frontier Behavioral Health

☎ 1.877.266.181
24/7 Regional Crisis Line:
Eastern Washington 211
☆ <https://wa211.org>
☆ <https://fbhwa.org>

A nonprofit Trauma-Informed Care organization that provides clinically and culturally appropriate behavioral healthcare and related services to individuals of all ages in collaboration with community partners. We prioritize the delivery of services for individuals and families who are at high risk, high need or publicly funded.

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

YWCA, Mental Health

☆ <https://ywcaspokane.org/therapy>
☎ 326.1190 Front Desk
☎ 326.2255, 24hr helpline

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Text 220.3725 24hr

✉ help@ywcaspokane.org 24hr

YWCA Spokane therapists specialize in working with survivors of intimate partner violence, sexual assault/abuse, post-traumatic stress disorder (PTSD), complex trauma, anxiety, and depression. We serve adults, children, adolescents, couples, and families, all with a trauma-informed lens.

🌐 <https://ywcaspokane.org/tag/lgbtq>

🌐 <https://ywcaspokane.org/support-lgbt-youth>

Also publicly sourced on: direct comms, 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Mental Health Research

Role-playing Game (RPG) Research. Recreational Therapy

1312 N Monroe Ste 114

☎ 608.7630

☎ 833.774.4636 x709

🌐 www.rpgresearch.com

▲ We provide tabletop role-playing game (RPG) community programs to teens and adults. Research & community programs measurably improving lives! A 501(c)3 non-profit charitable organization. Learn, share, support, participate, cooperate, grow, empower.

Also publicly sourced on: direct comms

Trans Focus

Marriage and Family Therapists (MFTs), Transgender Resources for MFTs.



www.aamft.org/AAMFT/enhance_knowledge/Transgender_Resources.aspx?hkey=8d59a121-b666-4937-a4e9-b60dfb388688#/legislators.

Transgender Health. World Professional Association for Transgender Health

🌐 <https://app.wpath.org>

Providers:

Agrella, Casidhe

901 E 2nd Ave Ste 206

☎ 570.3176

🌐 <https://imaginecounselingspokane.com>

Also publicly sourced on: WPATH, RAC.

Hendrickson, Raelean

5615 W Sunset Hwy

☎ 241.7914



<https://wa.kaiserpermanente.org/html/public/services/transgender>

Also publicly sourced on: WPATH, RAC

Wilhelm, Sarah. MD

624 E Front Ave

☎ 626.9900

Spokane Teaching Health Clinic.

Also publicly sourced on: WPATH, RAC

Language

Speech Therapy, American Sign Language, Deaf or Hard of Hearing, etc.

Please see Business Guide for the following:

A2Z Interpreting
Deafies in Drag

National Suicide Prevention Lifeline

☎ 800.273.8255. Online Chat

Deaf or Hard of Hearing.



Housing



Housing Resources (and Places to Stay in Spokane)

Housing is a human right.
Housing for all.
Housing first.

Please see Business Guide for the following:

Koehler Cleaning Services
Limpieza De Casas Uli (home cleaning)
Sacred Circle (home cleaning)
KD Electric
Pacific Northwest Electric
AVISTA (Energy)
Spokane Handy Lady, LLC
Dependable Appliance Service
Spokane Vacuum Center
Home Solutions NW (General Contracting)
MJL Home LLC (General Contracting)
Lawrence Landscape & Sprinklers
Valley Care Mowing
GE Painting
Biomethane, LLC

APIC Spokane

25 W Main Ave #404

📍 <https://aclispokane.org>

Dedicated to advocating for racial, social, and economic justice for Asians & Asian Americans in solidarity with Native Hawaiian, Pacific Islander, Black, Brown, Indigenous, **LGBTQ+**, and other systemically oppressed communities. APIC's ADVOCACY: Justice in education, the environment, for immigrants, and all living beings. Focus on: Disaggregation of AA & NH/PI populations; Reclaiming our power and right to life, Disrupting the "model minority myth", Equitable **housing** and tenants' rights, Police accountability, Healthcare for all. We know there's a lot going on in the world that is affecting our physical and mental health. APIC is

partnering with several health organizations to help bring to light the strengths and resiliency of our diverse Asian and Asian American populations and examine the biggest barriers to living to our full potential. To stay informed and find out how you can weigh in on our Community Health Assessment.

Next Chapter, Home and Leadership Development

FB [/nextchapter Spokane](#)

IG [/nextchapter Spokane](#)

📍 <https://nextchapterhome.org>

Imagine living on the streets, in the darkest days of your life... Then imagine getting keys to housing, a place to call home. But that home is empty and you move in with the clothes on your back and not much else. In addition to focusing on employment and health in order to stay housed, you have to figure out how to get a couch to relax on, bath towels, kitchen items to cook for yourself; the list is endless to establish home necessities. This is the reality for newly housed persons in our region. Next Chapter provides home goods and furnishings to lighten the overwhelming obstacles of making a house a home for someone starting a new chapter in their life. Community Partner: SAN Pride Also publicly sourced on: direct comms

Northwest Fair Housing Alliance

35 W. Main Ave Ste 250

☎ 325.2665

☎ 1.800.200.3247

📍 www.nwfairhouse.org

📍 <https://nwfairhouse.org/protected-classes/sexual-orientation>

📍 https://nwfairhouse.org/media/documents/LGBT-FH-brochure_English_2016.pdf

Also publicly sourced on: had LGBTQ+/queer couple pictured ad for Pride edition for Inlander 6 Jun 2024

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Northwest Justice Project

1702 W Broadway Ave

☎ 324.9128

🌐 <https://nwjustice.org>

The Northwest Justice Project (NJP) is Washington's publicly funded legal aid program. Each year NJP provides critical civil legal assistance and representation to thousands of people with low incomes in cases affecting basic human needs such as family safety and security, **housing preservation**, protection of income, access to health care, education and other basic needs.

Peer Spokane

1222 N Post St

☎ 867.3778

🌐 www.peerspokane.org/services

Peer Spokane envisions individuals in communities connected by the shared values of health and well-being, personal development, and compassionate support of one another. Our Supportive Housing services are available to members requiring assistance finding **housing** resources.

Also publicly sourced on: Fig Tree

Resident Action Project (RAP)

A program of the Washington Low Income **Housing** Alliance (WLIHA) and the Washington **Housing** Alliance Action Fund. Our work is supported by the Center for Community Change. RAP is a statewide network in Washington led by people who live in low-income **housing**, have experienced **housing** injustice, instability, and/or homelessness. As well as nonprofit and direct service staff. Together, we are building power to change local and state policy through storytelling, organizing, and civic engagement. We know that too many of the people with this lived-experience are Black, Indigenous, and persons of color (BIPOC), people who identify as LGBTQIA2S+, people with disabilities, immigrants & refugee, older adults, veterans, and single parent families, just to name a few. We also know that **housing** is also part of a larger system of oppression we are trying

to dismantle in our organizing work. If You Believe: Like air to breathe and food to eat, safe shelter is a basic human need. That everyone should be able to live in a neighborhood with good schools, grocery stores, parks, and libraries. That every person deserves the right to a safe, secure, and affordable place to live no matter what they look like, where they came from, or how much money they have. Then we need dedicated people like you to help fight for **housing** justice.

Spokane Queer Housing

FB [/groups/1837075319838192](https://www.facebook.com/groups/1837075319838192)

In looking for queer-friendly housing in Spokane, I noticed that we did not have our own Facebook group dedicated to this issue. Housing is such a fundamental piece of our existence-- why not seek out and find homes/rooms/apartments we can call our own without having to hide our LGBTQ identity or worry we won't be accepted if we're open! I hope you share and invite others to this group, as well as post any queer-friendly housing options in our fair city. Happy Hunting! Please be sure to vet and check any and all posts you reply to.

Also publicly sourced on:

<https://lgbtq.wa.gov/resources/county/Spokane>

YWCA, Housing

☎ 326.1190 Front Desk

🌐 <https://ywcaspokane.org/housing>

🌐 <https://ywcaspokane.org/safe-shelter>

☎ 326.2255, 24hr helpline

Text 220.3725 24hr

✉ help@ywcaspokane.org 24hr

YWCA Spokane offers support for navigating a housing crisis related to intimate partner domestic violence. Housing advocates can provide information about landlord/tenant issues, resources, safety planning, and referrals to other community partners. Our 24hr helpline is here to answer questions and connect survivors and allies to resources, including our shelter, when possible.

🌐 <https://ywcaspokane.org/tag/lgbtq>

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🌟 <https://ywcaspokane.org/support-lgbt-youth>

Also publicly sourced on: direct comms, 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Legal Protections for Housing

Washington legal protections for Housing. Including protection from being unfairly evicted, denied housing, or refused the ability to rent or buy housing.

Protected for Gender identity

Protected for Sexual orientation

Reckoning Trade Project

FB [/reckoningtradeproject](#)

IG [/reckoningtradeproject](#)

The Reckoning Trade Project aims to widen employment opportunities for queer, trans, and gender non-conforming workers in the skilled trades.



www.idealists.org/en/nonprofit/e1543a794d974104884fe66e44c28765-reckoning-trade-project-tacoma

Google: This organization provides support and resources for LGBTQ+ trades workers, working to create safer and more equitable workplaces.

Build Out Alliance

IG [/buildoutalliance](#)

🌟 <https://buildoutalliance.org>

Building community beyond the profession. We advocate, connect, and empower the queer community within the design, construction, and real estate industry. Our Purpose: Founded with a vision of inclusivity, Build Out Alliance serves as a beacon for the queer community within the design and construction industry. We are a diverse coalition of professionals working toward shattering stereotypes and creating a safe and welcoming environment across the industry. We dream of an industry where everyone, regardless of their sexual orientation or gender identity, can serve openly and with pride, and we're taking active steps to turn that dream into a reality.

Dykes With Drills

FB [/dykeswithdrills](#)

IG [/dykeswithdrills](#)

🌟 www.dykeswithdrills.com

Building communities, confidence and connection. Our Mission: At Dykes With Drills, we empower women with the tools to build. We host skill building workshops, retreats, volunteer events and meet-ups, cultivating opportunities for people to connect and to use tools. In everything we do, we aim to foster inclusive, non-judgmental spaces for learning and teaching. If you've ever thought you couldn't make something because of what you've been told, we are here to help you.

Our name: We reclaim the word "dyke," turning it from a symbol of oppression and exclusion into one of empowerment and pride. We use drills and other tools to create spaces that foster diversity, inclusion, and connection. Our community of women is intentionally inclusive, welcoming participants of all sexual orientations and gender identities. Together, we build not just structures but also a stronger, more connected community. "When queer women create space, everyone is included."

— Julie Peri, FOUNDER

"When we work together anything is possible."



Realtors

Real Estate, Realty, Realtors, etc.

Please see Business Guide for the following:

**National Association of REALTORS®,
The**

**Top 8 Friendliest LGBTQ+
neighborhoods**

Brake, Gene. Broker

Eymer, Michael. HomeMeWa

**Stacey Sampson, Realtor, EvoReal
Sawyer, Hope. Amplify Real Estate
Services**

Mohney, Val, Realtor

Larossi, Nicole - exp Realty

**Peltier, Joy. Realtor, EvoReal Real
Estate**

Spokane Home Gurus

Gay Real Estate

LGBTQ+ Real Estate Alliance

<https://realestatealliance.org>

The LGBTQ+ Real Estate Alliance was launched in June 2020 by leading members of the real estate industry. Influential real estate professionals and allies joined with other members of the LGBTQ+ community to create a new voice in real estate. The Alliance began accepting members from a wide range of professionals in the real estate and housing industries starting October 2020. There are currently more than 3,100 active members of the Alliance. The Alliance is dedicated to enhancing the professional lives of our members while providing consumers with the proper resources to assist in buying, selling, and enjoying their home.

Spokane Neighborhood Action Partners (SNAP)

☎ 456.7627

Nonprofit organization. For 58 years SNAP has served the Spokane region as a leading voice on poverty. As the Spokane

area's Community Action leader, SNAP takes the lead in educating and empowering our low-income neighbors. Has a **first-time homebuyer program**. Talk to Jennifer Hentges there. Jennifer.Hentges@snapwa.org

Join Your Neighborhood Council



<https://my.spokanecity.org/neighborhoods/councils>

Info on when and where you can attend your neighborhood council meetings, find out council leadership contact info, and other neighborhood specific information.



Food Resources, Grocery, Groceries, Pantries, Drugstore, etc.

Please see Business Guide for the following:

Green's Fresh Market

Main Market Co-Op

Natural Grocers

Rocket Market

Performance Food Service

Northeast Youth and Family Services (NEYFS)

19 E Queen Ave

☎ 475.6793

🌐 <https://neyfs.org>

FB /NEYFSSpokane

IG /Neyfsspokane

LI [/company/northeast-youth-and-family-services](https://www.instagram.com/company/northeast-youth-and-family-services)

🇺🇸🇵🇷 Non-Profit, BIPOC-Owned. No barrier family resource center for Diapers, Hygiene, clothing and **food**. open M-Th for walk-ins from 10am-2pm.

Also publicly sourced on: [Live Local INW](#)

SAN Market Pantry

715 E Sprague Ave Ste 115

Hours: Friday 9 AM – 2 PM

Open to the public.

Also publicly sourced on: direct comms

Second Harvest Inland Northwest

1234 E Front Ave

☎ 534.6678

🌐 www.2-harvest.org

For more info or to learn about other ways to donate or partner:

☎ 252.6276

A Feeding America food bank serving Eastern Washington and North Idaho, is committed to fighting hunger and supports the **LGBTQ+** community, as evidenced by their **Pride** Month posts and partnerships with **LGBTQ+** organizations.

Here's a more detailed look at Second Harvest Inland Northwest and their efforts:

Mission: Second Harvest Inland Northwest is a hunger-relief network that distributes food to people facing hunger in 26 counties in Eastern Washington and North Idaho.

Reach: They distribute over 2 million pounds of free food each month, partnering with over 250 neighborhood food banks and meal centers to feed 55,000 people each week.

Support for LGBTQ+ Community:

Second Harvest Inland Northwest has shown support for the LGBTQ+ community through Pride Month posts and partnerships with LGBTQ+ organizations. Food Industry Partnerships:

They have strong relationships with the food industry, including local, regional, and national wholesalers, retailers, growers, and brokers, who contribute more than 80% of their food inventory annually.

How to Get Involved: Host a Food or Fund Drive: You can make a difference by holding a food or fund drive. Donate: You can donate food or funds to help Second Harvest fight hunger.

Legal

Legal Resources, Notary, Notaries, Divorce Attorneys, Law, etc.

Please see Business Guide for the following:

Advocates, The (Injury Attorneys)

Ezra with Glanzer Law PLLC

Jimenez Notary Services

Kuznetz, Larry J., Powell, Kuznetz and Parker

KJ's Notary Services

Sayre, Sayre, and Fossum

The Gay Certified Public Accountant (CPA)

Northwest Justice Project

1702 W Broadway Ave

☎ 324.9128

The Northwest Justice Project (NJP) is Washington's publicly funded legal aid program. Each year NJP provides critical civil legal assistance and representation to thousands of people with low incomes in cases affecting basic human needs such as family safety and security, housing preservation, protection of income, access to health care, education and other basic needs.

YWCA, Legal

🏠 <https://ywcaspokane.org/legal-support>

☎ 326.2255, 24hr helpline

Text 220.3725 24hr

✉ help@ywcaspokane.org 24hr

YWCA Spokane's Legal Department is committed to offering free assistance and advice to survivors of intimate partner domestic violence of all genders and backgrounds.

🏠 <https://ywcaspokane.org/tag/lgbtq>

🏠 <https://ywcaspokane.org/support-lgbt-youth>

Also publicly sourced on: direct comms, 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

QLaw Foundation of Washington

🏠 [www.qlawfoundation.org](http://www qlawfoundation.org)

Mission: QLaw Foundation of Washington promotes the dignity and respect of 2SLGBTQIA+ Washingtonians within the legal system through advocacy, education, and legal assistance. Our Vision: A world in which no 2SLGBTQIA+ person will face additional barriers to authentic living, access to justice, or equality before the law because of their queer identity. Our Services: QLaw Foundation offers a wide range of services to 2SLGBTQIA+ communities in Washington, including free consultations with an attorney, attorney referrals, trainings and presentations, legislative advocacy, litigation support, and amicus work.

//

QLaw Association is our sibling organization but we do very different work. Their information is:

QLaw Association

🏠 www.qlaw.org

Mission: QLaw Association is an association of LGBTQ+ legal professionals and their friends. Serving as a voice of LGBTQ+ lawyers and other legal professionals in the State of Washington on issues relating to diversity and equality in the legal profession, in the courts, and under the law, the organization has five purposes:

- to provide opportunities for members of the LGBTQ+ legal community to meet in a supportive, professional atmosphere to exchange ideas and information;
- to further the professional development of LGBTQ+ legal professionals and law students;
- to educate the public, the legal profession, and the courts about legal issues of particular concern to the LGBTQ+ community;
- to empower members of the LGBTQ+ community by improving access to the

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legal and judicial system and sponsoring education programs;

- and to promote and encourage the advancement of lesbian, gay, bisexual, and transgender attorneys in the legal profession.

Also publicly sourced on: direct comms

Transgender Law Center

🌐 <https://transgenderlawcenter.org>

FB [/translawcenter](#)

IG [/translawcenter](#)

🏳️‍🌈 The largest national trans-led organization advocating self-determination for all people. Since 2002 we've been organizing, assisting, informing and empowering thousands of individual community members towards a long-term, national, trans-led movement for liberation.

WashingtonLawHelp.org LGBTQ



www.washingtonlawhelp.org/issues/other-individual-rights/lgbtq-rights

//

🌐 <https://lgbtqbar.org>

Volunteer Legal Program (VLP)

222 W Mission Ave Ste 222

☎ 477.6123

🌐 www.spokanevlp.org

The Spokane County Bar Association's VLP is a legal assistance program that provides free legal advice in civil matters and family law to low-income individuals in Spokane County and surrounding areas, with a focus on family law and certain civil/consumer issues.

The VLP, established in 1985, is a 501(c)(3) nonprofit legal assistance program that recruits volunteer attorneys to provide free legal advice to low-income individuals.

Who they serve: They primarily serve residents of Spokane County, but also assist those in Pend Oreille, Ferry, Stevens, and Lincoln counties.

Areas of Law: The VLP's primary focus is Family Law, but they also assist with certain civil/consumer issues and limited wills/estates.

How to apply: You can apply online at www.spokanevlp.org/apply.

Funding: The VLP is supported by the Legal Foundation of Washington (LFW), Office of Civil Legal Aid (OCLA), SCBA members, and members of the community.

Intake: To ensure the greatest chance of reaching a VLP staff member, please call from 8:30-12 and 1:00-4:30 Mon-Fri.

CLEAR Hotline: For low-income individuals, call CLEAR (Coordinated Legal Education, Advice and Referral) at 1.888.201.1014, Mon-Fri from 9:15 am to 12:15 pm.

Seniors 60 and Over: Seniors age 60 or over may call CLEAR*Sr at 1.888.387.7111, regardless of income or the county in which they live.

Community Legal Clinics: The VLP holds both sporadic and regular free legal clinics for Spokane community members facing certain civil legal issues.

Volunteer Opportunities: The VLP seeks volunteer attorneys, paralegals, and law students to assist with their mission.

Pro Bono: The VLP is a pro bono program, meaning attorneys provide legal services without charging any fees.

Moderate Means Program: For those who make too much to qualify for legal aid but not enough to retain an attorney at market rates, consider the Moderate Means Program.

Gonzaga University School of Law: Gonzaga University School of Law participates in the statewide Moderate Means Program.

Limited Licensed Legal Technician (LLLT): The VLP also works with LLLTs to provide legal assistance.

Legal Aid | Spokane

*Worked with Spectrum Center to provide Free Wills and Estate Planning Clinic Recommended on FB

Current legal protections at the state level in Washington for Housing, Employment, and Public Accommodations

Housing

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Including protection from being unfairly evicted, denied housing, or refused the ability to rent or buy housing.

Protected for Gender identity

Protected for Sexual orientation

Employment

Including protection from being fired, denied employment, or otherwise discriminated against by an employer.

Protected for Gender identity

Protected for Sexual orientation

Public Accommodations

Including protection from being unfairly refused services or entry to places accessible to the public (stores, restaurants, parks, etc.).

Protected for Gender identity

Protected for Sexual orientation

Understanding Local Level LGBTQ Laws

🏠 www.lgbtmap.org

Movement Advancement Project (MAP). MAP updates their database of U.S. state laws and policies related to LGBTQ protections within 24-48 hours after a law actually goes into effect, therefore their data excludes laws that have passed but aren't yet in effect.

GLBTQ Legal Advocates and Defenders

18 Tremont Ste 950 Boston MA 02108

☎ 617.426.1350



Democracy



Politics, Political, Political Action, Local (Elected) Representatives, Vote, Voting, etc.

Democracy

From the Ancient Greek: dêmos (people) and krátos (power): THE POWER BELONGS TO THE PEOPLE!

Birth Certificates

🌐 www.doh.wa.gov/vitalrecords

Sex designation change requests on birth certificates are now processed in 3 business days upon receipt*Delivery and mail time can take up to 2 weeks.

5 Calls

🌐 <https://5calls.org>

Calling your congressperson is the most effective way to influence policy. 5 Calls makes it easy for you to reach your members of Congress and make your voice heard. We research issues, write scripts that clearly articulate a progressive position, figure out the most influential decision-makers, and collect phone numbers for their offices. All you have to do is call.

Donkey Club

3rd Tue monthly, starts at 11:30 am
10512 E Sprague Spokane Valley (Darcy's Restaurant)

✉ emacap@comcast.net Shirley

A monthly meeting/luncheon. The two women in charge are Shirley Grossman and Roz Luther. There is an agenda with guest speakers from different spectrums of politics, community service, volunteer opportunities, or other specialties. Questions are greatly encouraged. Sometimes there is even entertainment! Darcy's has an extensive menu with reasonable prices. If you decide to go, please email Shirley at email listed above. Also publicly sourced on: direct comms

Warren G. Magnuson Democratic Club

☎ 413.8928

✉ RobbinCWood@Yahoo.com

Political Action Committee. The Oldest Democratic Club in the State of Washington. First Tuesday of the Month at 11:30am at Darcy's in Spokane Valley. For more information or RSVP: Contact Robbin Wood, Secretary.

Also publicly sourced on: direct comms

Fuse Washington

☎ 206.420.0133

🌐 <https://fusewashington.org>

BS [/profile/fusewashington.org](https://profile/fusewashington.org)

FB [/FuseWashington](https://www.facebook.com/FuseWashington)

IG [/fusewa](https://www.instagram.com/fusewa)

Fuse is the state's largest progressive organization – people creating change online, on the ground, and on issues that matter. Together for progress.

League of Women Voters Spokane Area (LWVSA)

2404 N Howard St

FB [/LWVSpokane](https://www.facebook.com/LWVSpokane)

IG [/spokaneleagueofwomenvoters](https://www.instagram.com/spokaneleagueofwomenvoters)



<https://my.lwv.org/washington/spokane-area>

The League of Women Voters is a peoples' organization that has fought since 1920 to improve our government and engage all Americans in the decisions that impact their lives. We operate at national, state and local levels through more than 800 state and local Leagues, in all 50 states as well in DC and the Virgin Islands. Formed from the movement that secured the right to vote for women, the centerpiece of the League's efforts remain to expand participation and give a voice to all Americans. Our issues are grounded in our respected history of making democracy work for all Americans. "The League of Women Voters stands firmly against all

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attacks on the transgender community and is committed to supporting equal rights for all under state and federal law, regardless of identity, including sex, gender, and sexual orientation.”

🏠 www.lwv.org/blog/trans-rights-are-essential-healthy-democracy

Also publicly sourced on: direct comms

Spokane Young Democrats

FB [/SpokaneYoungDems](https://www.facebook.com/SpokaneYoungDems)

IG [/spokaneyoungdems](https://www.instagram.com/spokaneyoungdems)

PO Box 10852 Spokane WA

🏠 <https://spokaneyoungdemocrats.org>

✉ info@spokaneyoungdemocrats.org

We educate, energize, and mobilize young voters to build Democratic momentum in our region. Whether you're new to politics or a policy addict, we invite anyone under 36 to join us for our monthly meetings.

Also publicly sourced on: direct comms

Indivisible

🏠 <https://indivisible.org>

Our democracy is under threat. But we will not yield to fascism. We will stand together and we'll fight back in defense of our rights, our communities, and our values.

Run for Something

🏠 <https://runforsomething.net>

Run for Something will recruit and support young, diverse progressives to run for down-ballot races in order to build sustainable power in all 50 states.

GI Rights Hotline

☎ 1.877.447.4487

Since 1994, the GI Rights Hotline has been providing free, confidential, and accurate information on US military regulations and practices to servicemembers, veterans, potential recruits, and their families. The GI Rights Network is a 501 c3 nonprofit. We are a consortium of non-governmental, non-profit organizations. Some of our counselors are veterans, some are lawyers and some have decades of military counseling experience. We are in constant contact with each other to stay up-to-date

on the latest military regulations and practices.

WAISN Deportation Defense Hotline

☎ 1.844.724.3737 Mon – Fri, 6 AM – 6 PM

The only statewide hotline dedicated to serving all Washingtonians regardless of immigration status. We have been building connections and trust with community members across the state, and we are the one-stop shop for connecting Washington immigrants to more than 1,400 resources, extending from food banks to homeless shelters and legal referrals. All Hotline operators are bilingual in Spanish and English. Interpretation services are available in nearly 300 languages.

The Woke Ginger

BS [/profile/thewokeginger.bsky.social](https://profile/thewokeginger.bsky.social)

FB [/wokeginger](https://www.facebook.com/wokeginger)

IG [/thewokeginger](https://www.instagram.com/thewokeginger)

TT [@thewokeginger](https://www.tumblr.com/@thewokeginger)

🌟 Loud. Proud. Ginger.

🌈 LGBTQ+ | Progress over performative.

🗣️ Unfiltered truth in Reels & real life.

Also publicly sourced on: direct comms

“A protest a day keeps the fascists away” – Jamie Raskin

City Services

☎ 311

☎ 755.2489

Mayor Lisa Brown

808 W Spokane Falls Blvd (Spokane City Hall)

☎ 625.6250

🏠 <https://my.spokanecity.org/mayor>

FB [/MayorSpokane](https://www.facebook.com/MayorSpokane)

Note: All correspondence with Mayor Brown or the Mayor's Office could be subject to public disclosure, pursuant to Ch. 42.56 RCW.

City of Spokane Municipal Government

FB [/spokanecity](https://www.facebook.com/spokanecity)

Maria Cantwell (D-U.S. Senator)

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☎ 202.224.3441

🌐 www.cantwell.senate.gov

FB [/senatorcantwell](https://www.facebook.com/senatorcantwell)

Patty Murray (D-U.S. Senator)

☎ 202.224.2621

City Council

☎ 625.6255

City Council President

Betsy Wilkerson

Term: 2024-2027

City Council Members

District 1

Sarah Dixit

Term: 2026-2029

Michael Cathcart

Term: 2024-2027

District 2

Paul Dillon

Term: 2024-2027

Kate Telis

Term: 2025-2029

District 3

Zack Zappone

Term: 2022-2025

Kitty Klitzke

Term: 2024-2027

Council Staff

Giacobbe Byrd

Director, City Council Office

☎ 625.6715

Lisa Gardner

Director of Communications and
Community Engagement

☎ 625.6226

Alex Gibilisco

Manager of Equity and Inclusion

☎ 625.6957

Nicolette Ocheltree

Manager of Housing and Homelessness
Initiatives

☎ 828.0522

Erik Poulsen

Manager of Intergovernmental Affairs

☎ 625.6721

Christopher Wright

Council Policy Advisor

☎ 625.6210

Abigail Martin

Manager of Neighborhood Connectivity
Initiatives

☎ 625.6426

Katherine Fairborn

Budget Director

☎ 625.6712

Fitness



Gyms, Hiking, Sports, Sports' Fans Groups, Yoga

Please see Business Guide for the following:

All Out Sports Spokane
Spokane Queer Kickball
Spokane Chiefs (hockey)
Hardcore Gym Spokane
Planet Fitness
Lilac City Roller Derby
Spokane Phoenix Women's Rugby Club
Compete Sports Diversity Council
509 Syndicate, The (soccer)

YMCA, Y

☎ 777.9622

🌐 <https://ymcainw.org>

✉ ymca@ymcainw.org

North location, 10727 N Newport Hwy

South location, 2921 E 57th

Central location, 930 N Monroe Spokane

Spokane River Rowing Association (SRRA)

🌐 www.spokanerowing.org

✉ srra@spokanerowing.org

Rowing develops strength, grace, endurance and team work while providing a chance to be out-of-doors, and is an activity that can be learned and enjoyed at almost any age and at any level of experience or physical ability. Spokane River Rowing Association (SRRA) is located at the Public Boat Ramp on the north end of Silver Lake, about 30 minutes west of Spokane. We offer beginners with Learn-to-Row classes and novice and experienced rowers with opportunities to enjoy the water while making friends and continuing to master the art of rowing. Our fleet of boats includes everything from singles to coxed eights. Competitive rowing is also an option. SRRA strives to make rowing

accessible to people of every background and ability, and promote diversity, equity, and inclusion in all we do. We encourage all interested rowers to become involved regardless of financial ability. Email us for more information. Also publicly sourced on: direct comms

Businesses

Please see Business Guide for the following:

Goods Unite Us
Shop Blue (Buying Guide)
Live Local INW

Rainbow Alliance and Inclusion Network (RAIN)

🌐 <https://lgbtq.wa.gov/rain>

The LGBTQ+ Business Resource Group for Washington state employees. We are sponsored by the Washington LGBTQ+ Commission and Washington Office of Financial Management. RAIN is committed to diversity and inclusion efforts that allow state employees to bring their full authentic selves to work in order to do their best work on behalf of Washingtonians. *RAIN is a resource group for Washington state agencies and employees - We do not do work on behalf of the Washington LGBTQ+ Commission. Things you'll find at RAIN: Inclusive Spaces, Friends and Family, Networking, Opportunities, Career Building Skills, Opportunities to Make Change, Knowledge, Great Guest Speakers, Events, Community Involvement. Membership to RAIN is open to any Washington state employee or employees of Washington state institutions of higher education.

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Also publicly sourced on: 2024 Sponsor of
Spokane Pride (Inlander 6 Jun 2024)

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Eats



Feast World Kitchen

1321 W 3rd Ave

☎ 608.1313

🌐 www.feastworldkitchen.org

Nonprofit restaurant where former refugees share food and culture from their countries in a casual setting. Serves vegan dishes. Feast World Kitchen is a nonprofit restaurant, catering company, and food wholesaler in downtown Spokane, Washington. Our mission is to elevate and empower immigrants and former refugees as leaders, using international cuisine as a platform for economic resilience, holistic growth, and culture-sharing. As they share flavors from their original home cultures, the Chef Entrepreneurs in our programs learn career skills, earn the income from their food sales, and build community connections. Every day we are open features a different International Chef Partner! We post the restaurant menu each Monday evening for the upcoming Wed-Sun rotation.

Also publicly sourced on: direct comms

Indigenous Eats (Boone Ave)

829 E Boone Ave Ste E

☎ 850.9292

☀ Casual restaurant serving indigenous comfort food such as bison tacos and wild rice plates.

Also publicly sourced on: RDT

Indigenous Eats (Main Ave)

808 W Main Ave Suite FC-5 (Riverpark Square)

☎ 315.5865

☀ Food court venue offering indigenous dishes such as fry bread and Indian tacos in a casual setting.

Also publicly sourced on: RDT

Spokane's Queer Brunch Club

IG [/queerbrunchclubspokane](https://www.instagram.com/queerbrunchclubspokane)

🏳️ An inclusive community in Spokane where queer folks can get together for monthly brunch.

Also publicly sourced on: direct comms

Music



Live Music, Musicians, Music Lessons, Local Bands, Playlists, etc.

Please see Business Guide for the following:

Knitting Factory Concert House

Brynn Cortez Music

FB [/brynncortezmusic](#)

IG [/brynncortezmusic](#)

☆ <https://linktr.ee/brynncortez>

An electronic musician, composer, performer, and singer/songwriter from Spokane, Washington. Brynn has composed hundreds of electronic tunes across a large spectrum of electronic and hip-hop subgenres since the summer of 2011. Her passionate productions have touched the hearts of listeners from all over the globe, including our local Spokane Pride!

Also publicly sourced on: direct comms

Music, etc. Playlists

Human Rights Campaign (HRC) Playlist



<https://open.spotify.com/playlist/4jq8Z0P PIC1EF4LesN66jS?si=7iyWV77IQaGhxisFe zI KQ>

As HRC President Kelley Robinson says, "You are loved & you have an entire community with you." This playlist celebrates strength, love & the hope that moves us forward. Let the beats uplift you, remind you of your power & connect you to the legacy of resilience

LGBTQ+ Music Playlist



<https://open.spotify.com/playlist/5RYiek4v bKnB6cnaSpD3gA>

Scholarly Article about Queer Playlists



<https://journals.sagepub.com/doi/10.1177 /1461444818808094?icid=int.sj-full-text.similar-articles.9>

Ultimate Gay Pride Playlist - Gay Icons and Anthems



<https://open.spotify.com/playlist/3cDYeYS UJnRJQqnIoNSusD>

50 Top Gay Anthems for LGBTQ Pride



<https://open.spotify.com/playlist/0S0X1EY 5fNnmyLStgH6KB8>

LGBTQ+ Voices, Stories and Interviews Behind the Lives of a Thriving LGBTQ+ Community



<https://open.spotify.com/playlist/37i9dQZ F1DXd8QW6DBkPG8>

Spotify Debuts GLOW, an Equity Program for LGBTQIA+ Creators

☆ <https://newsroom.spotify.com/2023-01-24/spotify-kicks-off-glow-an-artist-amplification-program-for-lgbtqia-artists/#:~:text=GLOW%20is%20supported%20by%20Spotify's,representation%20for%20the%20LGBTQIA%2B%20community.>

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Temperance



complexity levels. So please join and have fun!"

Pride in Sobriety

1700 W 7th Ave

🏠 www.spokanealanoclub.org

An open AA group. Every Wednesday at 7PM.

Also publicly sourced on: direct comms

Temperance:

A nuanced practice of moderation for use throughout life, working to maintain discipline and harmony in situations, and with the use of material goods. It involves self-control, order, and organization. A person practicing temperance makes informed choices, and works to control impulse actions, rather than being swept up by emotions. It is also shown by being grateful for what one has, adding ways of structure to one's life and environment to promote clarity and purpose.

Games



Gaming, Board Games, Toys

Spectrum Center

Gayme Night, second Sunday of the month 5-9pm, an evening of fun and board games, ages 18+, it is a great place to hang out and choose your own adventure. We will have games to choose from, but feel free to your favorite as well.

Board Gaymers of Spokane

🏠 www.meetup.com/board-gaymers-of-spokane

"A group for all LGBTQ+ members and allies to get together and play boardgames. We play all different

Animals



Dog shelters, Dog friendly-businesses,
Dog food/toys, Dog Parks, Dog Grooming,
Dog Bites, Dog-friendly Business, Cats,
Kitty, Kitties, Horse, Pets, etc.

Vindicate Horse Rescue & Training

FB [/vindicatehorserescue](#)

✉ Vindicatehorserescue@gmail.com

As a 501(c)3 organization, we rescue
slaughter-bound horses to retrain them
and give them a new lease on life. We also
do supported self-rehoming.

Also publicly sourced on: direct comms

Plants



Plant Nursery, Flowers, Floral, Florist, Gardens, National Parks, etc.

City Gardens

☎ 363.5455

✉ parkopsreservations@spokanecity.org

Weddings and wedding photography in the gardens is by reservation only. Please call or email us if you have any questions.

Duncan Garden (Manito Park)

Duncan Garden is a classical European Renaissance-style garden comprising three acres of the park. The garden includes manicured turf areas and vast displays of colorful annual bedding plants. The most dramatic of the gardens in Manito Park is Duncan Garden, created in a classical European Renaissance style. The garden encompasses three acres and includes manicured turf areas and vast displays of colorful annual bedding plants. Duncan Garden offers abundant paths for a marvelous slow-pace walk among the plants and is a popular location for weddings and photography.

Rose Hill (Manito Park)

Manito Park's rose garden, Rose Hill, is home to over 150 varieties of hybrid tea roses, grandiflora, floribunda and miniature roses along with a collection of old-fashioned roses. Manito Park's Rose Hill is located just west of the Joel E. Ferris Perennial Garden and continues to be one of Spokane's favorite locations for weddings, picnics and photography. Each year All-American Rose Selections chooses one of its 125 gardens as the Outstanding Display Garden, and in 2007 Manito Park's own Rose Hill was named number one in the nation. In addition, Rose Hill has received an Outstanding Maintenance Award for the past 20 years from AARS, a non-profit association of rose growers and introducers dedicated to the introduction

and promotion of exceptional roses. Since 1938 the AARS seal of approval has continued to grace outstanding new rose varieties that have withstood the test of time—and Mother Nature. Rose Hill now is home to over 150 varieties of hybrid tea, frandiflora, floribunda, and miniature roses, along with a collection of old-fashioned roses.

Nishinomiya Tsutakawa Japanese Garden

Garden Rules:

Stay on the paved or gravel pathways

No commercial or portrait photography

No tripods or reflectors

No running, cycling, or skating

No food

No pets — service animals only

Do not touch or feed fish

Use fish viewing areas to access water

The Nishinomiya Tsutakawa Japanese Garden is a place where nature, tranquility and beauty come together. The Nishinomiya Tsutakawa Japanese Garden was completed in 1974 and symbolizes the friendship of Spokane and its sister city, Nishinomiya, Japan. The well-known Japanese landscape architect, Nagao Sakurai, who at one time was in charge of the Imperial Palace grounds, was enlisted to design the garden in 1967.

Construction of the waterfall and pond began in 1970. Late in 1973, after the original architect suffered a stroke, two landscape architects from Kobe, Japan, Shosuke Nagai and Hirohiko Kawai, were contracted to complete the garden, which was dedicated by both cities on May 17, 1974. Ed Tsutakawa, founder of the Spokane Nishinomiya Sister City relationship and a champion of the Sister City movement in Spokane for 45 years, until his death in 2006, was instrumental in the design and development of the Japanese Garden. To honor Mr. Tsutakawa, the suggestion was made that renaming

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the Japanese Garden would be an appropriate accolade. That idea was presented to Mr. Tsutakawa's family, and, at the same time to the Mayor of Nishinomiya, who immediately responded saying, "I believe that the re-naming is an excellent way to honor Mr. Tsutakawa and to pass on a record of his great legacy to future generations. The garden is truly a symbol of our friendly relationship." At its December 2007 meeting the Spokane Park Board approved the re-naming of the Japanese Garden to be known henceforth as the Nishinomiya Tsutakawa Japanese Garden. The site was re-dedicated on April 20, 2008, with the planting of a flowering cherry tree which was a commemorative gift from the Nishinomyia and Spokane Sister City Societies.

Gaiser Conservatory

The Gaiser Conservatory was named for longtime Park Board member Dr. David Gaiser. The Conservatory is open to the public, free of charge, throughout the year. The greenhouses contain tropical, sub-tropical, and temperate plant specimens from around the world. The displays are changed seasonally. **No portrait photography or tripods allowed. No pets allowed – service animals only.**

Joel E. Ferris Perennial Garden

The Joel E. Ferris Perennial Garden provides an excellent example of the tremendous variety of colors, textures and flower types found in perennials. A seasonal variety of colorful displays begins in early spring and continues into late autumn. Joel E. Ferris was a devoted and respected Park Board member for many years before he became ill and resigned in 1960. After he died, his fellow board members chose to name the perennial garden north of the greenhouses in his honor. Through the culmination of many years of evolution, this garden contains more than 300 plants species and provides an excellent example of the tremendous variety of colors, textures and flower types that can be found in perennials. Beginning in the early spring with bulbs and primroses, the floral

display continues into late autumn with beds of asters. The perennial bedding space was quadrupled in 1996.

Lilac Garden

The Lilac Garden contains well over 100 named cultivars from 23 distinct species, making it one of the most important lilac gardens in the West. In 2003, the Spokane Lilac Society made a contribution to Manito Park for an extension of the garden that is now home to Syringa Spokane, the lovely double pink lilac. The common purple lilac first arrived in the United States around the middle of the 1700s. The first recording of a lilac bush in Spokane was in 1906. Two lilac bushes were planted by J. J. Browne, one of Spokane's early builders, at W. 2226 Second Avenue in Browne's Addition. In 1912, John Duncan obtained 128 named lilac cultivars from Rochester, New York. This marked the beginning of the official Lilac Garden in Manito Park. Today, the Lilac Garden contains well over 100 named cultivars from 23 distinct species, making it one of the most important lilac gardens in the West. In 2003, the Spokane Lilac Society made a contribution to Manito Park for an extension of the garden that is now home to Syringa Spokane, the lovely double pink lilac. The idea to promote Spokane as "The Lilac City" came in the early 1930s when the local garden club was encouraged by community leaders to plant lilac bushes throughout the City. By 1938, there were 144 in Manito Park. The annual Spokane Lilac Festival has been a spring tradition since 1938.

The Moore-Turner Heritage Gardens

507 W 7th Ave (Just west of the Corbin Art Ctr)
Following Ice Storm and the identification of some cultivated flowers and plants, Parks and Recreation staff began an extensive research process and led a community master planning process to restore the Gardens. The plan was approved in 2000. With grant funding and community donations, the initial restoration process began in April 2005 to

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rescue the rose arbor and perennial garden staircases. Myrtle Woldson came forward on December 29, 2005 in honor of her mother, Edwidge Woldson, to fund the remaining restoration of the Heritage Gardens. The garden may be closed occasionally due to rain if steps and paths are deemed too slippery for safe walking.

Restoration: The Heritage Gardens were restored to the period they flourished following their redesign in 1911. Some historic plant materials survived. Plant material was reintroduced in 2007 based on historic research incorporated into the planting plan; approved by the Spokane Landmarks Commission, July 2006. The Moore-Turner Heritage Gardens are situated on a steep hillside with an elevation of approximately 120 vertical feet. As a historic site, to preserve historic integrity the structures, staircases, and trails retain their original design. You will experience numerous steps, inclines, and a lack of handrails. **History:** In 1889 Frank Rockwood Moore (1852-1895) and his wife Sarah Frances Sherlock Moore purchased a section of the south hill's wooded hillside, 525 West Seventh Avenue, and hired Kirtland Cutter to design their home. Drawn to Seventh Avenue's panoramic views of Spokane, the Moore's prominent two-and-one-half story home was a combination of architectural styles and featured a sweeping front lawn and drive. During the construction of the home – the future site of the Heritage Gardens – the north-facing hillside was cleared and then replanted with young trees.

Before his death in 1895, Mr. Moore served as the first president of the Washington Water Power Company, held investments in Idaho mines and Spokane area real estate, and with James Glover, established the First National Bank. Mr. Moore is attributed with constructing the series of hillside terraces, basalt rock retaining walls, and well house.

U.S. Senator George Turner (1850-1932) and his wife Bertha Dreher Turner took possession of the house and its grounds in 1896. A prominent political figure, Judge Turner (as he wished to be called) was a

member of the state's Constitutional Convention of 1889, served as a Washington State Supreme Court Justice, was appointed an international arbiter by Presidents Theodore Roosevelt, Taft and Wilson, and in his private law practice was an authority on corporation and mining law. In 1895, Judge Turner added to his real estate and mining investments a partnership in the Seattle Post-Intelligencer. The Turners hired Portland landscape architect Hugh Bryan in 1911 to make improvements to the gardens. Prominent structures and features in the Arts and Crafts style of garden design were added to the original Victorian-influenced garden. The two-tiered pergola, arbor, tea house, and water features as well as the conservatory and greenhouses were incorporated into the basalt-faced terraces and staircases. Headlines from a Spokane Daily Chronicle article October 20, 1911 described carloads of flowers, bushes, shrubbery, and trees were planted and noted the perennial garden as the largest in the northwest. The Heritage Gardens was the site of many summer parties and flourished until Judge Turner's death in 1932. Coinciding with the Depression of the 1930's, the property was acquired by the bank holding the Turner's outstanding mortgage. After unsuccessful attempts to sell and auction the home, the house was demolished in 1940. The house stood where the lower parking lot is located today. Today, the Moore-Turner Heritage Gardens are owned and operated by the City of Spokane Parks and Recreation Department. The adjoining Daniel Chase Corbin property to the east and the Moore-Turner property were purchased by the Spokane Park Board in 1945 to form Pioneer Park which was renamed Edwidge Woldson Park in 2010. The Heritage Gardens are listed on the local and state historic registers and situated in the Marycliff/Cliff Park Historic District.

City Parks



www.gayrealestate.com/news/usa/washin

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gton/spokane/spokane-washington-gay-city-guide.html

The Centennial Trail

☆ <https://spokanecentennialtrail.org>

A 37-mile path that stretches from the Idaho state line to Nine Mile Falls, Washington. It's perfect for walking, running, skating, biking, and enjoying the beauty of a day outside in Spokane.

Riverfront Park



<https://my.spokanecity.org/riverfrontspokane>

This area is thought by many to be one of the best areas in town to enjoy so much of what Spokane has to offer. With hiking, dining, and shopping opportunities, and beautiful views of Spokane Falls too!

National Parks



www.spokesman.com/stories/2012/apr/08/here-nature-here-perfect

Within a day's drive of Spokane, there are seven national parks – **Rainier**, **Olympic** and **North Cascades** in Washington, **Glacier** in Montana, **Crater Lake** in Oregon, and **Grand Teton** and **Yellowstone** in Wyoming.

Environment     

Wellness



Spokane Beard and Mustache Club

5328 N Washington St

🌐 <https://spokanebeardmustache.org>

FB [/groups/166078686878077](https://www.facebook.com/groups/166078686878077)

Spokane Beard & Mustache is a 501c3 Non-Profit located in Spokane, WA. We strive to make our community and the world of facial hair a better place!

Ahead of Beauty

☎ 426.4101

🌐 <http://aheadofbeauty.org>

IG [/aheadofbeautyorg](https://www.instagram.com/aheadofbeautyorg)

🇺🇸🇵🇷 Non-Profit, BIPOC-Owned. Ahead of Beauty is a locally founded, Spokane Washington 501(c)(3) non-profit organization dedicated to providing human hair cranial prosthesis (wigs, toppers and halo extensions) to women and children who have lost their hair due to chemotherapy, radiation treatments and alopecia. The process for creating wigs made from real hair is costly and time-consuming. Ahead of Beauty aims to never charge patients for their hair replacement options. We are dedicated to working directly with providers and our patient insurance providers to cover the cost of whatever cranial prosthesis our patients may desire. We are a team of highly dedicated volunteers and independent contractors who rely solely on grants, donations, business partnerships and corporate sponsorships from generous private and corporate donors.

Also publicly sourced on: [Live Local INW](#)

Work

Employment, Workers, Working Class, Labor, Jobs, Volunteer Opportunities, Unions

Current legal protections at the state level in Washington for Employment

Employment

Including protection from being fired, denied employment, or otherwise discriminated against by an employer.

Protected for Gender identity

Protected for Sexual orientation

Spokane Workers Cooperative

🏠 www.spokane.coop

We are buying and building some of Spokane's most iconic businesses, and turning them over to employee ownership and control. We fundamentally believe everyone deserves economic freedom and self-determination, and we're using worker-owned cooperatives to make it happen. Spokane Workers Cooperative, which encompasses Range Media, Great Harvest Bakery and Treatment Creative. As a workers' cooperative, we offer a different way forward that doesn't rely on capitalist exploitation of labor. Each of the businesses focuses on serving the community in their own way. This year, Treatment is donating their labor to create the Pride Guide for Spokane Pride. Great Harvest is a queer-friendly bakery and hang out spot. And RANGE is also seeking to write about the issues impacting the LGBTQ+ community, and other vulnerable Spokanites who often find themselves targeted by or shut out of government.

United Food and Commercial Workers International Union (UFCW) Local 3000

2805 N Market St

☎ 866.210.3000

🏠 <https://ufcw3000.org>

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

YWCA, Work

LI [/company/ywca-of-spokane](https://company/ywca-of-spokane)

🏠 <https://ywcaspokane.org/career-life-skills>

☎ 326.1190 Front Desk

YWCA Spokane understands that time to heal and process traumatic events in a safe, supportive, and confidential environment can be key to accomplishing goals. We offer holistic, restorative services for trauma survivors. Groups, classes, and learning opportunities are aimed at supporting healing and wellness while building a supportive community, at no cost to participants.

🏠 <https://ywcaspokane.org/tag/lgbtq>

🏠 <https://ywcaspokane.org/support-lgbt-youth>

Also publicly sourced on: direct comms, 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

Hiring possibility recommended online

Adult Guidance and Empowerment Services

12815 E Sprague Ave #100, Spokane Valley, WA

☎ 808.2495

🏠 <https://ages.agency>

-Maxwell House 1425 N Ash St

-Taco Bell over on 5 Mile 6404 N Ash St

-Transportation Security Administration (TSA)

Volunteer Opportunities



www.reddit.com/r/Spokane/comments/14toaax/recommendations_for_places_that_need_volunteers/?share_id=MO_TGDq-jUhrR5PHZLD3Gk&utm_content=2&utm_medium=ios_app&utm_name=ioscss&utm_source=share&utm_term=1

Travel



Travel & Tourism

Mobius Discovery Center

331 N Post St

☎ 321.7121

🌐 <https://mobiusdiscoverycenter.org>

Google: The Mobius Discovery Center is a cultural institution that incorporates queer themes and perspectives into its programming and exhibitions. Specifically, the "Camp" of Mathematical Queeries program is a virtual mathematics enrichment program for LGBTQ+ teens that intertwines LGBTQ+ and mathematical identities, according to the Mathematical Association of America (MAA). Additionally, the Mobius Artists Group collaborates with curators like Jasper A. Sanchez, who focuses on queer diasporas and creative justice in their curatorial practice. The Mobius also presents events like the Boston Butoh and Performance Art Festival which features performances by queer and trans artists.

<https://www.gayrealestate.com/blog/2013/10/spokane-wa-top-gay-neighborhoods/>

Gay Pride Cruise in Coeur d'Alene, Idaho

"Has been going on for over 20 years in conjunction with Spokane Pride. I wasn't originally planning on going on the cruise, but now I needed to see what all the talk was about. The journey to Coeur d'Alene takes about 45-minutes and well worth the trip. It is one of the most beautiful places I have visited in recent memory. As I boarded the ship - emblazoned in a huge rainbow flag - I quickly noticed how diverse the crowd was. Every member of the LGBTQ rainbow was represented. Over 200 revelers sipped cocktails and danced on the sun deck as the DJ spun classics from Cyndi Lauper, Madonna and Cher, leading to multiple sing-alongs. The 2-hour cruise took us around Lake Coeur

d'Alene, whose shoreline dotted with mega-mansions that would make the Kardashians jealous."

www.eriegaynews.com/news/article.php?recordid=201907pridejourneysspokane

Visit Spokane

801 W Riverside Ave # 100

☎ 624.1341

🌐 www.visitspokane.com

"Spokane is by far the shining LGBTQ+ beacon within hundreds of miles. With many events hosted in permanent year-round venues to cultivate a culture of pride, all are welcome."

www.visitspokane.com/blog/experience-pride-in-spokane

Spokane Info, History, Fun Facts, Weather

Info: The largest city between Seattle and Minneapolis, Spokane is currently the second-largest city in Washington state. Often called the Lilac City because of the beautiful flowers known to grow there, Spokane is also known for being a gateway to the northwest Rockies, Glacier National Park, and the Columbia Valley wine region. Spokane is a city known for its natural beauty, and also for its friendly people and welcoming vibe. If you're thinking of finding your next home in Spokane, you'll find a lot about it to love!

History: The area that is now Spokane was initially founded as Spokane Falls in 1872, by a group of settlers who recognized the value of the Spokane River and the areas around it. Eventually, as more and more people came to the area it grew, and that growth was encouraged exponentially when a main line of the Northern Pacific Railroad Company was built in the area. It also became an important mining and logging center and remains so today. Today, Spokane is a vibrant, multi-cultural area with beautiful scenery, friendly people, and plenty to see and do. **Fun Facts:** Spokane is the

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smallest city to ever host a World's Fair – in 1974.

Spokane was the home of famed singer Bing Crosby.

Spokane is located within a one-hour drive of 76 lakes – there are plenty of opportunities for outdoor recreation here!

Read more fun facts about Spokane:



<https://gomadnomad.com/2012/06/27/12-facts-spokane-washington>

Weather: Spokane has a continental climate with short, warm, and dry summers, and fairly snowy winters, due to its elevation. Spokane averages 17 inches of rain each year, and approximately 44 inches of snow. Summers highs in July average around 84°F and lows in January can drop to an average of 34°F.

Source:

www.gayrealestate.com/news/usa/washington/spokane/spokane-washington-gay-city-guide.html

International Gay & Lesbian Travel Association (IGLTA)

www.iglta.org

IGLTA was founded in 1983 and is the world's leading network of LGBTQ+ welcoming tourism businesses. We provide free travel resources and information while continuously working to promote equality and safety within LGBTQ+ tourism worldwide. IGLTA's members include LGBTQ+ friendly accommodations, transport, destinations, service providers, travel agents, tour operators, events and travel media located in over 80 countries.

Spokane Sister Cities

<http://spokanesistercities.org>

Spokane has one of the earliest Sister City relationships. In 1961, Spokane formalized an agreement with Nishinomiya, Japan, which continues to this day. Our other Sister Cities include: Jilin City, China (since 1987), Limerick, Ireland (since 1990), Cagliari, Italy (since 2016), Nishinomiya, Japan (since 1961), Jecheon, South Korea (since 1999).

Jilin City, China

Holiday Inn, Jilin Beidahu

www.expedia.co.nz/Jilin-Hotels-LGBT-Welcoming-Hotel.0-0-d1696-tLGBTWelcomingHotel.Travel-Guide-Filter-Hotels

A top LGBTQ-friendly hotel, and features ski slopes and LED TVs.

Equaldex, Jilin

www.equaldex.com/region/jilin

A collaborative knowledge base for the LGBTQ+ movement.

What are the top places to visit in Jilin? During your trip, get out and enjoy everything Jilin has to offer. You and your travelling companions may want to visit Songhua Lake, Songhua Lake National Scenic Area and Songhuahu Ski Field. While you're here, create some great memories of your trip with stops at Beidahu Ski Area, Jilin Confucius Temple and Korean Folk Customs Village of Xingguang Village.

Limerick, Ireland

Limerick, Ireland has a thriving LGBTQ community and an annual Pride festival.

Limerick, Ireland Pride

<https://limerickpride.ie/history-of-limerick-pride/#:~:text=Limerick%20LGBT%20has%20a%20thriving,annual%20Limerick%20LGBT%20Pride%20festival>

The festival includes a parade, workshops, music, and club nights. Pride festival: The Limerick Pride festival is a week-long event that takes place every year. The festival includes a parade, workshops, music, and club nights. The parade takes place on O'Connell Street. The festival also includes a "Climax Party" at Dolan's Warehouse. The festival has featured performances by Leanne Moore, Niamh Kavanagh, Jujubee, and Courtney Act.

I Love Limerick, Ireland LGBTQ

www.ilovelimerick.ie/limerick-community/limerick-lgbtq

Gender Orientation Sexual Health HIV (GOSHH), Limerick, Ireland

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18 Davis Street, Limerick, V94 K377
(Redwood PI)

☎ 061.314354

✉ info@goshh.ie

The primary LGBTQ business. Functions as a charity providing a safe space for the LGBTQ community and focuses on promoting equality and wellbeing related to sexual orientation and gender diversity. Key points about GOSHH: Services: Offers confidential support, awareness, and info regarding sexual health and HIV issues related to the LGBTQ community.

Limerick, Ireland's Gay Scene

🏠 <https://tus.ie/lsad>

The gay scene exists as it happens - Limerick City Gallery near the People's Park, and the Hunt Museum. Limerick School of Art and Design has a super exhibition space.

Limerick, Ireland's Places to Stay

🏠 www.misterbandb.com/destination/limerick?entire-place=true&private-room=true&shared-room=true

If you're a gay traveler looking for comfortable and welcoming gay accommodation in Limerick, you have a wide range of options to choose from. From luxury apartments to a more affordable gay b&b Limerick has the perfect place to stay that meets your budget and preferences. Limerick is a beautiful city located in the southwest of Ireland. It is home to many historical landmarks and cultural attractions, such as King John's Castle, St. Mary's Cathedral, and the Limerick City Gallery of Art. The city is also home to a thriving LGBTQ+ community, with a variety of gay bars and clubs for travelers to enjoy. When it comes to accommodation, Limerick has a range of options for gay travelers. There are several gay-friendly B&Bs located in walking distance to the city's top attractions and neighborhoods. These B&Bs offer a cozy and welcoming atmosphere, with amenities such as shared kitchens and laundries for guests to use. For those looking for a more private and luxurious stay, there are also

a number of vacation apartments and guest rooms available in the city. These options offer more space and privacy, with features such as private kitchens and laundry facilities. If you're looking for a more affordable option, there are also a number of shared apartments and rooms available in Limerick. These options are great for solo travelers or groups of friends, and offer a more budget-friendly way to experience the city. There are also a number of gay locals who offer their homes as holiday rentals, providing a unique and welcoming stay. No matter what type of accommodation you're looking for, you'll be sure to find it in Limerick. With a variety of gay-friendly options available, you can choose the perfect place to stay that meets your budget and preferences. You can also read reviews by previous guests to help you make your decision. Whether you're visiting Limerick for a romantic getaway, a solo holiday, or a vacation with a group of friends, you'll find plenty of welcoming hosts and gay hospitality in the city. From cozy bed and breakfasts to chic city apartments, there is something for everyone in Limerick. So why wait? Start planning your gay vacation to Limerick today!

Also publicly sourced on: misterb&b

Notes on Ireland, and LGBTQ relations

Ireland was the first country in the world to legalize same-sex marriage; it was by huge majority of popular vote and was hailed as a social revolution and welcomed around the world.

LGBTQ rights: In 1999, Ireland passed legislation that made it illegal to discriminate against people based on sexual orientation in employment. In 2015, Ireland passed legislation that made it illegal to discriminate against people based on gender identity in employment.

LGBTQ support: Haven Hub provides LGBTQ support.

Limerick, Ireland, Emergency #s

☎ Samaritans 116.123

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☎ Pieta House 1.800.247.247

If you are in immediate distress, call.

Cagli, Italy

Cagli, Italy has gay accommodations, including private rooms, apartments, and guesthouses.

Cagli, Italy Gay-friendly Accommodations

🏠 www.misterbandb.com/s/cagli-italy

Also publicly sourced on: misterb&b

Notes on Italy, and LGBTQ relations

LGBTQ+ rights in Italy: Same-sex sexual activity has been legal since 1890. Civil unions have been legal since 2016, giving same-sex couples many of the same rights as married couples. Transgender people have been able to legally change their gender since 1982. Discrimination based on sexual orientation in employment has been illegal since 2003.

Nishinomiya, Japan

Nishinomiya, Japan's Gay-friendly Accommodations

🏠 www.misterbandb.com/s/nishinomiya-japan

Also publicly sourced on: misterb&b

Top 10 Best Gay Bars Near Nishinomiya, 兵庫県

🏠 www.yelp.com/search?cflt=gaybars&find_loc=Nishinomiya%2C+%E5%85%B5%E5%BA%AB%E7%9C%8C

Jecheon, South Korea

Media



Media, News, Radio, etc.

Family Guide, The

1406 W 3rd Ave Ste B

☎ 928.9664

🌐 www.thefamilyguide.org/-and-https%3A/www.spokaneunitedwestand.org

FB [/SpokaneUnitedWeStand](https://www.facebook.com/SpokaneUnitedWeStand)

IG [/SpokaneUnitedWeStand](https://www.instagram.com/SpokaneUnitedWeStand)

LI [/in/charity-bagatsing-60385315](https://www.linkedin.com/company/in/charity-bagatsing-60385315).

▲🕒 Non-Profit, Immigrant-Owned, BIPOC-Owned. Please contact us via email to answer any questions or to set up an appointment.

Also publicly sourced on: [Live Local INW](#)

Fig Tree, The

1323 S Perry St Spokane WA 99202
(Mailing address for circulation and donations)

☎ 535.1813 (for news articles and advertising)

🌐 www.thefigtree.org

FB [/figtreenews](https://www.facebook.com/figtreenews)

IG [/figtree.editor](https://www.instagram.com/figtree.editor)

Resource Directory Editor: Malcom Haworth

✉ resourcedirectory@thefigtree.org

The Fig Tree publishes a newspaper 10 months a year in print and online, and publishes an annual, comprehensive Resource Directory with information for people in need, in transition to improve their lives, in engaging in the community and in giving back.

Also publicly sourced on: direct comms

KYRS Thin Air Community Radio

906 W Main Ave

☎ 747.3012

//

Out and About

🌐 <https://kyrs.org/show/out-and-about>

THE SHOW! Some LGBTQ people like to garden. Some like to dance. Others like to

fly airplanes, draw, paint, run, fish, hunt, read, act, sing, bowl or build sheds. Some LGBTQ people are astronauts. Some are firefighters, grocers, contractors, activists, plumbers, students, musicians, policy makers, bakers, writers, accountants or zookeepers. You know gay people. You know trans people. You know bi people and lesbian people. You might just not know that you know them. You know? Out and About introduces you to your LGBTQ friends, neighbors and allies through their stories, their art, their creations and their work. The world seems to have become more divisive and angry. Lies are often embraced for a fleeting comfort. Join me, Captain Maeve, for Out and About every Tuesday at 4 pm. Fueled by truth, unity and good cheer, we'll set a course for inclusion and hope. If you're out, what are you about? Let's thrive together. You can listen to the show on 881.1 and 92.3 FM or stream.

BUY: Out and About T-Shirts



<https://spokanarama.threadless.com/designs/out-and-about-1>

Also publicly sourced on: direct comms //

KYRS earn donations just by shopping with your Fred Meyer Rewards Card! Here's how the program works: Sign up for the Community Rewards program by linking your Fred Meyer Rewards Card to Thin Air Community Radio at: 🌐 www.fredmeyer.com/communityrewards. You can search for us by our name (Thin Air Community Radio) or by our non-profit number (90929). Then, every time you shop and use your Rewards Card, you are helping KYRS earn a donation! You still earn your Rewards Points, Fuel Points, and Rebates, just as you do today. If you do not have a Rewards Card, they are available at the Customer Service desk of any Fred Meyer store.

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Specialties: KYRS-Thin Air Community Radio is a volunteer-powered, non-commercial, listener-supported, community radio station. Thin Air Community Radio fills needs that other media do not, **providing programming to diverse communities and unserved or underserved groups**. Thin Air Radio provides a forum for neglected perspectives and discussions on important local, national and global issues, **reflecting values of social, economic and environmental justice**, peace, human rights, democracy, multiculturalism, freedom of expression and social change. Thin Air's arts, cultural, and music programming covers a wide spectrum of expression from traditional to experimental and reflects the diverse cultures Thin Air serves. Thin Air Radio strives for spontaneity and program excellence, both in content and technique. Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024), www.visitspokane.com/blog/experience-pride-in-spokane,

The Woke Ginger

BS [/profile/thewokeginger.bsky.social](https://profile/thewokeginger.bsky.social)
FB [/wokeginger](https://www.facebook.com/wokeginger)
IG [/thewokeginger](https://www.instagram.com/thewokeginger)
TT [@thewokeginger](https://twitter.com/thewokeginger)
🌟 Loud. Proud. Ginger.
🌈 LGBTQ+ | Progress over performative.
🗣️ Unfiltered truth in Reels & real life.
Also publicly sourced on: direct comms

Queer Journalists

Sellers, Erin

Recommended on FB

Magazine Ranks Spokane 3rd-gayest City, 2013

🌟 www.spokesman.com/stories/2013/jan/10/magazine-ranks-spokane-third-gayest-city
www.advocate.com/print-issue/current-issue/2013/01/09/gayest-cities-america-2013

🌟 www.reddit.com/r/Spokane/comments/5it

[8xe/gay_couple_moving_to_spokane/?rtd=50195](https://www.inthesetimes.com/gay-couple-moving-to-spokane/?rtd=50195)

In These Times

FB [/inthesetimesmag](https://www.facebook.com/inthesetimesmag)

🌟 <https://inthesetimes.com>

An independent, nonprofit magazine dedicated to advancing democracy and economic justice, informing movements for a more humane world, and providing an accessible forum for debate about the policies that shape our future.

Jacobin

FB [/jacobinmag](https://www.facebook.com/jacobinmag)

🌟 <https://jacobin.com>

A leading voice of the American left, offering socialist perspectives on politics, economics, and culture. The print magazine is released quarterly and reaches 75,000 subscribers, in addition to a web audience of over 3,000,000 a month.

People's World

🌟 <https://peoplesworld.org>

A voice for progressive change and socialism in the United States. It provides news and analysis of, by, and for the labor and democratic movements to our readers across the country and around the world. With a small but dedicated staff, freelance contributors, and a nationwide network of volunteer writers, People's World presents insights into local, national, and international struggles from the perspectives of those who are experiencing them. It's an angle you won't find in the corporate press.

Tuesday - No News Day

Concept of consuming/discussing no news on Tuesdays as a mental health discipline, except local emergency news (i.e. flooding, wildfires, etc.)

🏳️ A Spokane woman was just named Miss Trans USA

19 Nov 2024

🌟 www.spokesman.com/stories/2024/nov/19/a-north-central-graduate-was-just-named-miss-trans

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**Pride Journey: Spokane, Washington
(Erie Gay News)**



www.eriegaynews.com/news/article.php?recordid=201907pridejourneysspokane#google_vignette

Congregations

Faith-Based and Secular Congregations,
Inclusive and Progressive

Buddhist

Spokane Buddhist Temple

☎ 534.7954

🌐 <https://spokanebuddhisttemple.org>

FB [/SpokaneBuddhistTemple](#)

Since 1945, Spokane Buddhist Temple has been a refuge for those seeking deeper meaning. In the Jodo Shinshu tradition, we walk the path of compassion, wisdom, and humility, supporting each other in personal growth and service to the world and all beings.

Also publicly sourced on: personal visit, supporter of Pride in Perry

Episcopal Church

Cathedral of St. John the Evangelist

127 E 12th Ave

☎ 838.4277

🌐 www.stjohns-cathedral.org

FB [/StJohnsCathedralSpokane](#)

YT [/@stjohnscathedralspokane1728](#)

St. John's Cathedral is a center for prayer, worship, music, study, community, and service for Spokane and surrounding region. You are a beloved child of God. We welcome you just as you are, because God has welcomed and loved us in the same way. St. John's is the cathedral, or mother church, of the Episcopal Diocese of Spokane, which is the regional branch of the Episcopal Church in Eastern Washington and Northern Idaho.

Also publicly sourced on: gaychurch.org

West Central Abbey

1832 W Dean Ave

🌐 www.westcentralabbey.org

✉ info@westcentralabbey.org

We are an Episcopal congregation cultivating justice, joy, compassion, and

peace in the heart of the West Central neighborhood. Our 4 pm Sunday service combines elements of traditional Christian worship (Eucharist, music, a sermon) with more experimental stuff (poetry, storytelling, "secular" music). You are invited to take what you like and ponder the rest. Our congregation was planted in 2018 and we've been actively involved in Spokane Pride since we started.

Also publicly sourced on: direct comms

Other Congregations

New Community

518 W 3rd Ave

☎ 507.2695

🌐 www.new-community.com/about

We welcome and invite LGBTQ+ persons and families to full participation in all levels of community, partaking in sacraments, serving in ministry, joining in mission, and holding leadership roles as they are called.

Also publicly sourced on: direct comms

Latter-day Saints, The Church of Jesus Christ of, Affirmation

☎ 801.410.1688

🌐 www.affirmation.org



<https://affirmation.org/communities/us-canada-2/intermountain-west-2/spokane-2>

FB

[/AffirmationLGBTMormonsFamiliesFriends](#)

IG [/affirmation.lds](#)

Affirming communities of safety, love, and hope that promote understanding, acceptance, and self-determination of LGBTQIA+ individuals. Spokane Chapter: Affirmation creates worldwide communities of safety, love, and hope and promotes understanding, acceptance, and self-determination of individuals of diverse sexual orientations, gender identities and expressions. We affirm the inherent self-

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worth of LGBTQIA+ individuals as complete, equal, and valuable persons and support them as they define their individual spirituality and intersection with The Church of Jesus Christ of Latter-day Saints.

Lutheran

🏠 www.elca.org/our-work/publicly-engaged-church/resources-for-the-lgbtqia-community

Reconciling Works

🏠 www.reconcilingworks.org

FB [/ReconcilingWorks](https://www.facebook.com/ReconcilingWorks)

IG [/reconcilingworks](https://www.instagram.com/reconcilingworks)

You are not alone. Supporters of LGBTQIA+ people and families are not the minority in our Lutheran church, but are the growing majority. ReconcilingWorks is committed to deepening and expanding this support, but we cannot do it without people and partners like you.

Central

512 S Bernard St

☎ 624.9233

🏠 www.clspokane.org

FB [/CLSpokane](https://www.facebook.com/CLSpokane)

Evangelical Lutheran Church in America, ELCA. Christ-centered. Bible-based. Liturgical. God's purpose for Central is to talk about Jesus and use our gifts and talents to serve others.

Also publicly sourced on: SFCC LGBT+ Student Center,

Salem

1428 W Broadway Ave

☎ 328.6280

🏠 <https://salemlutheranspokane.org>

FB [/salemlutheranspokane](https://www.facebook.com/salemlutheranspokane)

Evangelical Lutheran Church in America, ELCA. Secure in the grace God offers to all, we seek & celebrate God's presence for the life of the world.

Also publicly sourced on: SFCC LGBT+ Student Center, gaychurch.org

St. Mark's

316 E 24th Ave

☎ 747.6677

🏠 www.stmarks-spokane.org

St. Mark's Lutheran Church's mission is to share the gospel through worship and service. To be an inclusive community for justice & peace among diverse peoples.

At St. Mark's all are welcome!

Also publicly sourced on: direct comms

Presbyterian Church, USA

Bethany Presbyterian Church

Temporary worship space:

3151 E 27th Ave (Southside Community Center)

☎ 534.0066

🏠 www.bethanyspokane.org

Bethany Presbyterian Church is A More Light Presbyterian congregation dedicated to allowing the full participation of LGBTQIA+ people in life, ministry, and witness of the Presbyterian Church (USA) and in society. Join us for intergenerational worship Sundays at 9:30am at the Southside Community Center.

Not ready to jump in? Reach out to our pastors Rev. Catherine Tobey (she/her) - catherine@bethanyspokane.org and Rev. Adam Tobey (he/him) -

adam@bethanyspokane.org to meet for coffee, or join our newsletter to stay in the loop about youth group gatherings, community events, and opportunities for advocacy.

Also publicly sourced on: direct comms

Millwood Community

3223 N Marguerite Rd

☎ 924.2350

🏠 www.millwoodpc.org

FB [/millwoodpresbyterian](https://www.facebook.com/millwoodpresbyterian)

A friendly congregation serving the local West Valley community and Spokane region.

Also publicly sourced on: gaychurch.org

Whitworth Presbyterian Church

312 W Hawthorne Rd

☎ 466.0305

🏠 www.whitworthchurch.org

Everyone is welcome to worship and work at Whitworth Church—everyone. Our posture toward the Bible informs our

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desire to welcome everyone to connect in Jesus-centered relationships. Our pastors and leaders are committed to making this church safe and accepting for everyone. Specifically, we are called to address the disconnection and loneliness which is prevalent post-Covid. Engaging in life together, that's what you'll find here. Also publicly sourced on: direct comms

More Light Presbyterians



<https://sites.google.com/mlp.org/tempsite/home>

FB [/morelightpresby](#)

IG [/morelightpresby](#)

A non-profit organization dedicated to allowing the full participation of LGBTQIA+ people in life, ministry, and witness of the Presbyterian Church (USA) and in society. You are welcome here, and you are loved. We seek to serve Christian communities and center God's abundance in all we do and all we are.

Roman Catholic, Catholic associated

Dignity USA

www.dignityusa.org

FB [/DignityUSA](#)

IG [/dignityusa](#)

Building an LGBTQIA+ inclusive Catholic church. Join us in advocating for affirmation and justice for people of all sexual orientations and genders.

St. Aloysius Gonzaga

330 E Boone Ave

<https://stalschurch.org>

FB [/AloysiusSpokane](#)

IG [/stalsparish](#)

Also publicly sourced on: gaychurch.org

United Church of Christ (UCC)

Pacific Northwest Conference Chapter of the Open and Affirming Coalition of the UCC, The

FB [/groups/128724626158](#)

We provide support and sanctuary to all our lesbian, gay, bisexual and transgender sisters and brothers, their families and friends; advocate for their full inclusion in

church and society; and bring Christ's affirming message of love and justice for all people. The UCC ONA Coalition is officially recognized by the United Church of Christ as a related, self-created organization. The work of the Coalition is focused on three primary areas: Creating and supporting Open and Affirming settings within the United Church of Christ, supporting youth and young adults and those who work with them, Local organizing and outreach.

Westminster Congregational

411 S Washington St

☎ 624.1366

www.westminsterucc.org

FB [/westminsterucc](#)

An Open and Affirming congregation. Also publicly sourced on: LGBT Near Me, SFCC LGBT+ Student Center, gaychurch.org, Open and Affirming

Open and Affirming

<https://openandaffirming.org>

FB [/UCC.Coalition](#)

IG [/ucc.coalition](#)

The Open and Affirming Coalition of the United Church of Christ advocates for the lesbian, gay, bisexual, and transgender community, and equips UCC congregations to become effective witnesses to Christ's extravagant welcome.

United Methodist

Audubon Park

3908 N Driscoll Blvd

☎ 325.4541

<http://audubonparkumc.org>

FB [/audubonparkumc](#)

IG [/audubonparkumc](#)

A welcoming Methodist Church community in central Spokane.

Also publicly sourced on: SFCC LGBT+ Student Center

Manito United Methodist Church

3220 S Grand Blvd

☎ 747.4755

www.manitoumc.org

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▲ We are a safe, affirming and supportive community. Let's Worship Together! We provide ASL Interpreter Services, assistive listening system for hearing aids and cochlear implant users, and wheelchair-accessible parking.

Also publicly sourced on: direct comms

Spokane Valley United Methodist Church

115 North Raymond Spokane Valley

☎ 924.7262

FB [/spokanevalleychurch](#)

🌐 www.spokanevalleychurch.org

Open Minds, Open Hearts, Open Doors. Spokane Valley United Methodist Church is here to invite people to: follow Jesus, love others, and transform the greater community through the grace of God. Proud to have an open and affirming female pastor.

Also publicly sourced on: direct comms

UM Affirmation

🌐 www.umaffirm.org

FB [/profile.php?id=100066511936191](#)

We are an independent voice of Lesbian, Gay, Bisexual, Transgender, and Queer people and our supporters. We are an activist, all-volunteer, not-for-profit organization that challenges the United Methodist Church to be inclusive, and radically speaks out against injustice for LGBTQ+ people around the world.

Unitarian Universalist (UU)

UU Church of Spokane

4340 Whistalks Dr

☎ 325.6383

🌐 www.uuspokane.org

FB [/uuspokane](#)

YT [/@UUCSpokane](#)

A LGBT Welcoming congregation.

Also publicly sourced on: direct comms

Inland Northwest UU Community

1612 W Dalke Ave (Spokane Friends)

☎ 309.7368

🌐 <https://inuuc.org>

FB [/InlandNorthwestUUCommunity](#)

Unity

Unity Spiritual Center Spokane

2900 S Bernard St

☎ 838.6518

🌐 <https://unityspokane.org>

FB [/unityspiritualcenterspokane](#)

IG [/unityspokane](#)

Located on Spokane's South Hill. During the week our building is open Tuesday, Wednesday, Thursdays 10am to 2pm and you can come meet us, check out center out, ask questions, check out our free library and more. Our weekly service is Sundays at 10am both in person and online (on our website and on Facebook). We have a youth program for ages 0 to 18 years young that meets Sundays at 10am as well. Our mission at Unity Spiritual Center Spokane: "We are a vibrant community growing through spiritual practices and love." We are welcoming to ALL people and believe God/the Universe is good and people are inherently good. We use prayer and meditation to lift each other up and create a better community and world. We would love to have you visit and connect with us. We have pride signs and a progressive pride flag up in our Center, sell pride items year-round in our store and we are committed to making this a safe space for all.

Also publicly sourced on: direct comms

Unity Center of North Spokane

4123 E Lincoln Rd

☎ 489.6964

🌐 <https://theunitycenter.org>

FB [/unitycenterofnorthspokane](#)

IG [/unitycenterofnorth](#)

We are a welcoming, Jesus friendly congregation that embraces the uniqueness of ALL people regardless of gender, race, **sexual orientation**, **gender identity**, or spiritual journey.

Pagan, Earth-Centered, Wicca, Wiccan, Druid, etc.

Children of the Crossroads Church of the Old Ways

FB [/groups/179937779420705](#)

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Aquarian Tabernacle Church (Wiccan). Children of the Crossroads Church of the Old Ways-ATC is a non-profit 501c3 coven of Wiccans in Spokane, WA who practice Wicca. We have closed Esbats and eventually will have open Sabbats to celebrate the Wheel of the Year. This group is for those interested in what we do, and of course all seekers of the Craft, whether you be initiates of other covens or solitary practitioners are welcome to join this group. Blessed Be!

Lilac Grove of Spokane

FB [/groups/1766628614085182](https://www.facebook.com/groups/1766628614085182)

"Our first action item is to notify the community that we are a safe and affirming place for the 2SLGBTQIA+ community. Offering a place for conversation, identity expression, etc." Polytheistic group of worship. Druidcentric yet open space for polytheistic worship, discussion and activism.

Recommended on FB

Other

Anam Cara Healing Center

7 S Howard St Unit 210

📍 www.anamcarahealing.center

FB

www.facebook.com/anamcarahealingcenter

IG [/anamcarahealingcenter](https://www.instagram.com/anamcarahealingcenter)

▲🕉 Anam Cara was built, designed, and created specifically for you. As The Meditation Studio in Spokane, we exist to bring calmness into your everyday life so you can feel fulfilled in who you are. We offer daily in-person meditation classes, one-on-one healing sessions with expert practitioners, plus workshops and trainings with mindfulness at the core.

*Anyone can join a weekly class for free using the code: FREECLASS. Weekly class schedule:

www.anamcarahealing.center/schedule

Also publicly sourced on: direct comms

Freedom Church of the Poor

📍 <https://kairoscenter.org/freedomchurch>

A spiritual and political home for movement leaders. We believe in the

fundamental dignity and value of all life and in a world of justice and abundance where all can thrive. We gather as a community of faith to support and care for each other. We commit to realizing the abundant world that God promises by identifying, developing, and uniting leaders who will build a movement to end poverty led by the poor. In this community and through our commitment to this struggle we also seek to re-discover and share a vision and a practice of religion that is rooted in truth, justice, and love.

Harmony Woods

☎ 866.6139

📍 <https://harmonywoods.org>

YT [@HarmonyWoodsRetreat](https://www.youtube.com/@HarmonyWoodsRetreat)

Harmony Woods Retreat Center is a nonprofit with a vision of holding sacred space for rest, renewal, and transformation.

Heartspace Yurt

☎ 953.6225

FB [/profile.php?id=100090969755543#](https://www.facebook.com/profile.php?id=100090969755543#)

HeartSpace Yurt is a gathering place for generating positive well-being experiences.

New Community Church

518 W 3rd Ave

📍 www.new-community.com

IG [/newcommspokane](https://www.instagram.com/newcommspokane)

We welcome and invite LGBTQ+ persons and families to full participation in all levels of community, partaking in sacraments, serving in ministry, joining in mission, and holding leadership roles as they are called.

Seattle Atheist Church

📍 <https://seattleatheist.church>

FB [/SeattleAtheistChurch](https://www.facebook.com/SeattleAtheistChurch)

YT [@SeattleAtheistChurchArchive/videos](https://www.youtube.com/@SeattleAtheistChurchArchive/videos)

Weekly Sundays online.

Souls Center

📍 soulscenterspokane@gmail.com

Spokane Friends Church (A Quaker Meeting)

1612 W Dalke St

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☎ 327.7852

🌐 <https://spokanefriends.org>

"The Spokane Friends Meeting is a welcoming Quaker community in Spokane, Washington that supports LGBTQ+ people". Related info: Friends for Lesbian, Gay, Bisexual, Transgender, and Queer Concerns (FLGBTQC): A Quaker-affiliated group of LGBTQ+ people in North America. // Quaker Lesbian Conference: An East Coast gathering that began alternating years of conferences for born-female only gatherings with conferences that included transgender women. Gender Neutral Bathrooms, Wheelchair Accessible.

St. Stephens

AllianceQ

🌐 <https://disciplesallianceq.org>

FB [/AllianceQ](#)

IG [/disciplesallianceq](#)

Let us be perfectly queer: God is love. We are turning over tables of injustice and spreading love. AllianceQ supports lesbian, gay, bisexual, transgender, and gender-diverse people of faith. We educate and equip faith communities for understanding, affirming, and including LGBTQ+ persons, and we collaborate with ecumenical partners for intersectional justice work.

National LGBTQ Task Force, The



www.thetaskforce.org/programs/queering-faith/partners/

Strives to work with faith and spiritual partners in an effort to provide resources and support to people of many faiths and spiritual traditions. The following non-profit organizations are part of the Task Force Queering Faith Welcoming Church Leaders Program.

Seventh-day Adventists

🌐 <https://sdakinship.org>

FB [/sdakinship](#)

IG [/sdakinship](#)

SDA Kinship International is an LGBTQIA+ affirming and inclusive community for current and former Seventh-day Adventists. Our online and in-person

community provides a safe space that allows everyone to be their authentic selves, share their stories, ask questions, and share helpful resources for people to better understand LGBTQIA+ experiences.

Safe-Worship = A Safe Place for members of the LGBTIQ community to worship, but not be members or participate

Welcome as member = Welcoming of LGBTIQ persons as members of the congregation

Supportive-full = Supportive of LGBTIQ members being full participants in the life of the church

Partner Church=Partners with Kinship to promote LGBTQ+ acceptance.

Also publicly sourced on: Fig Tree

History

Historical places of Queer Interest in Spokane

Pride History and Remembrance Project

A five-day history exhibit of LGBTQ+ history in the Inland Northwest with the purpose to celebrate and preserve the history and contributions people in the LGBTQ+ community have made in Spokane and the Inland Northwest.



www.spokesman.com/stories/2024/jun/05/pride-history-project-opens-at-the-pavilion/#:~:text=Laird%20said%20the%20Pride%20History,Spokane%20and%20the%20Inland%20Northwest

Archivist: Bethany Laird

Head Curator: Crystal Marché

Queer Digital History Project, The

"an independent community digital history project documenting pre-2010 LGBTQ digital spaces online. The project offers a catalog of and digital exhibits on early LGBTQ online communities, archival documents from early communities, and resources for learning more about LGBTQ internet history. We're also currently collecting oral histories from folks who were active in LGBTQ spaces on the early Internet, so feel free to reach out!"

Also publicly sourced on: direct comms

Dempsey's Brass Rail (closed permanently)

909 W 1st Ave (years in operation 1987-2011)

 www.spokanepride.org/dempseyshis

Dempsey's was more than just a bar; it was a community—a family. Starting as an Irish restaurant, it evolved into Spokane's premier gay establishment, symbolizing love, acceptance, and celebration. It offered music, dancing, drag shows, pool, darts, movies, karaoke, comedy, and cabaret, providing a space for Spokane's

LGBTQ+ community to socialize and express themselves freely. Despite increasing acceptance of LGBTQ+ people in the United States, the popularity of gay bars has diminished somewhat. However, they remain essential as safe places for LGBTQ+ individuals. Dempsey's, though not the only gay bar in the Inland Northwest, holds nostalgic memories for many.


Pin, The (closed permanently)



www.visitspokane.com/blog/experience-pride-in-spokane

The Pin has been carrying the drag torch longer than the Blind Buck, and this all-ages venue allows for more inclusivity. The Pin boasts enough regular performers to host drag king nights so that female, non-binary, genderqueer, or female-identifying people can perform as kings.

Past show: Spokane trans actress Maeve Griffith tackles 30 roles in Stage Left's latest one-person show, I Am My Own Wife

 www.inlander.com/culture/spokane-trans-actress-maeve-griffith-tackles-30-roles-in-stage-lefts-latest-one-person-show-i-am-my-own-wife-21446234

Also publicly sourced on: direct comms

Spokane Valley

Camp Fire Inland Northwest

1014 N Pines Rd Ste 110

☎ 747.6191

FB [/CampFireINW](#)

IG [/campfireinw](#)

🌐 <https://campfireinc.org>

Recreation and Wellness. Camp Fire Inland Northwest's mission is to provide the opportunity for youth to find their spark, lift their voice, and discover who they are. Camp Fire has been an inclusive, innovative leader in youth development since 1910.

Also publicly sourced on: NIPA

Episcopal Church of the Resurrection

15319 E 8th Ave

☎ 926.6450

PO Box 14771 Spokane WA 99214 (mail)



<https://resurrectionspokane.spokanediocese.org>

"The Episcopal Church has long supported the LGBTQ+ community, starting in 1976 when both houses of General Convention passed a resolution supporting inclusion of the LGBTQ+ community in church life. According to Presiding Bishop Michael Curry, "The leaders of the Episcopal Church are committed to the principle of full and equal access to, and inclusion in, the sacraments for all of the baptized children of God, including our LGBTQ+ siblings."

Vitalant Blood Donation

12117 E Mission Ave

🌐 www.vitalant.org/eligibilityupdate

🌐 www.vitalant.org/about-us/dei

YMCA

2421 N Discovery Pl

☎ 777.9622

🌐 <https://ymcainw.org>

Tri-Cities

Molina Healthcare

Provides Medicaid, Medicare, and Health Insurance Exchange plans in Pasco, Richland, and Kennewick, Washington. They offer a range of programs and services for members, including Apple Health (Medicaid), behavioral health support, and access to providers and facilities in those cities. Also publicly sourced on: Sponsor of 2025 Tri-Cities Pride

Washington, Kennewick

American Red Cross

7202 W Deschutes Ave
☎ 783.6195
Central and Southeastern Washington.

Lord of Life Lutheran

640 N Columbia Center Blvd
☎ 783.5222
<https://thelordoflife.org>
FB [/LordofLifeKennewick](#)
Also publicly sourced on: FB

St. Paul's Episcopal Church

1609 W 10th Ave
☎ 582.8635
Also publicly sourced on: FB

Washington, Pasco

Community Unitarian Universalist Church

2819 W Sylvester St
☎ 545.6777
🌐 www.communityuu.org
FB /CommunityUU
A Welcoming congregation.

Tri-Cities Pride Festival

PO Box 3053 Pasco WA 99302
FB /TriCitiesPrideFestival
IG [/tricitypride](#)
🌐 www.tcpridefest.org

Washington, Richland

All Saints' Episcopal Church

1322 Kimball Ave
☎ 943.1169
🌐 <https://allsaintsrichland.org>
"Was at Pride last year."
Also publicly sourced on: FB

Kadlec Regional Medical Center

888 Swift Blvd
☎ 946.4611
🌐 www.providence.org/locations/kadlec
Also publicly sourced on: Sponsor of 2025 Tri-Cities Pride

Northwest United Protestant Church

1315 Wright Ave (mailing address)
1312 Sacramento Blvd (parking)
☎ 946.3222
🌐 <https://nwup.church>
Disciples of Christ.
Also publicly sourced on: FB

PFLAG - Benton/Franklin

PO Box 84 Richland WA 99352
🌐 www.pflagbf.org
FB [/PFLAGBF](#)
IG [/pflagbentonfranklin](#)

Shalom United Church of Christ

505 McMurray
☎ 943.3927
🌐 www.shalomunitedchurch.org
FB [/shalomucc](#)
IG [/shalomucc](#)
An Open and Affirming congregation.

Tri-Cities LGBTQ

FB [/groups/gaytricityies](#)
Our group is a supportive and inclusive community for LGBTQ individuals and allies in the Tri-Cities, Washington area. We aim to create a safe space where members can share experiences, seek advice, and connect with others.

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Our Mission: To foster a welcoming and supportive environment for all LGBTQ individuals and allies. To provide a platform for sharing resources, information, and events relevant to the LGBTQ community in the Pasco-Kennewick-Richland area. To promote mutual respect, kindness, and understanding among our members.

Support Groups offered by Alzheimer's Association Washington State Chapter in Tri-Cities

609 The Parkway

☎ 1.800.272.3900



https://www.alz.org/alzwa/helping_you/support_groups

Coordinates support groups for family members and caregivers of individuals living with Alzheimer's disease and related dementias. Groups focus on participants' particular areas of interest. LGBTQ+ Community Resources for Dementia. 🌟

<https://www.alz.org/help-support/resources/alzheimers-and-dementia-resources-for-lgbtq-commun>.

Pullman

Alternatives to Violence of the Palouse

115 NW State St Room 305a

☎ 877.334.2887, 24/7 Free & Confidential Hotline

☎ 332.HELP

🌐 <https://atvp.org>

FB [/atvpsupport](#)

IG [/atvpsupport](#)

Located in Latah & Whitman County. ASL & En Español. We can help with support, shelter, advocacy, and any other questions. Our mission is to empower individuals affected by domestic violence, sexual assault and abuse, and stalking. We work to create a safe and equitable community through education and prevention. We provide support and safety for victims of domestic violence and sexual assault and non-offending family members and friends. ATVP is a private, non-profit organization governed by a community-based Board of Directors. ATVP services are provided to program participants free of charge and without discrimination on the basis of physical or mental disability, race, ethnicity, color, religion, political beliefs, gender, age, national origin, citizenship, ancestry, sexual orientation, marital or familial status, pregnancy, income, veteran status, because the individual is a recipient of federal, state, or local assistance, or any other basis prohibited by federal, state or local law. Services include 24-hour telephone or in-person crisis intervention; emergency, confidential shelter; legal and medical advocacy; individual and group support; information and referral; and community education.

Also publicly sourced on: [PFLAG Moscow](#)

Community Congregational United Church of Christ (CCUCC)

525 NE Campus Ave

☎ 332.6411

🌐 www.pullmanucc.org

FB [/pullmanucc](#)

IG [/ccucc_palouse](#)

CCUCC is an Open and Affirming (ONA) church. ONA is the United Church of Christ's (UCC) designation for congregations, campus ministries, and other bodies in the UCC which make a public covenant of welcome into their full life and ministry to persons of all sexual orientations, gender identities, and gender expressions.

Also publicly sourced on: LGBT Near Me, [PFLAG Moscow](#)

Community Action Center (CAC)

350 SE Fairmont Rd

☎ 334.9147

🌐 www.cacwhitman.org/foodbank

FB [/CommunityActionCtr](#)

Food Bank, Energy Assistance, Weatherization, Rental Assistance, Section 8 Vouchers and more!

Intersectional Advocacy Coalition of Whitman County

FB [/profile.php?id=100082004432580](#)

Intersectional Advocacy Coalition (IAC) works to champion social justice and human rights by harnessing the collective power of allied groups and individuals. We promote community inclusion and equity. Also publicly sourced on: Holds Pullman Pride event

Phoenix Conservancy, The

☎ 425.757.6890

🌐 www.phoenixconservancy.org

FB [/PhoenixConservancy](#)

IG [/thephoenixconservancy](#)

We restore endangered ecosystems. The Phoenix Conservancy protects and restores endangered ecosystems, from the Palouse Prairie to the Great Plains to the rainforests of Madagascar. Our work increases economic resiliency of local communities and benefits diverse wildlife,

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including the Monarch Butterfly, Greater Prairie-Chicken, and Ring-tailed Lemur. Also publicly sourced on: [PFLAG Moscow](#)

Pullman Civic Theater

1220 NW Nye St

🌐 www.pullmancivictheatre.org

FB [/PullmanCivicTheatre](#)

IG [/pullman_civictheatre](#)

Your community's theater! We have a long and colorful history dating back to the building of the Pullman Auditorium in the 1890s and we continue our tradition of affordable live theatre with full length plays, musicals, one-acts, camps and classes and more!

Also publicly sourced on: [PFLAG Moscow](#)

Pullman Pride

IG [/pullman_pride_fest](#)

Pullman Regional Hospital, Pullman Family Medicine

835 SE Bishop Blvd

📞 332.2541

🌐 www.pullmanregional.org/pullman-family-medicine

At Pullman Regional Hospital and our network of clinics, we are committed to providing a safe and respectful environment. Our Patient and Visitor Code of Conduct helps us create an atmosphere free from disrespectful, racist, discriminatory, hostile, or harassing comments.

Also publicly sourced on: [PFLAG Moscow](#)

Refuge Church

122 N Grand Ave

🌐 www.refugepullman.com

FB [/FindRefugePullman](#)

IG [/find_refuge](#)

YT

[/channel/UCTBsSJ308EsCD9mV5OqHgFw](#)

Nondenominational Church. A place for every individual regardless of their race, sexual orientation, gender identity, or socioeconomic background.

Also publicly sourced on: [PFLAG Moscow](#)

Regional Theatre of the Palouse (RTOP)

122 N Grand Ave

📞 334.0750

🌐 <https://rtoptheatre.org>

FB [/OurTopTheatre](#)

IG [/rtop_theatre](#)

Nonprofit organization. Performing Arts on the Palouse.

Also publicly sourced on: [PFLAG Moscow](#)

St James Episcopal Church

1410 NE Stadium Way

📞 332.1742

🌐 <http://stjamespullman.org>

FB [/StJamesPullman](#)

You are no longer strangers and sojourners, but fellow citizens with the saints and members of the household of God. – Ephesians 2:19. We are a community of faith rooted in God's unconditional love, seeking to express that love to one another, our neighbors and the world. "You shall love your neighbor as yourself" (Matt 22: 39). All persons are encouraged to participate fully in the life of the church regardless of race, ethnicity, gender expression, sexual orientation, economic condition, physical or mental ability, or immigration status. We believe all people are created by God to model the diversity in unity which is the Holy Trinity, and we seek to live out that diversity within our faith community.

Also publicly sourced on: [gaychurch.org](#), [PFLAG Moscow](#)

Trinity Lutheran Church

1300 NE Lybecker Rd

🌐 www.trinitypullman.org

FB [/TLCPullman](#)

IG [/tlcpullman](#)

We are a faith community with open minds and open arms. All are welcome! Whether you have spent your life in the church, are returning after a long time, or have never been, come as you are; there is a place for you here. We are a Reconciling in Christ congregation.

www.reconcilingworks.org

Also publicly sourced on: [gaychurch.org](#)

Washington State University, QIA (Queer Intersections Association)

IG [/wsuqia](#)

🌐 <https://wsuqia.wordpress.com/about>

Spokane Pride 365 Area Code 509 May 2026

www.women.wsu.edu/coalition-for-women-students/queer-intersections-association

Student social group. Formerly Queer People of Color and Allies, Sub-categories: POC. QIA (Queer Intersections Association) is an intersectional organization that specifically focuses on issues that encompass Queer folks of color's experiences. It is a space where people can exist as their full selves while their humanity is celebrated and supported.

Also publicly sourced on: LGBT Near Me

Washington State University, Women's Resource Center

Wilson-Short Hall Room 8

☎ 335.6849

IG [/wsuwomen](https://www.instagram.com/wsuwomen)

🌐 www.women.wsu.edu

Our mission is to engage with the multi-dimensional experiences of women, to challenge patterns of injustice for people of all genders, and to provide a welcoming and inclusive space. We elevate all marginalized voices while prioritizing prerogatives to learn, organize, and support one another as peers and mentors. We foster a community dynamic both within and beyond the Women's Center that is collaborative, creative, and inclusive.

Also publicly sourced on: LGBT Near Me

Washington State University, LGBTQ+ Center

Compton Union Bldg CUB 401

☎ 335.8841

🌐 www.thecenter.wsu.edu

FB [/wsulgbtqcenter](https://www.facebook.com/wsulgbtqcenter)

IG [/wsulgbtqcenter](https://www.instagram.com/wsulgbtqcenter)

Also publicly sourced on: LGBT Near Me, [PFLAG Moscow](#)

Whitman County Humane Society (WCHS)

1340 SE Old Moscow Rd

☎ 332.3422

🌐 www.whitmanpets.org

FB [/whitmanpets](https://www.facebook.com/whitmanpets)

IG [/whitmanpets](https://www.instagram.com/whitmanpets)

Get Involved and Support Our Lifesaving Mission! WCHS values the human-animal bond, provides stewardship for homeless pets, and promotes compassionate treatment of all companion animals. Finding homes for adoptable cats and dogs in Whitman County. Whitman County Humane Society is a limited-intake, nonprofit organization that has been serving the homeless pets of Whitman County for over 20 years.
Link from Pullman Pride

Washington cont.

Washington, Cheney

Cheney United Methodist Church

204 4th St

☎ 235.4600

www.cheneyumc.org

✉ Pastor Damian Carruthers,

rev.damian.carruthers@gmail.com

Also publicly sourced on: direct comms

Washington, Walla Walla

American Red Cross

☎ 525.7380

Please call for assistance.

Blue Mountain Heart to Heart

PO Box 40 Walla Walla WA 99362

☎ 529.4744



www.bluemountainheart2heart.wordpress.com

FB [/bmh2h](https://www.facebook.com/bmh2h)

✉ e.maroon@bmh2h.org

Case management and prevention programs for stigmatized populations, including HIV and substance use. BMH2H is a community-based organization whose mission is to promote public health with advocacy, education, harm reduction, clinical services, and support for individuals across a spectrum of chronic conditions, with a special emphasis on HIV prevention and care. Through our efforts we hope to encourage an environment of dignity and improved quality of life for the entire community. Blue Mountain Heart to Heart has been serving clients and providing prevention education to communities in Southeast Washington since 1991. Sub-categories: ASO, Testing, Education.

First Congregational Church

73 S Palouse St

☎ 525.8753

✉ www.firstchurchuccww.org

FB /First-Congregational-Church-of-Walla-Walla-United-Church-of-Christ-15153831

IG /fccwallawalla

An Open and Affirming church.

Triple Point Youth Group Walla Walla

1612 Penny Ln (Children's Home Society of WA)

☎ 529.2130

☎ 607.6547



www.childrenshomesociety.org/wallawalla

FB /triplepointwallawalla

Social and support group for LGBT youth, 13-18 in SW Washington., LGBT Youth Program offered by Children's Home Society of Washington in Walla Walla, Triple Point is a local youth group for gay, lesbian, bisexual, transgender, questioning, and straight ally youth. Triple Point provides youth with a meal and structured activities during each meeting. Sub-categories: Social, Support, More Information.

Walla Walla Pride

FB [/walla.walla.wa.pride](https://www.facebook.com/walla.walla.wa.pride)

Walla Walla Pride is a coalition of volunteers and allies with a mission to build, empower, and connect the LGBTQ+ community.

Whitman College, Reid Campus Center

216 or? 280 Boyer Ave

☎ 522.4410

✉ www.whitman.edu/campus-life/diversity/intercultural-center/lgbtqia/prism

LGBTQIA+ student organization.

Washington, Wenatchee

American Red Cross

230 Grant Rd Ste A3

☎ 663.3907

Spokane Pride 365 Area Code 509 May 2026

PFLAG

FB [/pflagwenatchee](#)

IG [/pflagwenatchee](#)

PFLAG is creating a caring, just, and affirming world for LGBTQ+ people and those who love them.

Wenatchee Pride

🏠 www.wenatcheepride.org

FB [/WenatcheePride](#)

IG [/wenatcheepride](#)

Wenatchee Pride's mission is to empower and connect the North Central Washington LGBTQ+ community and its allies toward creating and maintaining a safe, inclusive, and equitable environment for all.

Family Support offered at Children's Home Society of Washington's North Central Region

1014 Walla Walla Ave

☎ 663.0034



www.childrenshomesociety.org/chelandouglas

Helps families build on their strengths, find support networks, and promote overall well-being, through various programs, such as the Incredible Years parent training, Project Safe Care, Triple Point, Readiness to Learn, and the Truancy Invention Program.

Washington, Other places

Camp Ten Trees

1122 E Pike St Seattle

🏠 <http://camptentrees.org>

Camp Ten Trees offers the Pacific Northwest's only residential summer camp programming for lesbian, gay, bisexual, trans, queer, and questioning (LGBTQ) youth and their allies and for children / youth of LGBTQ or non-traditional families.

Care Connect Washington, LGBTQ



https://ccwa.doh.wa.gov/search?query=LGBTQ&query_label=LGBTQ&query_type=ext

Chelan High School, Gay Straight Alliance

215 W Webster Ave PO Box 369 Chelan WA 98816

☎ 682.4061



www.sites.google.com/chelanschools.org/chsgsa/home

High school GSA.

Colbert Presbyterian Church

4211 E Colbert Rd Colbert WA 99005-9140

🏠 www.colbertpres.org

Also publicly sourced on: gaychurch.org

First Congregational Church UCC

205 N Maple St Colville WA 99114-2943

FB [/colvilleucc](#)

Also publicly sourced on: gaychurch.org

PFLAG – Clarkston

FB [/PFLAGCLARKSTON](#)

IG [/pflag_clarkston](#)

Creating a caring, just, and affirming world for LGBTQ+ people and those who love them.

Also publicly sourced on: [LGBT Near Me](http://LGBTNearMe)

American Red Cross

Fairchild Air Force Base

610 N Depot Ave Room 322 Fairchild AFB WA 99011

Pride Foundation, Seattle, Olympia, and Ellensburg

☎ 607.4546

☎ 800.735.7287



<https://pridefoundation.org/region/washington>

www.pridefoundation.org

Saint Matthews Episcopal Church

317 7th St Prosser

☎ 778.4295

FB [/SaintMatthewsEpiscopalChurchprosser](#)

Also publicly sourced on: FB

Sravasti Abbey Buddhist Temple

Newport

☎ 447.5549

🏠 <https://sravastiabbey.org>

Spokane Pride 365 Area Code 509 May 2026

St. Clare Ecumenical Catholic Community

15118 E Ridge Ln Veradale

🌐 www.stclareecc.com

Ecumenical Catholic Communion.

Also publicly sourced on: gaychurch.org

Coeur d'Alene (CDA)

"Look for places with "Love lives here" "CDA Pride" or "North Idaho Rejects Hate" signs and stickers on windows and doors."

🏠 www.nipridealliance.com/community-businesses

After years of racist history, Coeur d'Alene city council unanimously passes hate crime ordinance 3 Jul 2024

🏠 www.spokesman.com/stories/2024/jul/03/coeur-dalene-city-council-unanimously-passes-hate-/#:~:text=The%20new%20ordinance%20in%20Coeur,potentially%20take%20plac%20%E2%80%93%20a%20first

Human Rights Education Institute

414 W Fort Grounds Dr

☎ 292.2359

🏠 <https://hrei.org>

The Institute hosts and creates world-class exhibits, develops programs for children, sponsors events celebrating diversity, and provides workshops and training for community members, business leaders and educators. The Institute has an established, visible presence that reinforces the importance of human rights and our dedication to promoting these rights in our region. Every person counts. HREI addresses a wide range of diversity issues in the course of its programs, including race, ethnicity, gender, socioeconomic class, age, sexual orientation, religion, disability, and job and life circumstance. Prejudice and discrimination cannot be eliminated in one area while continuing to exist in another.

Lake City Playhouse

1320 E Garden Ave

☎ 771.7061

FB [/lakecityplayhouse](https://www.facebook.com/lakecityplayhouse)

IG [/lakecityplayhouse](https://www.instagram.com/lakecityplayhouse)

🏠 www.lakecityplayhouse.org

Community theater producing a variety of shows in a long-running venue with a casual atmosphere.

Also publicly sourced on: NIPA, personal recommendation

Mountain States Early Head Start

415 N 15th St

☎ 765.6955

FB [/MtnStatesEarlyHeadStart](https://www.facebook.com/MtnStatesEarlyHeadStart)

🏠 www.msehs.org

We are a community where you and your child will make friends, learn together, and form connections that last a lifetime. We offer free child development guidance and resources to anyone expecting a child or with a child up to 36 months.

Also publicly sourced on: NIPA

Museum of North Idaho

115 S 4th St

☎ 664.3448

FB [/MuseumofNorthIdaho](https://www.facebook.com/MuseumofNorthIdaho)

🏠 <https://museumni.org>

Located in the heart of a vibrant and welcoming gathering place, the Museum of North Idaho (MONI) collects, preserves, and interprets our community's history and traditions. MONI envisions becoming a social, cultural and economic hub through educational programming and dynamic exhibits, while remaining a high-quality research institution and archives.

Also publicly sourced on: NIPA

North Idaho College, Gender and Sexuality Alliance

495 N College Dr Coeur d Alene ID 83814 (Edminster Student Union)

☎ 769.7844

🏠

www.nic.edu/websites/default.aspx?dpt=7&pageID=13414

Social group for students. Sub-categories: Social. The North Idaho College Gender & Sexuality Alliance (GSA) club was founded in order to promote a positive and supportive environment for gays, lesbians, bisexuals, trans people or persons of any gender identity or sexual orientation, and those supportive of them.

Also publicly sourced on: LGBT Near Me

North Idaho AIDS Coalition

2201 Government Way #E & #F

☎ 665.1448

☎ 866.609.1774

🌐 www.northidahoaidscoalition.org

FB /niac.idaho

HIV/AIDS services., Sub-categories: ASO.

A non-profit community service organization providing services to those affected and infected by HIV/AIDS. This service organization provides financial referrals, preventative risk assessment, community outreach, education, community support referrals, medical case management and free HIV testing.

Also publicly sourced on: LGBT Near Me

North Idaho Pride Alliance

☎ 352.3518

🌐 www.nipridealliance.com/resources

🌐 www.nipridealliance.com/youth-educational-materials

🌐 www.nipridealliance.com

FB [/nipridealliance](https://www.facebook.com/nipridealliance)

IG [/nipridealliance](https://www.instagram.com/nipridealliance)

LGBTQIA+ library, community organizing; networking; resource development; social activities. NORTH IDAHO PRIDE ALLIANCE is a nonprofit organization of Lesbian, Gay, Bisexual, Trans, Queer/Questioning, Intersex and Asexual (LGBTQIA+) people, allies and community groups working together to create a more inclusive North Idaho through Networking, Educating and Advocating. Many downloads and educational materials.

Also publicly sourced on: RAC, LGBT Near Me, direct comms

Out in Coeur d'Alene

FB [/groups/223728464668392](https://www.facebook.com/groups/223728464668392)

This is a group in which LGBT people network while exploring the community

and culture in the Coeur d'Alene, Idaho area. We encourage you to use this page to plan regular social events including coffee, Taco Tuesdays, drag nights out, river floats, art walks, girls' night out, ice cream socials, hikes, kayaking trips, potlucks and more!

Also publicly sourced on: Fig Tree

Panhandle Health

<https://panhandlehealthdistrict.org>

PFLAG - Coeur D'Alene / Kootenai

☎ 352.2831

FB [/PFLAGCDAKootenai](https://www.facebook.com/PFLAGCDAKootenai)

LGBTQ Support, Advocacy, and Education network serving Coeur d'Alene and Kootenai County, Idaho.

Also publicly sourced on: LGBT Near Me

Queer Connections

Join us for an evening of connection, celebration, and community at our Queer Connections Monthly Social hosted by North Idaho Pride Alliance!

Safe Passage

850 N 4th St

☎ 664.9303

Safe Passage Helpline (monitored 24/7)

Text 208.449.7228

🌐 www.safepassageid.org

Populations served: Developmentally disabled, Rural, Trafficked persons, LGBTQ, Trans women/men.

Fundraiser for Safe Passage held by Queer Connections.

St Luke's Episcopal Church

501 E Wallace Ave

🌐 www.stlukesca.org

Also publicly sourced on: gaychurch.org

Trans Coeur d'Alene

FB [/groups/129031587249829](https://www.facebook.com/groups/129031587249829)

Trans Coeur d'Alene is a CLOSED Facebook group, members are here by invitation only. This group type ensures that members are able to speak freely without concern for being observed by the general public. If you know a Transgender, Transsexual, Gender-variant, Genderfluid, Genderqueer or ANY non-cis-identifying

person, who would appreciate support from the local trans* and trans* ally community, please invite them to join. Also publicly sourced on: Fig Tree

Vitalant Blood Donation

405 W Neider Ave #102

🌟 www.vitalant.org/eligibilityupdate

🌟 www.vitalant.org/about-us/dei

MOSCOW

1912 Center

412 E 3rd St

☎ 669.2249

🌐 www.1912center.org

FB [/1912Center](#)

1912 Center is an event space for the greater Moscow community, with rooms, programs & more!

Also publicly sourced on: [PFLAG Moscow](#)

Alternatives to Violence of the Palouse

407 S Washington St Ste 101

☎ 877.334.2887, 24/7 Free & Confidential Hotline

☎ 883.HELP

🌐 <https://atvp.org>

FB [/atvpsupport](#)

IG [/atvpsupport](#)

Located in Latah & Whitman County. ASL & En Español. We can help with support, shelter, advocacy, and any other questions. Our mission is to empower individuals affected by domestic violence, sexual assault and abuse, and stalking. We work to create a safe and equitable community through education and prevention. We provide support and safety for victims of domestic violence and sexual assault and non-offending family members and friends. ATVP is a private, non-profit organization governed by a community-based Board of Directors. ATVP services are provided to program participants free of charge and without discrimination on the basis of physical or mental disability, race, ethnicity, color, religion, political beliefs, gender, age, national origin, citizenship, ancestry, sexual orientation, marital or familial status, pregnancy, income, veteran status, because the individual is a recipient of federal, state, or local assistance, or any other basis prohibited by federal, state or local law. Services include 24-hour telephone or in-person crisis intervention;

emergency, confidential shelter; legal and medical advocacy; individual and group support; information and referral; and community education.

Also publicly sourced on: [PFLAG Moscow](#)

Inland Oasis

730 W Pullman Rd #3

☎ 596.4992

🌐 www.inlandoasis.org

FB [/InlandOasis](#)

IG [/inlandoasis](#)

BS [/profile/inlandoasis.bsky.social](#)

Serving the needs of the LGBT community of the Palouse. Sub-categories: General.

The purpose of the organization is to conduct and support educational, social and health programming for the lesbian, gay, bisexual, and transgender community on the Palouse, southeastern Washington and north central Idaho, and to conduct any lawful activity in any lawful manner to further these purposes consistent with the Idaho Non-Profit Corporation Act (INCA). The mission of Inland Oasis is to develop and maintain a community center in which to conduct and support educational, social and health programming for the lesbian, gay, bisexual, transgendered and allied communities on the Palouse, Southeastern Washington and North Central Idaho.

Also publicly sourced on: Spokane Pride, [PFLAG Moscow](#)

Latah County Historical Society

327 E 2nd St

☎ 882.1004

🌐 www.latahcountyhistoricalsociety.org

FB [/LatahCountyHistory](#)

IG [/latahcountyhistoricalsociety](#)

For ours and future generations, we collect, preserve, share, and celebrate the history of Latah County in order to promote a deeper understanding of the many experiences that make up our shared past.

Also publicly sourced on: [PFLAG Moscow](#)

Moscow Food Co-op, The

121 E 5th St

☎ 882.8537

🌐 www.moscowfood.coop

FB [/MoscowFoodCoop](https://www.facebook.com/MoscowFoodCoop)

IG [/moscowfoodcoop](https://www.instagram.com/moscowfoodcoop)

A cooperatively-owned grocery store in Moscow, Idaho that is open to everyone. Since 1973, the Moscow Food Co-op has been more than a grocery store — we've been a community hub rooted in good food and local values. Owned by thousands of our neighbors, the Co-op exists to support local farmers and producers, champion sustainability, and make healthy, natural foods accessible to all. Everyone is welcome to shop, and owners enjoy extra perks, savings, and a voice in shaping the Co-op's future. Together, we're building a strong, local food system and creating a better way to eat, live, and connect.

Also publicly sourced on: [PFLAG Moscow](#)

Palouse-Clearwater Environmental Institute (PCEI)

1040 Rodeo Dr

☎ 882.1444

🌐 www.pcei.org

FB [/PCEI.org](https://www.facebook.com/PCEI.org)

IG [/pcei_naturecenter](https://www.instagram.com/pcei_naturecenter)

YT [/channel/UCP8-](https://www.youtube.com/channel/UCP8-TEgG3knCudK6fBHdTGA)

[TEgG3knCudK6fBHdTGA](https://www.youtube.com/channel/UCP8-TEgG3knCudK6fBHdTGA)

The mission of the Palouse-Clearwater Environmental Institute (PCEI) is to increase citizen involvement in decisions that affect our region's environment.

Also publicly sourced on: [PFLAG Moscow](#)

PFLAG – Moscow

☎ 755.3024

FB [/moscowpflag](https://www.facebook.com/moscowpflag)

Also publicly sourced on: direct comms

Swing Devils of the Palouse

210 N Main St

🌐 www.swingdevils.org

FB [/swingdevils](https://www.facebook.com/swingdevils)

A 501(c)(3) nonprofit organization. Established 1997. We are a swing dance club that brings the music, culture and history of swing to the Palouse!

Also publicly sourced on: [PFLAG Moscow](#)

Unitarian Universalist Church of the Palouse

420 E 2nd St

☎ 882.4328

🌐 www.palouseuu.org

FB [/profile.php?id=100064746180043](https://www.facebook.com/profile.php?id=100064746180043)

IG [/u.u.church_palouse](https://www.instagram.com/u.u.church_palouse)

YT [@uucpmoscow3168](https://www.youtube.com/@uucpmoscow3168)

All are welcome at the UU Church of the Palouse. We are embracing of many beliefs, welcoming of all genders and sexual orientations, and in our newly remodel building, we are accessible to people of all abilities.

Also publicly sourced on: LGBT Near Me, [PFLAG Moscow](#)

Post Falls

Calvary Lutheran Church

1101 N Compton St

☎ 773.5321

🌐 www.calvarypostfalls.com

FB [/calvarypostfalls](https://www.facebook.com/calvarypostfalls)

Affirming congregation. Rainbow Squad started in 2019 and is for LGBTQIA2S+ teens and Allies to hang out, make crafts, and play games. Rainbow Squad is open to all middle schoolers and high schoolers (6th-12th grade).

Also publicly sourced on: LGBT Near Me

Inner Heart Therapy

☎ 509.903.6024

🌐 www.innerhearttherapy.org

LLC. Services: trauma therapy, anxiety therapy, LGBTQ+ therapy.

Also publicly sourced on: LGBT Near Me

Post Falls High School GSA club

Silver Valley Pride

784 S Clearwater Loop, Ste R

☎ 273.1368

FB [/SVPrideID](https://www.facebook.com/SVPrideID)

IG [/silvervalleypride](https://www.instagram.com/silvervalleypride)

🌐 www.svpcommunity.com

Sandpoint

Bonner County Human Rights Task Force

☎ 290.2732

We oppose discrimination, segregation, intimidation, harassment, physical harm, or the denial of equal protection in any form based upon race, color, gender, sexual orientation, or religion. We promote interracial and intercultural understanding; we promote racial and ethnic harmony. We encourage parents and educators to teach fairness, justice, and equality; we encourage everyone to live these ideals.

Also publicly sourced on: Sandpoint Pride (as a sponsor).

First Presbyterian Church

417 N Fourth Ave

🌐 www.fpcsandpoint.org

Also publicly sourced on: gaychurch.org

YMCA

1905 Pine St

☎ 263.6633

🌐 <https://ymcainw.org>

Sandpoint Alliance for Equality (SAFE)

🌐 www.safe-idaho.org

Sandpoint Pride

🌐 www.safe-idaho.org/sandpointpride

Also publicly sourced on: Spokane Pride

Idaho cont.

Bonnors Ferry

Bonnors Ferry Pride

FB [/groups/1789395794859800](https://www.facebook.com/groups/1789395794859800)



<https://bonnorsferryherald.com/news/2024/jul/04/bonnors-ferrys-first-pride-event-a-success>

"The event took place at the Pearl Theater, which organizers hope will open up avenues for local LGBTQ+ individuals and allies to participate."

Hayden

Recovery, Narcotics Anonymous, North Idaho Area

PO Box 924 Hayden ID 83835

☎ 618.6455

🌟 www.northidahona.org

✉ ASCchair@northidahona.org

12 step programs. Sub-categories:

Narcotics.

Also publicly sourced on: LGBT Near Me

Lake City

Lake City Center

🌟 www.lakecitycenter.org

Lake City Gender, Sexuality and Acceptance club



<https://www.cdaschools.org/domain/801>.

Lakes Middle School GSA club

Idaho, Other

Community Presbyterian Church

1100 W College Ave Saint Maries ID

83861-1635

🌟 www.smpresbyterian.org

Also publicly sourced on: gaychurch.org

Free Mom Hugs Idaho

🌟 <https://freemomhugs.org/in>

FB [/FreeMomHugsIdaho](https://www.facebook.com/FreeMomHugsIdaho)

Free Mom Hugs is a group of Moms, friends, and allies who support the LGBTQ community. This is our Idaho chapter. Also publicly sourced on: Fig Tree

Idaho Transgender and Gender NonConforming Community

FB [/groups/idahotransandgnccomm](https://www.facebook.com/groups/idahotransandgnccomm)

Kootenai County Democrats

FB [/kootenai.county.democrats](https://www.facebook.com/kootenai.county.democrats)

IG [/kootenaicountydemocrats](https://www.instagram.com/kootenaicountydemocrats)

🌟 <https://kootenaidemocrats.org>

✉ contact@kootenaidemocrats.org

▲ KC DEMS: Stronger Together! We treat all people equally regardless of race, ethnicity, color, religion, sex, national origin, immigration and/or refugee status, disability, sexual orientation, gender identity and expression, or age.

Also publicly sourced on: direct comms

National Alliance on Mental Illness (NAMI) Idaho

FB [/idahonami](https://www.facebook.com/idahonami)

IG [/idahonami](https://www.instagram.com/idahonami)

🌟 <https://namiidaho.org>

The families and members of NAMI Idaho are here to help! We offer understanding to anyone concerned about mental illnesses and the treatment of mental illness. Mental illnesses are brain disorders that are biologically based medical problems. Untreated, they can cause severe disturbances in thinking, feeling and relating. This results in substantially diminished capacity for dealing with the ordinary demands of life. Mental illness can affect persons of any age and occur in any family. They are not caused by bad parenting and not evidence of weakness of character.

//

Rainbow Circle Connection Support Group
Hosted by NAMI Treasure Valley

Idaho Area Code 208

May 2026

Every Monday at 7:00 pm – 8:30 pm MST,
6:00 pm – 7:30 pm PST (Virtual).
Rainbow Circle is an affirming LGBTQ+
Adult Support Group.
Also publicly sourced on: NIPA

Better Allies

🌐 <https://betterallies.com>

Everyday actions to create inclusive, engaging workplaces. Are you looking to build a workplace culture with a certain buzz about it? Where employees are thriving and engagement survey scores are through the roof? Where people from different backgrounds, races, genders, **sexual orientations** and identities, ages, and abilities are hired and set up for success? One secret to creating this kind of vibrant and supportive workplace is practicing active allyship. With the Better Allies® approach, it's something anyone can do, not just people who have "diversity," "inclusion," or "belonging" in their job title.

Bisexual Resource Center, The

🌐 <https://biresource.org>

The Bisexual Resource Center works to connect the bi+ community and help its members thrive through resources, support, and celebration. We envision an empowered, visible, and inclusive global community for bi+ people.

Cancer Network, The

🌐 www.cancer-network.org

The only program in the United States addressing the needs of all LGBTQI+ people with cancer and those at risk. The Cancer Network connects patients, caregivers, and healthcare professionals to evidence-based information, peer support, and training designed to make cancer care more affirming and equitable for everyone. Our work focuses on education, advocacy and training.

Consortium of Higher Education, The

🌐 www.lgbtcampus.org

FB [/lgbtcampus](#)

IG [/lgbtqcampus](#)

The Consortium of Higher Education LGBT Resource Professionals is a member-based organization working towards the liberation of LGBTQ people in higher education. We support individuals who work on campuses to educate and support people of diverse sexual orientations and gender identities, as well as advocate for

more inclusive policies and practices through an intersectional and racial justice framework.

Gilead Sciences

🌐 www.gilead.com

An American biopharmaceutical company. We're entering 2025 with momentum and strength. As the long-standing leader in HIV, we're committed to helping end the epidemic with the advancement of unprecedented long-acting medications for both HIV prevention and treatment. Our diversified pipeline has the potential to deliver best-in-class therapies to address multiple myeloma and other types of cancer, the rare liver disease primary biliary cholangitis, and other diseases across our therapeutic areas.

Also publicly sourced on: 2024 Sponsor of Spokane Pride (Inlander 6 Jun 2024)

GLSEN

🌐 www.glsen.org

The Gay, Lesbian & Straight Education Network, is the leading national education organization focused on ensuring safe schools for all students.

Heritage Health

🌐 www.myheritagehealth.org

LGBTQ+ group therapy for youth and adults.

IMI Guide

🌐 <https://imi.guide>

A digital tool built for and with LGBTQ+ teens to help them explore their identities and support mental health.

National Center for Lesbian Rights

870 Market St Ste 370 San Francisco CA 94102

☎ 1.800.528.6257

🌐 www.nclrights.org

National LGBTQ Task Force

🌐 www.thetaskforce.org

The National LGBTQ Task Force is dedicated to achieving freedom and justice for lesbian, gay, bisexual, transgender, queer people, and their

families through proactive, targeted, change-inducing initiatives.

National Resource Center on LGBTQ Aging

🏠 www.lgbtagingcenter.org

The country's first and only technical assistance resource center aimed at improving the quality of services and supports offered to lesbian, gay, bisexual and transgender (LGBT) older adults. Established in 2010 through a federal grant from the U.S. Department of Health and Human Services, the National Resource Center on LGBTQ Aging provides training, technical assistance and educational resources to aging providers, LGBT organizations and LGBTQ older adults. The center is led by Services & Advocacy for LGBTQ Elders (SAGE) in collaboration with 18 leading organizations from around the country.

Online support groups for youth and adults, gender spectrum

🏠 www.genderspectrum.org/articles/gender-spectrum-groups

PFLAG

🏠 www.pflag.org

Founded in 1973, PFLAG is the first and largest organization dedicated to supporting, educating, and advocating for LGBTQ+ people and their families.

Q Chat Space

🏠 www.qchatspace.org

🏠 www.lgbtqcenters.org/Q-Chat-Space

Provides professionally facilitated, live, chat-based support groups for LGBTQ+ and questioning teens. LGBTQ+ youth need safe opportunities to chat with others like them within a structure that encourages compassionate interactions and discourages bullying and harassment. They don't like being seen as always in crisis. However, they face many obstacles to accessing in-person resources, from a lack of transportation to an understandable hesitancy to attend face-to-face groups. An LGBTQ+ teen often has no practical way to get to a LGBTQ+

community center, when it's potentially a hundred miles away (or more). Q Chat Space brings a core service of an LGBTQ+ community center, a support group, directly to the teen's digital device.

Rainbow squad

🏠 <https://communitylibrary.net/programs/#youthservices>.

Teen GSA Club and parent edition group, community library network.

SAGE USA

305 7th Ave 6th Fl New York NY 10001

☎ 212.741.2247

🏠 www.sageusa.org

✉ info@sageusa.org

The country's largest and oldest organization dedicated to improving the lives of LGBTQ older adults. SAGE has pioneered programs and services for the aging LGBTQ community, provided technical assistance and training to expand opportunities for LGBTQ older people across the country, and provided a national voice on LGBTQ aging issues.

SAGEConnect

🏠 www.sageusa.org/sageconnect

SAGENet National affiliates

🏠 www.sageusa.org/what-we-do/sagenet-national-affiliates

Soulforce

🏠 <https://soulforce.org>

We are Queer people reclaiming our spirits from weaponized religion.

Spectrum, A Queer Safe Space

(Discord, online, a safe space for LGBTQ+ people to find a queer community. It is the official server of the r/lgbt subreddit), ~30,000 members.

Teen resiliency circle, safe passage

🏠 www.safepassageid.org/education

Transition study center, echo springs

🏠 <https://echo-springs.com/who-we-are>

TrevorSpace

🏠 www.trevorspace.org

Triangles Everywhere

FB [/triangleseverywherebjj](#)

IG [/triangles.everywhere.bjj](#)

 LGBTQ+ Brazilian Jiu Jitsu group.

True Colors United

☎ 212.461.4401

🌐 <https://truecolorsunited.org/about/our-partners>

FB [/truecolorsunited](#)

IG [/truecolorsunited](#)

Working to end youth homelessness by focusing on the unique experiences of LGBTQ+ youth, youth of color, and other impacted groups.

USA Prides

🌐 www.usaprides.org

The Premier Association Supporting & Enabling Pride Organizers in the United States. Creating a vibrant and robust community of Pride organizations. Join the network of Pride organizers carrying on the legacy of the LGBTQ Pride Movement. Lend your organization's unique voice to our national work.

Pride (Organisations United for Inclusion)

🌐 <https://pride.org>

Empowering organisations to break down barriers. Pride 365 was launched in 2019 at World Pride 50th anniversary in New York with the mission to make the world a more Inclusive place. They are the global partners of InterPride. Pride 365 empower organisations to become catalysts for positive and inclusive change by putting a focus on real, actionable and incremental improvement. Their purpose is to make positive change not simply a moral imperative but something that makes financial and performance sense for organisations of all shapes and sizes. Authenticity means supporting the LGBT+ community 365 days a year not just during Pride season. Pride 365 stands against pinkwashing, and with the help of our Champions, Partners and InterPride, shine a light on what true inclusion looks like all year round.

Pride 365 works internationally to break down barriers between people, helping to improve inclusion at a fundamental level.

InterPride

🌐 www.interpride.org

FB [/InterPride](#)

IG [/interpride](#)

Membership is open to any LGBTQIA+ organization that produces Pride or Pride-like events for their greater community. InterPride is a global network of over 375 Pride organizations from 70+ countries, connecting and coordinating the efforts of all Prides on every continent. Our work helps to further strengthen the global Pride movement, uniting people from all walks of life to celebrate diversity and inclusivity.

